



Humber and North Yorkshire
Health and Care Partnership

Stakeholder Bulletin *16 December 2024*

Latest Updates

Plan ahead for a healthy festive season



With the festive season approaching, the local NHS is urging everyone to add ordering and collecting repeat prescriptions to their holiday to-do lists.

Many GP practices and pharmacies will have reduced hours during the holidays, so it is essential to plan ahead to ensure you have enough medication over Christmas and New Year.

Dr Nigel Wells, a GP in Selby and Executive Director for Clinical and Professional Services at NHS Humber and North Yorkshire Integrated Care Board (ICB), said: “We understand that this period is a busy time for everyone, but it is important not to overlook your health needs. By

ordering your repeat prescriptions in advance, you can avoid any last-minute issues and enjoy a worry-free holiday.

“Ordering your repeat prescription could not be easier, you can put your order in through the NHS App or through your usual routes at your GP practice.”

[Click here](#) to read more.

York GP surgeries leading the way in environmental sustainability



GP surgeries in York are taking bold steps towards reducing the carbon footprint of the health and care system.

Across the city, five surgeries have received accreditation this year from the national Green Impact for Health programme – with Old School Medical Practice receiving a prestigious gold award.

Nationally, the NHS is responsible for approximately 5 per cent of the UK’s carbon footprint. In a typical GP surgery, the majority of this is due to medicines and prescribing, while staff and patient transport make up the bulk of the ‘non-clinical’ carbon.

Green Impact for Health encourages GP surgeries to take action to provide better, greener care for the benefit of patients and the planet. A commitment to sustainability can build cohesion between surgeries and the communities they serve, improving staff morale and retention.

[Click here](#) to read more.

New service launches to help people bereaved by suicide



A new service has been launched in Scarborough, providing free virtual bereavement support to children, young people and adults affected by suicide.

Just 'B' has been commissioned by NHS Humber and North Yorkshire Integrated Care Board (ICB) to provide the specialist support in three postcode areas: YO11, YO12 and YO13.

The sessions commissioned by the ICB during the 12-month pilot are intended to help people explore their grief with the help of “specialist support from an expert team trained to provide bereavement support following a suicide”.

People living in the three postcodes are eligible to access support through the pilot scheme and can refer themselves into the service. Alternatively, people can be referred by parents, carers and health or social care professionals.

[Click here](#) to read more.

Mobile initiative set to drive awareness of health and care roles



In a groundbreaking move to address workforce shortages and inspire the next generation of professionals, a new Adult Social Care and Health Careers Bus is set to hit the roads next year. This innovative mobile educational resource aims to engage students and the wider community with exciting career opportunities in the vital sectors of adult social care and health.

The Careers Bus – also known as Malcom – is equipped with state-of-the-art interactive technology and resource materials, and will serve as a mobile platform bringing career education directly to students and communities. It features collaborative spaces for workshops and discussions, creating an immersive environment for learning about the diverse roles available in these essential fields.

On board, students will find a wealth of educational opportunities, including:

- Personalised career guidance sessions
- Interactive workshops developing relevant skills
- Real-time demonstrations and role-playing scenarios
- A range of informational materials, both digital and print

[Click here](#) to read more.

ICBs back Lenus Health to deliver AI-driven winter approach for COPD care



Lenus Health, a pioneer in predictive AI and digital tools for long-term condition management, has been selected by NHS Humber and North Yorkshire Integrated Care Board (ICB) to provide AI risk stratification and digital supported self-management tools for Chronic Obstructive Pulmonary Disease (COPD) as part of an NHS England targeted funding initiative to reduce winter pressures.

Over sixty applications were put forward by health systems across England with four selected to receive the COPD Winter Approach funding, reflecting the large system demand to take a more preventative, community-based approach to managing COPD, a major cause of UK hospital admissions and winter pressures.

Two of the four systems selected by NHS England for targeted national funding will be utilising [Lenus Health solutions](#) to support integrated care teams. In Humber and North Yorkshire, this will be led by Humber Health Partnership.

[Click here](#) to read more.

Get Involved

Training: Cultural traditions and customs



Tuesday 4 February 2025, 10:00am-12:00pm

York CVS is hosting an enriching and inspiring event, designed exclusively for our Voluntary, Community, and Social Enterprise (VCSE) partners. Explore and celebrate the vibrant tapestry of cultural traditions and customs that shape our communities.

This event is a unique opportunity to:

- Gain a better understanding of the diversity in customs and traditions across cultures.
- Improve cultural sensitivity and the ability to engage respectfully with people from different backgrounds.
- Enhance awareness of how traditions influence behaviour, communication, and expectations in diverse settings.
- Strengthen the ability to build inclusive relationships and environments enhancing working relationships and service delivery.

