



NHS

WE NEED TO TALK

Geographic and demographic data pack

February 2025

The NHS is everyone's story.

And you can write the next chapter.

Our NHS. The next chapter.

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Introduction – We Need to Talk

The story of the NHS is a story for us all. The NHS is there for us at the best of times, such as bringing new life into the world, and also the worst of times, when we hear bad news such a diagnosis of a life-limiting illness or the death of a loved one.

As a nation, we are immensely proud of our NHS. But we must be honest, right now, it's in serious trouble. Many parts of the NHS across Humber and North Yorkshire are in great difficulty. Things may sometimes seem broken, but we know they can be fixed.

At NHS Humber and North Yorkshire Integrated Care Board (HNY ICB), our goal is to build a health and care system that not only meets today's needs but also adapts for the future. We want the NHS to be there for us as we grow older and for generations to come.

We want our population to live longer with the best start for every child.

We want each community to do all they can to live improved, healthier lives with support that's better, smarter, quicker and closer to them.

We want to do things differently and we want to do it together.

We need to talk.

Data pack - aims and purpose

This data pack has been developed alongside the **Our NHS – We need to talk feedback report** ****add link**** to provide a comprehensive analysis of the differences, shared priorities, and unique needs highlighted by the following geographic and demographic groups:

Geographic:

- North Yorkshire
- York
- Hull
- East Riding of Yorkshire
- North East Lincolnshire
- North Lincolnshire

Demographic:

- Female
- Male
- Young People (0-24 years)
- Older People (75-85+)
- BAME
- LGBTQ+

- Disability
- Learning Disability
- Long-Term Health Condition
- Mental Health

Internal voice:

- Staff
- System Partners

An online survey was launched on Monday, 14th October 2024, and closed on Monday, 11th November 2024, receiving a total of 3,345 responses during that period.

The data collected from the Our NHS – We Need to Talk survey, hosted by [Smart Survey](#), a UK-based analytical software, has been analysed using filters to extrapolate insights. These insights are presented in the tables and charts included within this data pack.

Understanding the diverse needs and priorities of different geographies and communities, while identifying existing barriers, is essential for [NHS Humber and North Yorkshire ICB](#) to achieve its organisational goals of reducing health inequalities and promoting equitable wellbeing, health, and care.

For further information or enquiries, please contact

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Question 1 – Knowing what you now know, do you agree the NHS needs to change?

Answered: 3,173 Skipped: 172

Geographic/Demographic Group	Yes (%)	No (%)
North Yorkshire	99.2% (381)	0.8% (3)
York	100% (176)	0.0% (0)
Hull	98.5% (271)	1.4% (4)
East Riding of Yorkshire	98.2% (325)	1.8% (6)
North East Lincolnshire	96.8% (180)	3.2% (6)
North Lincolnshire	99.2% (122)	0.8% (1)
Female		
Female	98.6% (1,682)	1.4% (24)
Male		
Male	97.2% (513)	2.8% (15)
Young People (0-24 years)		
Young People (0-24 years)	88.0% (95)	12.0% (13)
Older People (75-85+)		
Older People (75-85+)	97.2% (171)	2.9% (5)
BAME		
BAME	97.5% (79)	2.5% (2)
LGBTQ+		
LGBTQ+	100% (9)	0.0% (0)
Disability		
Disability	98.2% (213)	1.8% (4)
Learning Disability		
Learning Disability	94.3% (50)	5.7% (3)
Long-Term Health Condition		
Long-Term Health Condition	99.0% (585)	1.0% (6)
Mental Health		
Mental Health	98.5% (130)	1.5% (2)
Staff		
Staff	99.5% (540)	0.6% (3)
System Partners		
System Partners	96.9% (31)	3.1% (1)

Question 2 – If the NHS receives no more investment, what do you think should be prioritised? Please select your top five priorities in order of importance to you.

