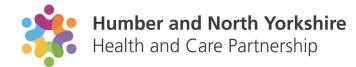


Humber and North Yorkshire Women Living Well Longer Board Update July 2024





What is the Women Living Well Longer Programme?

- Women's Health Strategy for England published 2022
- Funding of £595,000 for each ICB to establish a Women's Health Hub
- Programme runs until July 2025



How are we delivering the Women's Health Hubs in HNY?

Our principles are to:

- Reduce health inequalities and improve access
- Deliver sustainable provision which does require closing services at the end of the programme
- Engage with women from across Humber and North Yorkshire, at different life stages, from different communities as the foundation of the programme
- Activate the whole health system to consider women's health when developing services and strategy



What is our Hub model?

- Identify 6 Primary Care Networks to become pilot Women's Health Hubs
- Appoint a Women's Health Champion in each PCN
- Deliver training for clinicians including LARC fitting and menopause
- Pilot an MDT to bring together secondary and primary care
- Conduct improvement work in the three areas of focus (contraception, menopause and pelvic health)
- Conduct engagement to understand women's experiences in the three areas of focus



What are the key challenges in women's health in HNY? (Data)

On many measures HNY performs well against England averages, but there are significant inequalities associated with deprivation:

- Under 18 conception rates per 1000 population vary from 29.1 in Hull to 10.2 in York
- 34 women per 1000 population from the most deprived decile use LARCs, while in the least deprived decile it is 50.
- Abortion rates have increased from 13.9 per 1000 population in2012 to 18.1 per 1000 in 2021



What are the key challenges in women's health in HNY? (Voices)

- Significant demand for menopause care; not all GPs feel they have the skills to offer excellent menopause care
- Patchy access to contraception; confusion among women about the provision on offer
- Belief among sexual health and primary care providers of Long-Acting Reversible Contraception that commissioning is overly complex and complicates access for women

Activities and areas of focus



Humber and North Yorkshire Health and Care Partnership

Activity Stream 1: High quality information and advice

Activity Stream 2: Access and inclusion

Activity Stream 3: Workforce skills and resilience

Engagement with, and influencing of, the wider system through system convening and networking

Access to contraception

Menopause

Pelvic health