



**Humber and North Yorkshire**  
Health and Care Partnership

# Humber and North Yorkshire Women Living Well Longer Board Update July 2024





## What is the Women Living Well Longer Programme?

- Women's Health Strategy for England published 2022
- Funding of £595,000 for each ICB to establish a Women's Health Hub
- Programme runs until July 2025



## How are we delivering the Women's Health Hubs in HNY?

Our principles are to:

- **Reduce health inequalities** and improve access
- Deliver **sustainable** provision which does require closing services at the end of the programme
- **Engage with women** from across Humber and North Yorkshire, at different life stages, from different communities as the foundation of the programme
- Activate the **whole health system** to consider women's health when developing services and strategy



## What is our Hub model?

- Identify 6 Primary Care Networks to become pilot Women's Health Hubs
- Appoint a Women's Health Champion in each PCN
- Deliver training for clinicians including LARC fitting and menopause
- Pilot an MDT to bring together secondary and primary care
- Conduct improvement work in the three areas of focus (contraception, menopause and pelvic health)
- Conduct engagement to understand women's experiences in the three areas of focus



## What are the key challenges in women's health in HNY? (Data)

On many measures HNY performs well against England averages, but there are significant inequalities associated with deprivation:

- Under 18 conception rates per 1000 population vary from 29.1 in Hull to 10.2 in York
- 34 women per 1000 population from the most deprived decile use LARCs, while in the least deprived decile it is 50.
- Abortion rates have increased from 13.9 per 1000 population in 2012 to 18.1 per 1000 in 2021



## What are the key challenges in women's health in HNY? (Voices)

- Significant demand for menopause care; not all GPs feel they have the skills to offer excellent menopause care
- Patchy access to contraception; confusion among women about the provision on offer
- Belief among sexual health and primary care providers of Long-Acting Reversible Contraception that commissioning is overly complex and complicates access for women

# Activities and areas of focus



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**Activity Stream 1: High quality information and advice**

**Activity Stream 2: Access and inclusion**

**Activity Stream 3: Workforce skills and resilience**

Engagement with, and influencing of, the wider system through system convening and networking

**Access to  
contraception**

**Menopause**

**Pelvic health**