Answered: 3,135 Skipped: 208

	Emergency Care	Primary Care	Mental Health Care	Social Care	Critical Conditions Care	Maternity & Neonatal Care	Planned Care & Diagnostics	Paediatric Care	Community Care	Care of the elderly	Care for Long-Term health Conditions	End of Life Care
North Yorkshire	2 nd (270)	1 st (294)	3 rd (179)	6 th (137)	5 th (150)	9 th (121)	8 th (131)	10 th (113)	4 th (152)	11 th (111)	7 th (134)	12 th (80)
York	2 nd (116)	1 st (150)	3 rd (87)	4 th (73)	6 th (66)	10 th (58)	7 th (63)	11 th (47)	7 th (63)	9 th (60)	5 th (69)	12 th (39)
Hull	2 nd (191)	1 st (196)	3 rd (133)	8 th (94)	4 th (130)	6 th (101)	5 th (107)	11 th (70)	9 th (91)	10 th (79)	7 th (96)	12 th (42)
East Riding of Yorkshire	1 st (268)	2 nd (253)	4 th (131)	7 th (119)	3 rd (148)	6 th (122)	5 th (125)	10 th (102)	9 th (109)	11 th (96)	8 th (110)	12 th (55)
North East Lincolnshire	1 st (141)	2 nd (116)	3 rd (98)	5 th (66)	4 th (79)	10 th (55)	8 th (58)	9 th (57)	11 th (48)	12 th (43)	6 th (65)	7 th (61)
North Lincolnshire	1 st (91)	2 nd (80)	4 th (56)	7 th (47)	3 rd (57)	10 th (35)	9 th (37)	11 th (32)	6 th (47)	8 th (42)	5 th (50)	12 th (23)
Female	2 nd (1214)	1 st (1215)	3 rd (794)	6 th (610)	4 th (721)	8 th (597)	5 th (614)	11 th (506)	9 th (552)	12 th (359)	7 th (603)	10 th (510)
Male	2 nd (380)	1 st (392)	8 th (196)	7 th (199)	3 rd (203)	10 th (146)	9 th (191)	11 th (122)	4 th (202)	5 th (200)	5 th (200)	12 th (99)
Young People (0-24 years)	1 st (85)	3 rd (53)	2 nd (62)	9 th (28)	6 th (50)	5 th (51)	8 th (34)	7 th (42)	11 th (25)	10 th (26)	4 th (52)	12 th (19)
Older People (75-85+)	1 st (126)	2 nd (116)	9 th (51)	7 th (60)	6 th (65)	12 th (39)	3 rd (75)	11 th (40)	3 rd (75)	5 th (74)	8 th (56)	10 th (41)
BAME	1 st (53)	2 nd (50)	3 rd (39)	8 th (26)	6 th (29)	4 th (37)	8 th (26)	10 th (18)	9 th (25)	6 th (29)	5 th (33)	11 th (13)
LGBTQ+	2 nd (6)	2 nd (6)	1 st (7)	11 th (1)	11 th (1)	7 th (3)	2 nd (6)	7 th (3)	5 th (4)	9 th (2)	5 th (4)	9 th (2)
Disability	1 st (156)	2 nd (146)	3 rd (90)	6 th (80)	4 th (86)	9 th (72)	6 th (80)	11 th (52)	8 th (73)	10 th (66)	5 th (84)	12 th (51)
Learning Disability	1 st (39)	2 nd (30)	2 nd (30)	6 th (19)	10 th (15)	7 th (18)	7 th (18)	4 th (24)	9 th (16)	10 th (15)	5 th (23)	12 th (5)
Long-Term Health Condition	2 nd (423)	1 st (432)	5 th (232)	9 th (191)	4 th (254)	10 th (169)	6 th (225)	11 th (149)	8 th (197)	7 th (198)	3 rd (266)	12 th (133)
Mental Health	1 st (97)	3 rd (91)	1 st (97)	4 th (50)	5 th (49)	8 th (39)	10 th (35)	11 th (33)	7 th (43)	8 th (39)	6 th (48)	12 th (26)
Staff	2 nd (356)	1 st (403)	3 rd (304)	4 th (249)	6 th (210)	8 th (174)	10 th (154)	11 th (124)	5 th (227)	9 th (164)	7 th (177)	12 th (116)
System Partners	2 nd (22)	1 st (23)	4 th (16)	6 th (14)	5 th (15)	9 th (9)	10 th (6)	10 th (6)	3 rd (18)	8 th (10)	7 th (13)	10 th (6)

Question 4 – Of all the problems we know many of you face on a day-to-day basis, which are the top three you would like us to prioritise solving?

Answered: 3,124 Skipped: 221

	There are long waiting times to receive the advice, care or treatment I need	NHS services don't talk to each other and I have to tell my story over and over again	NHS services are understaffed	NHS services are not available when I need them	Other (please specify):	NHS services are not in a location I can easily get to	NHS services are online/digital and I do not have the equipment, skills or access to use them	NHS services are not inclusive	I cannot afford to get there
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th
North Yorkshire	83.9% (324)	66.6% (257)	60.6% (234)	43.8% (169)	18.6% (72)	15.3% (59)	9.3% (36)	4.2% (16)	2.9% (11)
York	87.9% (160)	62.6% (114)	70.3% (128)	47.3% (86)	12.6% (23)	7.7% (14)	9.9% (18)	5.0% (9)	0.0% (0)
Hull	89.2% (247)	68.6% (190)	68.2% (189)	49.5% (137)	8.3% (23)	7.6% (21)	9.8% (27)	5.0% (14)	0.4% (1)
East Riding of Yorkshire	82.7% (281)	59.7% (203)	60.9% (207)	50.9% (173)	15.3% (52)	18.5% (63)	10.9% (37)	4.1% (14)	1.8% (6)
North East Lincolnshire	87.8% (165)	68.1% (128)	70.7% (133)	42.0% (79)	16.0% (30)	9.6% (18)	9.6% (18)	8.0% (15)	4.8% (9)
North Lincolnshire	77.4% (96)	70.2% (87)	64.5% (80)	41.1% (51)	16.9% (21)	12.1% (15)	12.1% (15)	8.1% (10)	2.4% (3)
Female	80.5% (1,466)	65.1% (1,123)	67.7% (1,168)	45.6% (787)	13.0% (225)	13.3% (230)	9.8% (169)	5.3% (91)	2.3% (40)
Male	83.2% (441)	65.7% (348)	57.7% (306)	50.6% (268)	20.6% (109)	15.8% (84)	9.1% (48)	4.9% (26)	3.0% (16)
Young People (0-24 years)	88.1% (96)	50.5% (55)	78.0% (85)	46.8% (51)	11.0% (12)	11.0% (12)	6.4% (7)	9.2% (10)	7.3% (8)
Older People (75-85+)	79.4% (143)	69.4% (125)	57.2% (103)	38.3% (69)	20.6% (37)	18.3% (33)	21.7% (39)	6.1% (11)	3.9% (7)
BAME	77.8% (63)	50.6% (41)	70.4% (57)	43.2% (35)	24.7% (20)	18.5% (15)	12.3% (10)	8.6% (7)	9.9% (8)
LGBTQ+	88.9% (8)	44.4% (4)	88.9% (8)	66.7% (6)	0.0% (0)	0.0% (0)	0.0% (0)	11.1% (1)	0.0% (0)
Disability	84.0% (184)	63.9% (140)	60.3% (132)	42.5% (93)	18.3% (40)	20.6% (45)	12.8% (28)	5.9% (13)	1.8% (4)
Learning Disability	77.8% (42)	53.7% (29)	79.6% (43)	46.3% (25)	20.4% (11)	11.1% (6)	11.1% (6)	9.3% (5)	1.9% (1)
Long-Term Health Condition	84.5% (506)	67.5% (404)	65.6% (393)	48.3% (289)	14.9% (89)	14.4% (86)	7.3% (44)	4.2% (25)	2.7% (16)
Mental Health	80.0% (96)	62.4% (87)	69.9% (80)	48.1% (51)	5.3% (21)	8.3% (15)	10.5% (15)	8.3% (10)	3.8% (3)

