



Intervention	034. Dilation and Curettage (D&C) for diagnosis or treatment for heavy menstrual bleeding
For the treatment of	Heavy menstrual bleeding
Commissioning Position	This intervention is not commissioned and therefore should not be routinely offered to patients. Application for funding approval can be made, using the IFR process, by the clinician recommending the intervention, if their assessment is that there are exceptional reasons why their patient could benefit from it.
Summary of Rationale	D&C should not be used for diagnosis or treatment for heavy menstrual bleeding in women because it is clinically ineffective. Ultrasound scans and camera tests with sampling of the lining of the womb (hysteroscopy and biopsy) can be used to investigate heavy periods. Medication and intrauterine systems (IUS), as well as weight loss (if appropriate) can treat heavy periods.
References	Dilatation & curettage for heavy menstrual bleeding - EBI (aomrc.org.uk) NG88 Heavy menstrual bleeding: assessment and management (NICE)
Effective from	October 2024
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