The training is free and open to all VCSE organisations based and operating in the City of York, including York Outer, or those with beneficiaries in York. Please note that spaces are limited.

This event will take place at Priory Street Centre, York YO1 6ET.

[Click here](#) to register.

Exciting new talent programmes launching across Humber and North Yorkshire



Three new system leadership development programmes are due to launch in January 2025. These programmes are specifically tailored to develop system leaders – so if you're interested in working across the system, this is the programme for you.

To thrive as a system, there is an ongoing need to share talent by creating a system-wide, inclusive and coordinated talent management approach which is what we are aiming to provide.

These programmes are intended to encourage colleagues from across Humber and North Yorkshire to discover their own strengths and fulfil their ambitions of becoming future system leaders, with a key focus on addressing the lack of diversity we see from middle to senior management.

Each programme is designed to prepare participants for the next step of their career journey, equipping them with the skills to truly transform health and care across our system.

Programme 1: Leading from the middle

- 12-month programme
- Aimed at those in a middle management role, who have had previous experience of management (3+ years) or have previously undertaken a management development programme
- Opportunity to enhance self-development through psychometric tools, career coaching and working with a senior sponsor
- Core learning – both face-to-face and online workshops (leading change and transformation, system theory, successful systems leadership, from analogue to digital, political astuteness, population health, effective decision making etc)

- 6-week placement
- Closes with a celebration event

Programme 2: Senior System Leaders

- 12-month programme
- Aimed at those ready to step into an executive role (existing senior leaders)
- Access to networking opportunities, peer-to-peer support and networking sessions
- Guest speaker sessions
- Masterclasses
- Career management support

Programme 3: Advancing international talent

- Specifically designed for internationally educated colleagues - people who have trained and worked in healthcare in another country and have since moved to Humber and North Yorkshire
- Career management support addressing the barriers people may face
- Focus on securing future roles and value of diverse lived experience to create a health and care system that works for all

All three programmes are available to colleagues across the system in all health and care organisations in Humber and North Yorkshire. We will strongly encourage and champion applications from minoritised colleagues.

Find out more and express an interest by completing the [expression of interest form](#). If you would like us to come and share more information with your team, organisation or department, please contact hnyicb-nel.talent@nhs.net.

Toolkit: Get Winter Ready



Humber and North Yorkshire Health and Care Partnership want to encourage people across the region to prepare for the festive period and to access NHS services responsibly.

Suggested messages and assets are available on the Campaign Hub for use across social media, websites and digital screens.

[Click here](#) to access the Campaign Hub.

News from Across the Partnership

Trust announced as key partner of Hull research centre



Humber Teaching NHS Foundation Trust will be a key partner in a groundbreaking new mental health research initiative led by the University of Hull.

The University has secured £11 million from the National Institute for Health and Care Research (NIHR) to establish the Centre for Addiction and Mental Health Research (CAMHR), with the Trust's colleagues playing a crucial role in its development and impact.

CAMHR aims to significantly improve the provision of, and access to essential addiction and mental health services provided in the community, including services for children and young people. The centre's targeted research will inform how services are delivered.

Mental health problems are the single largest cause of disability in the UK. One in four adults and one in ten children experience mental illness. It is estimated 340,000 people need help for opiate and/or cocaine use and over 600,000 need alcohol treatment, with a large group of adults and young people experiencing both mental ill health and substance use.

[Click here](#) to read more.

[Sepsis awareness work shortlisted for HSJ award](#)



The work of two nurses from Grimsby has been shortlisted for a prestigious national award.

Kelly Storey, lead nurse for critical care outreach at Diana, Princess of Wales Hospital worked alongside Mags Guest, Head of Learning & Development HMT, St Hugh's Hospital, to host the *Sepsis: Together We Can Succeed Conference* earlier this year, which has now been shortlisted for a HSJ Partnership Award.

This collaboration to improve the diagnosis and treatment of sepsis across Lincolnshire is one of six initiatives competing in the "Patient Safety Collaboration of the Year" category.

Sepsis is a life-threatening condition that arises when the body's response to an infection injures its own tissues and organs. Globally, Sepsis claims some 11 million lives every year.

[Click here](#) to read more.

Patients receive a special delivery from Buckingham Palace



People cared for by Tees, Esk and Wear Valley NHS Foundation Trust at the Springwood Complex Needs Unit in Malton, North Yorkshire were very excited when they received a unique piece of mail through the post.

The letter sent on behalf of His Majesty King Charles III, conveyed The King's warmest good wishes to the patients and staff.

Springwood provides specialist care for people living with dementia. Each year the unit celebrates Senior Citizens Day to acknowledge what the older people have achieved for our generation, to take some time to reminisce, eat some delicious cakes and have alcohol-free drinks.

[Click here](#) to read more.

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