	(117)	(83)	(93)	(64)	(7)	(11)	(14)	(11)	(5)
Staff	1 st 84.2% (459)	3 rd 66.2% (361)	2 nd 74.9% (408)	4 th 42.6% (232)	5 th 13.2% (72)	6 th 9.7% (53)	7 th 8.3% (45)	8 th 4.8% (26)	9 th 1.6% (9)
System Partners	1 st 75.0% (24)	2 nd 68.8% (22)	3 rd 62.5% (20)	4 th 34.4% (11)	6 th 15.6% (5)	5 th 25.0% (8)	7 th 9.4% (3)	7 th 9.4% (3)	9 th 3.1% (1)

Question 5 – When thinking about NHS services, what is most important to you and your family? Please rank the following statements in order of importance 1-9
(with 1 being the most important and 9 being the least important)

Answered: 2,943 Skipped: 402

Key

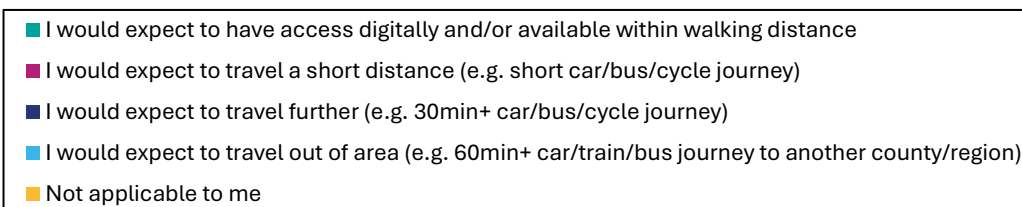
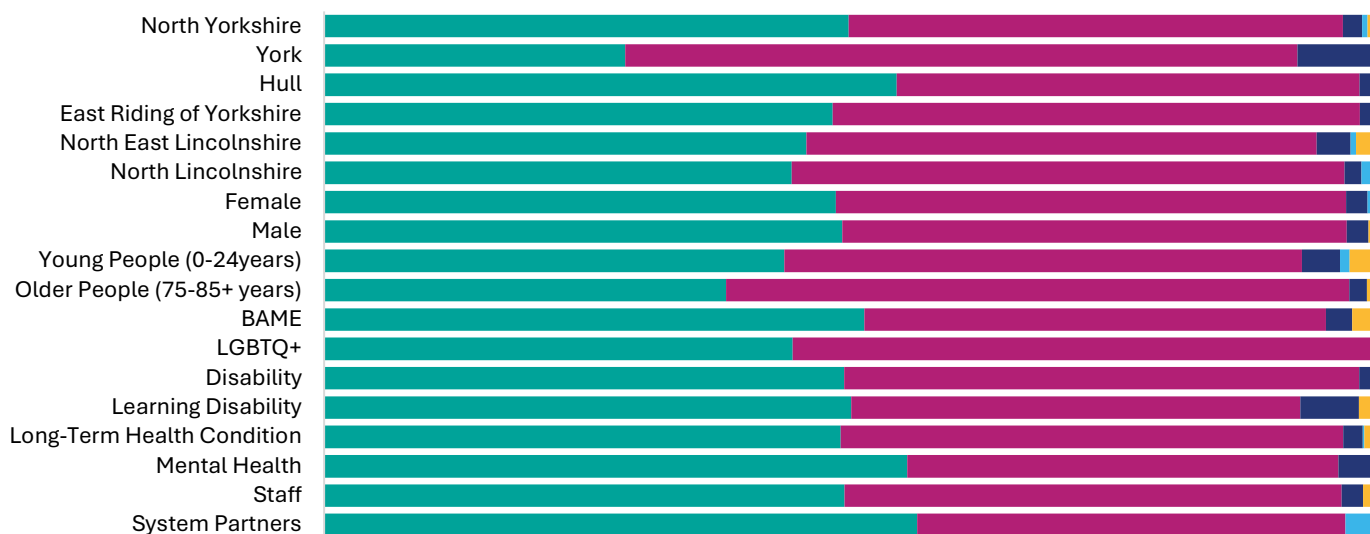
I can get the care I need to look after my general health and wellbeing	
My care is centred around my needs and I am listened to	
There are enough staff with the right skills and experience	
I can stay healthy and manage my health in a way that works for me	
I know specialist services will be available somewhere when I need them	
I am cared for in well-maintained locations that have up-to-date equipment	
I am treated in a fair and inclusive way, irrespective of who I am	
I am able to get there	
Services are good value for money	

