



Humber and North Yorkshire
Health and Care Partnership

Stakeholder Bulletin *9 December 2024*

Latest Updates

As I see it – the latest blog from Sue Symington



For many NHS staff across Yorkshire and the Humber, the annual NHS Carol Service in York Minster marks the beginning of the Christmas season – I understand why!

York Minster is one of the world's most magnificent cathedrals, and it is a great privilege that the NHS can use this space once a year to come together in such an inspiring setting.

Our NHS carol service brings together NHS staff, their families and loved ones each year to share this NHS tradition in our region. Everyone is welcome; everyone has a place in this great gathering of NHS staff.

[Click here](#) to read more.

More than £55,000 awarded to local projects to reduce health inequalities across York



Ten inspiring projects across York have been awarded a total of £57,585 in funding to tackle health inequalities in local communities.

The funding, provided by contributions from City of York Council Public Health and NHS Humber and North Yorkshire Integrated Care Board (ICB), is managed by York CVS through the VCSE Health Inequalities Small Grants Fund.

This initiative supports local Voluntary, Community, and Social Enterprise (VCSE) organisations to deliver impactful work that promotes early intervention and prevention. The selected projects aim to help individuals access and navigate health services, improve their experiences with health and social care and support healthier lifestyles.

The projects will focus on delivering positive outcomes aligned with the CORE20PLUS5 framework. This national NHS England approach aims to address health disparities by focusing on the 20% most deprived communities and key priority groups, ensuring targeted interventions for adults, children and young people.

[Click here](#) to read more.

Your winter medicine cabinet checklist: Stay healthy and prepared



As colder weather sets in, the NHS in Humber and North Yorkshire is encouraging people to take proactive steps to manage winter health.

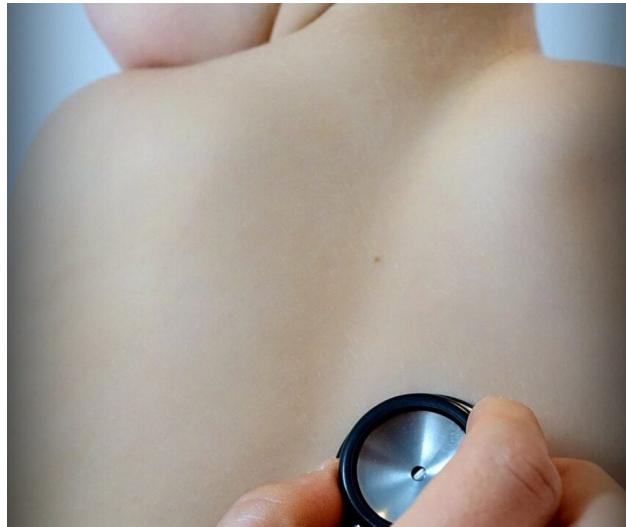
Damp weather and plunging temperatures can bring a variety of health challenges, including colds and flu, sore throats, fevers and other minor ailments.

Having a well-stocked medicine cabinet at home can help you manage these issues effectively – without needing to see a GP.

With the rising cost of living, you don't need to purchase brand-name medicines for effective relief. Supermarket or pharmacy own-brand products may work just as effectively and are often more affordable.

[Click here](#) to read more.

NHS in Humber and North Yorkshire continues to encourage people to get vaccinated



The NHS in Humber and North Yorkshire is continuing its campaign to encourage eligible people to get vaccinated against Respiratory Syncytial Virus (RSV).

RSV infections – which commonly cause coughs and colds – usually get better by themselves but can sometimes be more serious for babies and older adults.

The latest data from the UK Health Security Agency shows RSV is now circulating at higher levels across most age groups, with emergency departments seeing an increase in acute bronchiolitis among children.

Around 175,000 people in the North East and Yorkshire have received an RSV vaccination since the start of September, and across England 1,047,208 people have had the vaccine.

The NHS is offering the RSV vaccination to pregnant women and older adults aged 75 to 79 as part of a winter vaccination programme which also includes the rollout of flu and COVID vaccines.

[Click here](#) to read more.

Get Involved

Webinar: Getting moving and forming habits



Thursday 12 December 2024, 12:00-1:00pm

This is the second episode in the CiC series of Physical Health webinars. Expert Strength and conditioning coach, Grant Yuill, will be delivering a live session, designed to get you moving.

