



Intervention	<b>026. Extra Corporeal Shockwave Therapy (ESWT), Ankle, Elbow, Heel, Hip, Shoulder</b>
For the treatment of	Musculoskeletal conditions including Localised Tendonitis, Lateral Epicondylitis (tennis elbow), Achilles Tendinopathy (ankle), Plantar Fasciitis (heel), Trochanteric Bursitis (hip), Calcific Tendonitis (shoulder).
Commissioning Position	This intervention is not commissioned and therefore should not be routinely offered to patients. Application for funding approval can be made, using the IFR process, by the clinician recommending the intervention, if their assessment is that there are exceptional reasons why their patient could benefit from it.
Summary of Rationale	<p>Ankle: NICE IPG571 The evidence on extracorporeal shockwave therapy (ESWT) for Achilles tendinopathy raises no major safety concerns. Current evidence on efficacy of the procedure is inconsistent and limited in quality and quantity.</p> <p>Elbow: NICE IPG313 The evidence on extracorporeal shockwave therapy (ESWT) for refractory tennis elbow raises no major safety concerns; however, current evidence on its efficacy is inconsistent.</p> <p>Heel: NICE IPG311 The evidence on extracorporeal shockwave therapy (ESWT) for refractory plantar fasciitis raises no major safety concerns; however, current evidence on its efficacy is inconsistent.</p> <p>Hip: NICE IPG376 Evidence on the efficacy and safety of extracorporeal shockwave therapy (ESWT) for refractory greater trochanteric pain syndrome is limited in quality and quantity.</p> <p>Shoulder: NICE IPG742 Evidence on the safety of extracorporeal shockwave therapy for calcific tendinopathy in the shoulder shows no major safety concerns in the short term. Evidence on efficacy is inadequate.</p>
References	<p><a href="#">IPG571 Extracorporeal shockwave therapy for Achilles tendinopathy (NICE)</a></p> <p><a href="#">IPG313 Extracorporeal shockwave therapy for refractory tennis elbow (NICE)</a></p> <p><a href="#">IPG311 Extracorporeal shockwave therapy for refractory plantar fasciitis (NICE)</a></p> <p><a href="#">IPG376 Extracorporeal shockwave therapy for refractory greater trochanteric pain syndrome (NICE)</a></p> <p><a href="#">IPG742 Extracorporeal shockwave therapy for calcific tendinopathy in the shoulder (NICE)</a></p>
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