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th
North Yorkshire	2,705	2,541	2,488	2,158	2,139	1,611	1,339	1,337	962
York	1,324	1,269	1,177	998	996	684	683	582	432
Hull	1,968	1,814	1,804	1,514	1,504	1,173	1,090	966	632
East Riding of Yorkshire	2,420	2,251	2,230	1,932	1,904	1,381	1,275	1,184	813
North East Lincolnshire	1,363	1,302	1,143	1,054	959	725	716	705	448
North Lincolnshire	825	802	737	771	630	517	481	476	311
Female									
Female	12,307	11,392	11,355	9,459	9,377	6,855	6,553	6,128	3,974
Male									
Male	3,732	3,391	3,379	3,133	2,753	2,218	1,899	1,893	1,497
Young People (0-24 years)									
Young People (0-24 years)	818	786	624	617	589	474	437	431	219
Older People (75-85+)									
Older People (75-85+)	1,301	1,171	1,082	1,057	933	745	724	698	434
BAME									
BAME	538	518	495	458	369	338	268	284	179
LGBTQ+									
LGBTQ+	64	56	55	51	44	39	35	32	29
Disability									
Disability	1,492	1,476	1,371	1,247	1,150	880	868	825	501
Learning Disability									
Learning Disability	386	370	356	305	262	244	233	218	101
Long-Term Health Condition									
Long-Term Health Condition	4,264	3,994	3,870	3,394	3,212	2,403	2,216	2,207	1,395
Mental Health									
Mental Health	964	903	831	697	696	580	503	456	310
Staff									
Staff	3,828	3,713	3,607	3,012	2,916	2,167	2,151	1,804	1,327
System Partners									
System Partners	214	205	198	190	165	129	128	126	85

Question 6 – When thinking about your expectations on the need to travel to receive health advice, care or treatment, please complete the following statements.

Answered: 2,746 Skipped: 599

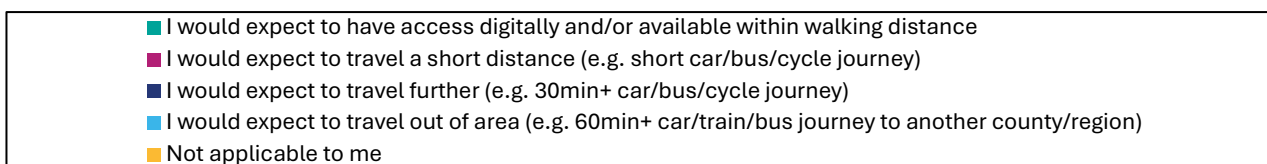
Pharmacy



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	49.7% (192)	46.9% (181)	1.8% (7)	0.5% (2)	1.0% (4)
York	56.6% (103)	40.1% (73)	3.3% (6)	0.0% (0)	0.0% (0)
Hull	54.3% (151)	43.9% (122)	1.1% (3)	0.0% (0)	0.7% (2)
East Riding of Yorkshire	48.3% (165)	50.0% (171)	1.8% (6)	0.0% (0)	0.0% (0)
North East Lincolnshire	45.7% (86)	48.4% (91)	3.2% (6)	0.5% (1)	2.1% (4)
North Lincolnshire	44.4% (55)	52.4% (65)	1.6% (2)	0.8% (1)	0.8% (1)
Female	48.5% (837)	48.4% (835)	2.0% (35)	0.3% (5)	0.8% (13)
Male	49.2% (262)	47.8% (255)	2.1% (11)	0.0% (0)	0.9% (5)
Young People (0-24 years)	43.6% (48)	49.1% (54)	3.6% (4)	0.9% (1)	2.7% (3)

Older People (75-85+)	38.1% (69)	59.1% (107)	1.7% (3)	0.0% (0)	1.1% (2)
BAME	51.3% (41)	43.8% (35)	2.5% (2)	0.0% (0)	2.5% (2)
LGBTQ+	44.4% (4)	55.6% (5)	0.0% (0)	0.0% (0)	0.0% (0)
Disability	49.3% (108)	48.9% (107)	1.8% (4)	0.0% (0)	0.0% (0)
Learning Disability	50.0% (27)	42.6% (23)	5.6% (3)	0.0% (0)	1.9% (1)
Long-Term Health Condition	49.0% (294)	47.7% (286)	1.8% (11)	0.2% (1)	1.3% (8)
Mental Health	55.3% (73)	40.9% (54)	3.8% (5)	0.0% (0)	0.0% (0)
Staff	49.4% (269)	47.2% (257)	2.0% (11)	0.0% (0)	1.5% (8)
System Partners	56.3% (18)	40.6% (13)	0.0% (0)	3.1% (1)	0.0% (0)