The webinar will take place via MS Teams. For those that are not able to attend, the session will be recorded and available on request.

[Click here](#) to register.

Webinar: Reflection and Relaxation



Tuesday 17 December 2024, 4:00-5:00pm

This CiC webinar will explore the importance of self-reflection and relaxation to foster positive mental health. The session will look at the tools and techniques we can all use to create a state of relaxation, helping us focus, reduce stress and improve our overall wellbeing.

[Click here](#) to register.

Survey: Start For Life



North East Lincolnshire Council would like to speak to parents and carers about infant feeding.

This is a part of the newly formed services as part of the Start for Life programme so the Council can plan a well-informed approach to getting key messages out to the community on these topics and services.

[Click here](#) to answer the survey. If you have any questions about the survey, please contact consultation@nelincs.gov.uk.

The Council is also running three informal discussion groups at local Family Hubs. [Click here](#) for more information.

News from Across the Partnership

Hospital 'Navigators' to help young people injured by violence



Children as young as 11 are to be supported by a new A&E hospital programme in Hull, Grimsby and Scunthorpe after they've been injured or traumatised by violence.

'Navigators' will reach out to young people attending Hull Royal Infirmary, Scunthorpe General Hospital and Diana, Princess of Wales Hospital in Grimsby for injuries caused by or linked to violence, including knife crime.

Specially trained navigators will aim to build relationships with young people, directing them to community services and supporting them once they leave hospital, helping them to make positive changes to their lifestyles.

Hospital admissions for assault with a sharp object, including knives, have risen by nine per cent since 2021 across the Humber region. Between a quarter and a third of those admitted to hospital are under 24.

NHS Humber Health Partnership, the group representing Northern Lincolnshire and Goole NHS Foundation Trust and Hull University Teaching Hospitals, has been commissioned by Humber Violence Prevention Partnership, a Home Office-funded Violence Reduction Unit (VRU) set up in 2022 to prevent and reduce serious violence, and will work with Tigers Trust and The Blue Door to deliver the programme.

[Click here](#) to read more.

Robotic cleaners bring Friarage to forefront of innovation



Thanks to generous funding from Friends of the Friarage, the Northallerton hospital is now the first in the UK to use Akara UV decontamination units in a ward environment.

Following positive initial trial results, two decontamination robots from Akara Robotics can now frequently be seen in the hospital's clinical decisions unit, wards and operating theatres as part of the next stage of the clinical evaluation of the technology.

Environmental services teams at the Friarage are currently undergoing training on how to programme the robot and work alongside it. Working in tandem with the strong team of domestic staff the robots serve as a powerful tool to enable environmental services staff to decontaminate rooms with a quicker turnaround time.

[Click here](#) to read more.

Hull midwifery bereavement team scoop national MAMA award



A midwifery team supporting Hull families who experience the death of their babies has won a prestigious national award.

The Bereavement Team at Hull Women and Children's Hospital were named the Maternity Team of the Year in the MAMA Academy Awards – beating four other teams from across England to the award.

Winning the national award is the latest success for the team after they won Outstanding Clinical Team at the Golden Stars awards ceremony, held by Humber Health Partnership in September to celebrate staff and their achievements.

The MAMA Academy – set up to reduce the number of stillbirths and neonatal deaths in the UK – holds its annual MAMA Awards Ceremony to celebrate the dedication and commitment of healthcare professionals who support parents and their babies.

[Click here](#) to read more.

CHCP wins UK Social Enterprise Award



City Health Care Partnership CIC (CHCP) won the Building Diversity, Inclusion, Equity and Justice category at the UK Social Enterprise Awards last week.

The organisation is one of around 131,000 social enterprises in the UK – businesses that trade for a social or environmental purpose and reinvest at least half their profits to further their vital mission. With stiff competition from hundreds of entrants across 15 categories, this prestigious prize recognises the brightest stars in the sector.

The ceremony took place at London's iconic Roundhouse, hosted by the national sector body Social Enterprise UK, on Wednesday 4 December.

[Click here](#) to read more.

Stay Up to Date

Visit [our website](#) or follow us on social media (**@HNYPartnership**) to get the latest news and information from the Partnership.

If you have a story, event or update you would like to be featured in a future bulletin, please contact hnyicb.communications@nhs.net.