



Intervention	035. Elective Caesarean Section (non-clinical reasons)
For the treatment of	Childbirth
Commissioning Position	This intervention is commissioned if a woman, after an informed discussion about the options for birth (including the offer of perinatal mental health support, if appropriate) still requests a caesarean birth.
Summary of Rationale	Women may request a caesarean birth because they have concerns about aspects of the birth and believe that a caesarean birth would be the best way to alleviate these concerns. However, there may be cases where the concerns can be addressed in other ways, such as choosing an alternative place of birth, opting for a birth which will provide greater continuity of midwifery care, or by planning adequate pain relief but ultimately their choice should normally be supported.
References	NG192 Caesarean birth (NICE)
Effective from	October 2024
Policy Review Date	October 2027