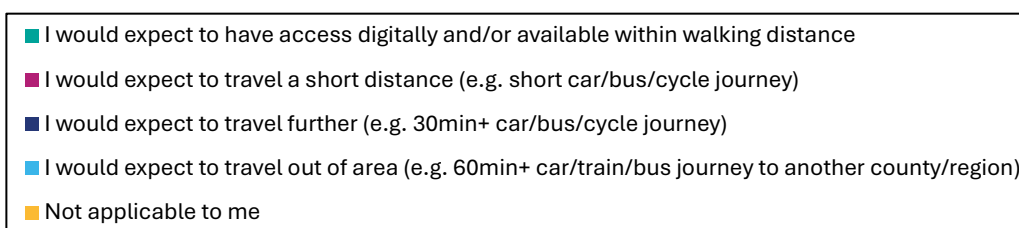
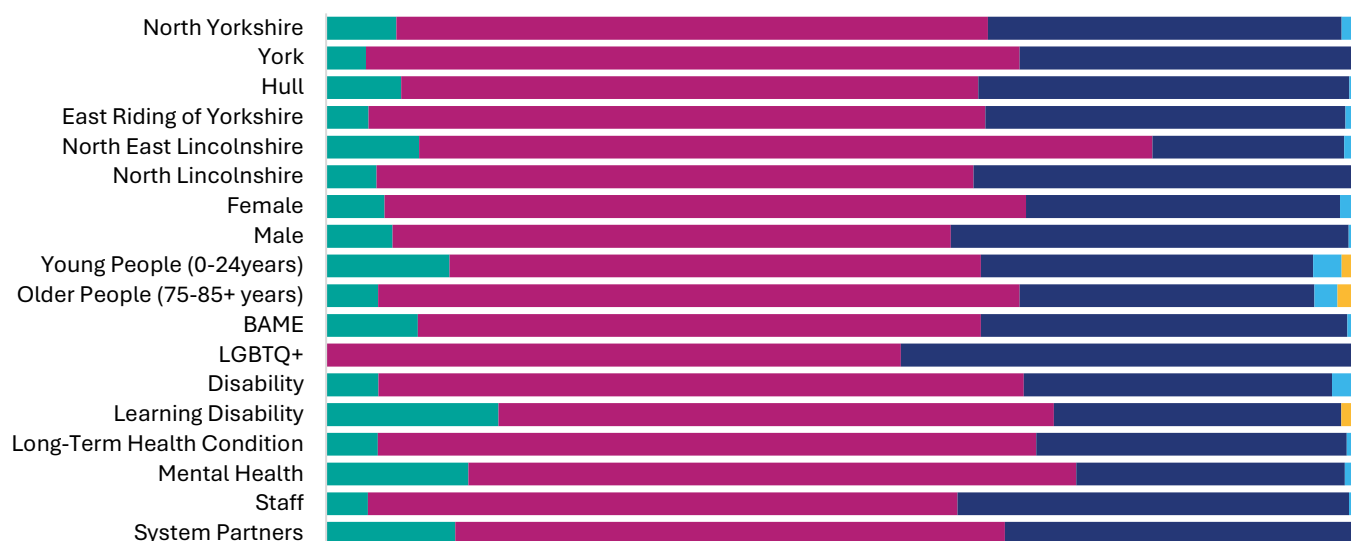
Primary Care



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	25.9% (100)	65.0% (251)	8.3% (32)	0.3% (1)	0.5% (2)
York	28.6% (52)	63.7% (116)	7.7% (14)	0.0% (0)	0.0% (0)
Hull	26.0% (72)	64.3% (178)	9.0% (25)	0.4% (1)	0.4% (1)
East Riding of Yorkshire	23.5% (80)	70.1% (239)	6.2% (21)	0.3% (1)	0.0% (0)
North East Lincolnshire	20.7% (39)	71.3% (134)	7.5% (14)	0.5% (1)	0.0% (0)
North Lincolnshire	20.3% (25)	71.5% (88)	8.1% (10)	0.0% (0)	0.0% (0)
Female	24.4% (421)	68.3% (1,177)	6.4% (110)	0.3% (6)	0.5% (8)
Male	25.3% (135)	63.9% (341)	9.9% (53)	0.6% (3)	0.4% (2)
Young People (0-24 years)	20.9% (23)	60.0% (66)	12.7% (14)	4.5% (5)	1.8% (2)
Older People (75-85+)	20.4% (37)	72.4% (131)	5.5% (10)	0.6% (1)	1.1% (2)

BAME	25.0% (20)	66.3% (53)	7.5% (6)	1.3% (1)	0.0% (0)
LGBTQ+	44.4% (4)	55.6% (5)	0.0% (0)	0.0% (0)	0.0% (0)
Disability	26.9% (59)	65.8% (144)	7.3% (16)	0.0% (0)	0.0% (0)
Learning Disability	33.3% (18)	48.1% (26)	13.0% (7)	1.9% (1)	3.7% (2)
Long-Term Health Condition	26.8% (161)	66.6% (400)	5.8% (35)	0.3% (2)	0.5% (3)
Mental Health	35.3% (47)	57.9% (77)	6.8% (9)	0.0% (0)	0.0% (0)
Staff	22.7% (124)	70.0% (382)	7.0% (38)	0.0% (0)	0.4% (2)
System Partners	40.6% (13)	50.0% (16)	6.3% (2)	3.1% (1)	0.0% (0)

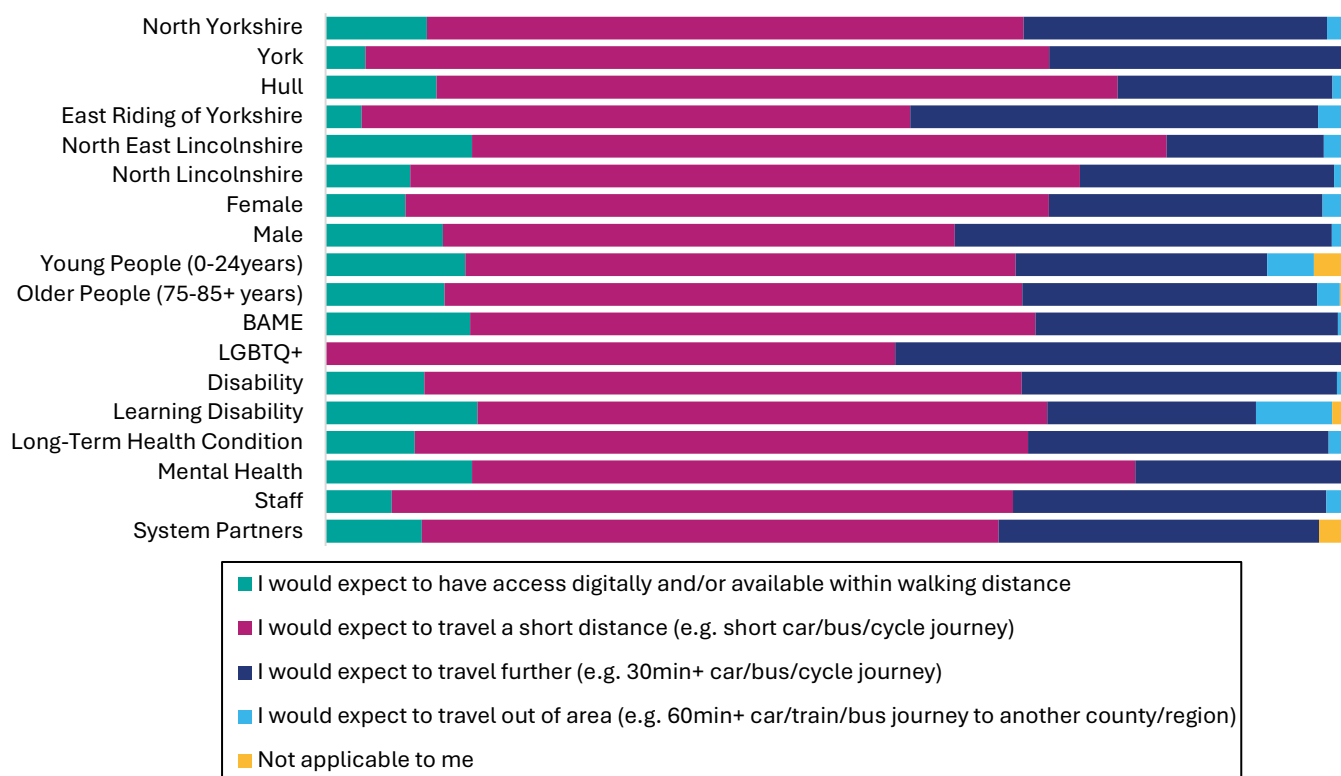
Urgent Treatment Centre



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	6.8% (26)	57.2% (219)	34.2% (131)	1.6% (6)	0.3% (1)
York	3.9% (7)	63.2% (115)	32.4% (59)	0.6% (1)	0.0% (0)
Hull	7.3% (20)	55.8% (154)	35.9% (99)	0.4% (1)	0.7% (2)
East Riding of Yorkshire	4.1% (14)	59.6% (204)	34.8% (119)	1.5% (5)	0.0% (0)
North East Lincolnshire	9.0% (17)	70.9% (134)	18.5% (35)	1.1% (2)	0.5% (1)
North Lincolnshire	4.9% (6)	57.7% (71)	36.6% (45)	0.0% (0)	0.8% (1)
Female	5.6% (97)	62.0% (1,067)	30.4% (522)	1.6% (27)	0.4% (7)
Male	6.4% (34)	54.0% (286)	38.5% (204)	0.6% (3)	0.6% (3)
Young People (0-24 years)	11.9% (13)	51.4% (56)	32.1% (35)	2.8% (3)	1.8% (2)
Older People (75-85+)	5.0% (9)	62.0% (111)	28.5% (51)	2.2% (4)	2.2% (4)

BAME	8.9% (7)	54.4% (43)	35.4% (28)	1.3% (1)	0.0% (0)
LGBTQ+	0.0% (0)	55.6% (5)	44.4% (4)	0.0% (0)	0.0% (0)
Disability	5.0% (11)	62.4% (13)	29.8% (65)	2.3% (5)	0.5% (1)
Learning Disability	16.7% (9)	53.7% (29)	27.8% (15)	0.0% (0)	1.9% (1)
Long-Term Health Condition	5.0% (30)	63.7% (382)	30.0% (180)	1.0% (6)	0.3% (2)
Mental Health	13.7% (18)	58.8% (77)	25.9% (34)	1.5% (2)	0.0% (0)
Staff	4.0% (22)	57.0% (310)	37.9% (206)	0.9% (5)	0.2% (1)
System Partners	12.5% (4)	53.1% (17)	34.4% (11)	0.0% (0)	0.0% (0)

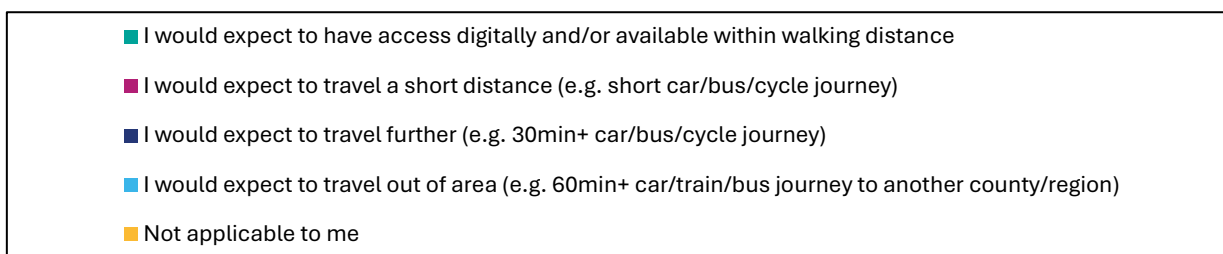
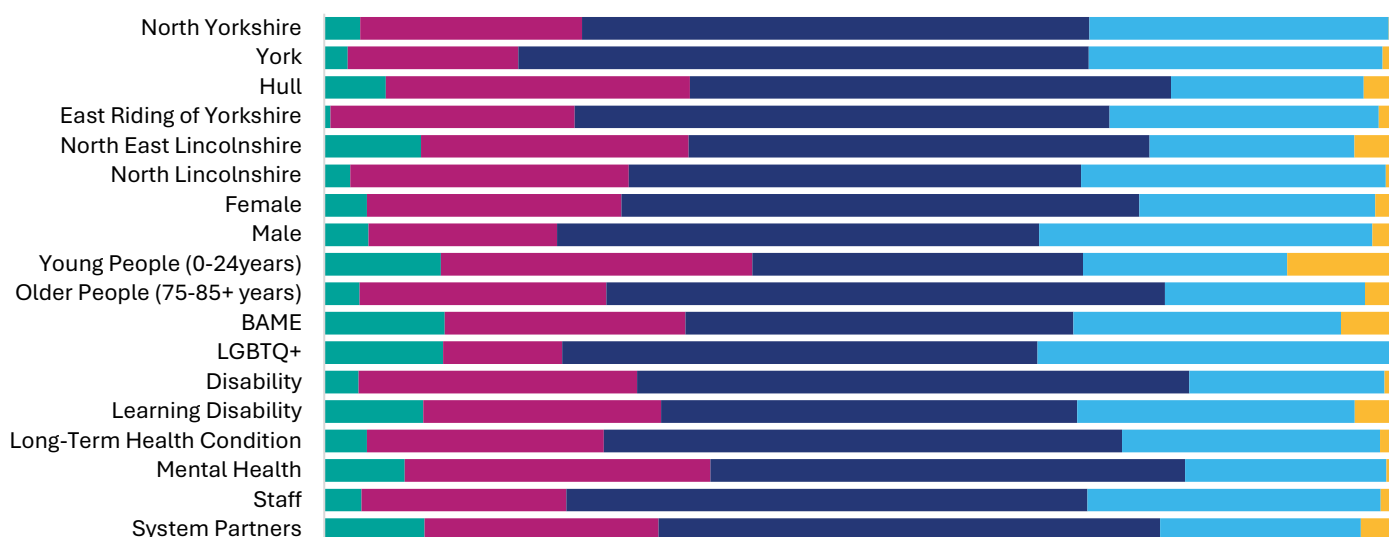
Accident and Emergency



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	9.9% (38)	58.2% (224)	29.6% (114)	2.1% (8)	0.3% (1)
York	3.9% (7)	66.7% (120)	28.9% (52)	0.6% (1)	0.0% (0)
Hull	10.8% (30)	66.4% (184)	20.9% (58)	1.4% (4)	0.4% (1)
East Riding of Yorkshire	3.5% (12)	53.5% (183)	39.8% (136)	2.6% (9)	0.6% (2)
North East Lincolnshire	14.3% (27)	67.7% (128)	15.3% (29)	2.6% (5)	0.0% (0)
North Lincolnshire	8.3% (10)	65.3% (79)	24.8% (30)	1.6% (2)	0.0% (0)
Female	7.8% (134)	62.7% (1,079)	26.7% (459)	2.2% (38)	0.6% (10)
Male	11.4% (61)	49.9% (266)	36.8% (196)	1.7% (9)	0.2% (1)
Young People (0-24 years)	13.6% (15)	53.6% (59)	24.6% (27)	4.5% (5)	3.6% (4)
Older People (75-85+)	11.6% (21)	56.4% (102)	28.7% (52)	2.2% (4)	1.1% (1)

BAME	14.1% (11)	55.1% (43)	29.5% (23)	1.3% (1)	0.0% (0)
LGBTQ+	0.0% (0)	55.6% (5)	44.4% (4)	0.0% (0)	0.0% (0)
Disability	9.6% (21)	58.3% (127)	30.7% (67)	1.4% (3)	0.0% (0)
Learning Disability	14.8% (8)	55.6% (30)	20.4% (11)	7.4% (4)	1.9% (1)
Long-Term Health Condition	8.7% (52)	59.8% (357)	29.3% (175)	1.7% (10)	0.5% (3)
Mental Health	14.3% (19)	64.7% (86)	20.3% (27)	0.8% (1)	0.0% (0)
Staff	6.5% (35)	60.6% (329)	30.6% (16)	2.2% (12)	0.2% (1)
System Partners	9.4% (3)	56.3% (18)	31.3% (10)	0.0% (0)	3.1% (1)

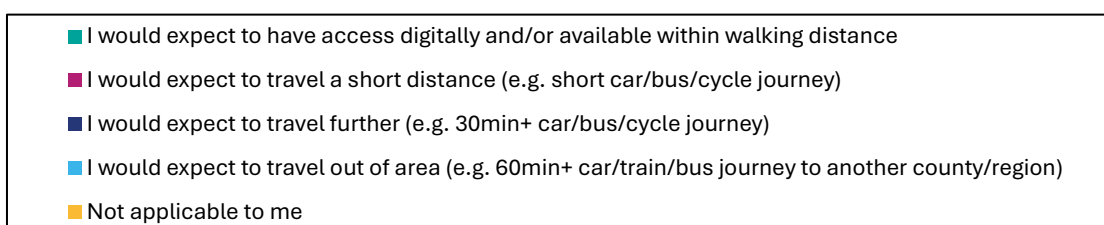
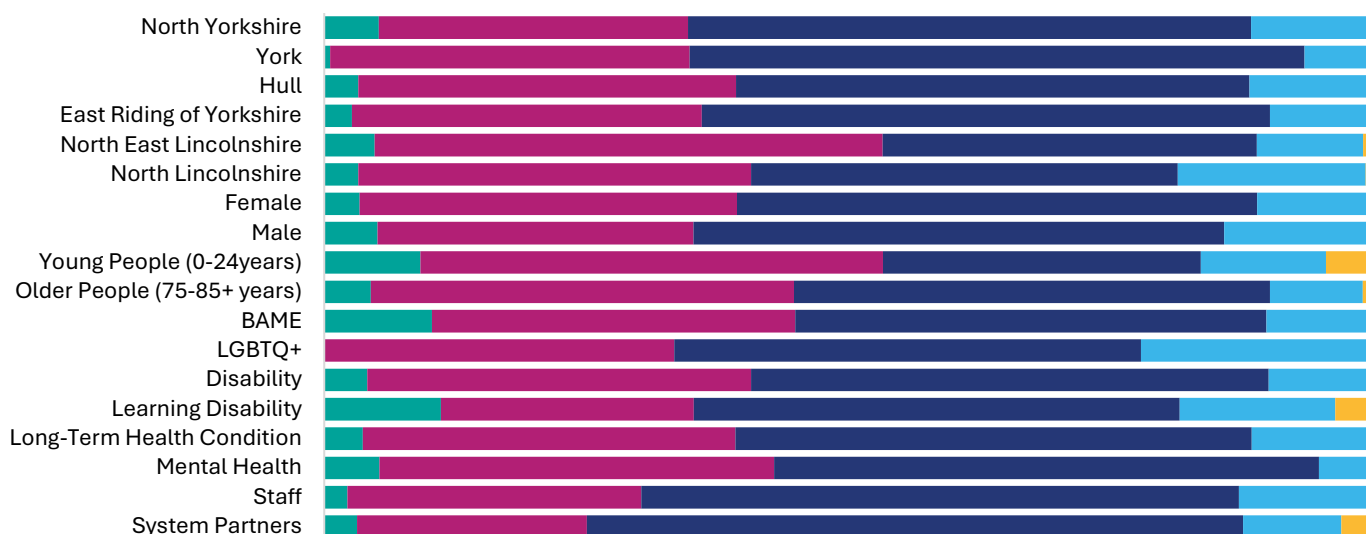
Specialist Treatment



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	3.4% (13)	20.7% (80)	47.4% (183)	28.0% (108)	0.5% (2)
York	2.2% (4)	15.9% (29)	53.3% (97)	27.5% (50)	1.1% (2)
Hull	5.8% (16)	28.4% (79)	45.0% (125)	18.0% (50)	2.9% (8)
East Riding of Yorkshire	0.6% (2)	22.8% (78)	50.0% (171)	25.1% (86)	1.5% (5)
North East Lincolnshire	9.0% (17)	25.0% (47)	43.1% (81)	19.1% (36)	3.7% (7)
North Lincolnshire	2.4% (3)	26.0% (32)	42.3% (52)	28.5% (35)	0.8% (1)
Female	4.0% (69)	23.8% (410)	48.4% (835)	22.0% (380)	1.8% (31)
Male	4.1% (22)	17.6% (94)	45.0% (240)	31.1% (166)	21.1% (11)
Young People (0-24 years)	10.9% (12)	29.1% (32)	30.9% (34)	19.1% (21)	10.0% (11)
Older People (75-85+)	3.3% (6)	23.1% (42)	52.2% (95)	18.7% (34)	2.8% (5)

BAME	11.3% (9)	22.5% (18)	36.3% (29)	25.0% (20)	5.0% (4)
LGBTQ+	11.1% (1)	11.1% (1)	44.4% (4)	33.3% (3)	0.0% (0)
Disability	3.2% (7)	26.0% (57)	51.6% (113)	18.3% (40)	0.9% (2)
Learning Disability	9.3% (5)	22.2% (12)	38.9% (21)	25.9% (14)	3.7% (2)
Long-Term Health Condition	4.0% (24)	22.1% (133)	48.4% (291)	24.1% (145)	1.3% (8)
Mental Health	7.55 (10)	28.6% (38)	44.4% (59)	18.8% (25)	0.8% (1)
Staff	3.5% (19)	19.1% (104)	48.7% (265)	27.4% (149)	1.3% (7)
System Partners	9.4% (3)	21.9% (7)	46.9% (15)	18.8% (6)	3.1% (1)

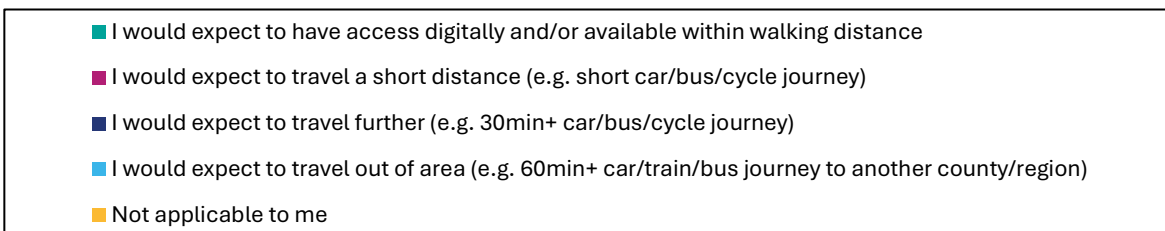
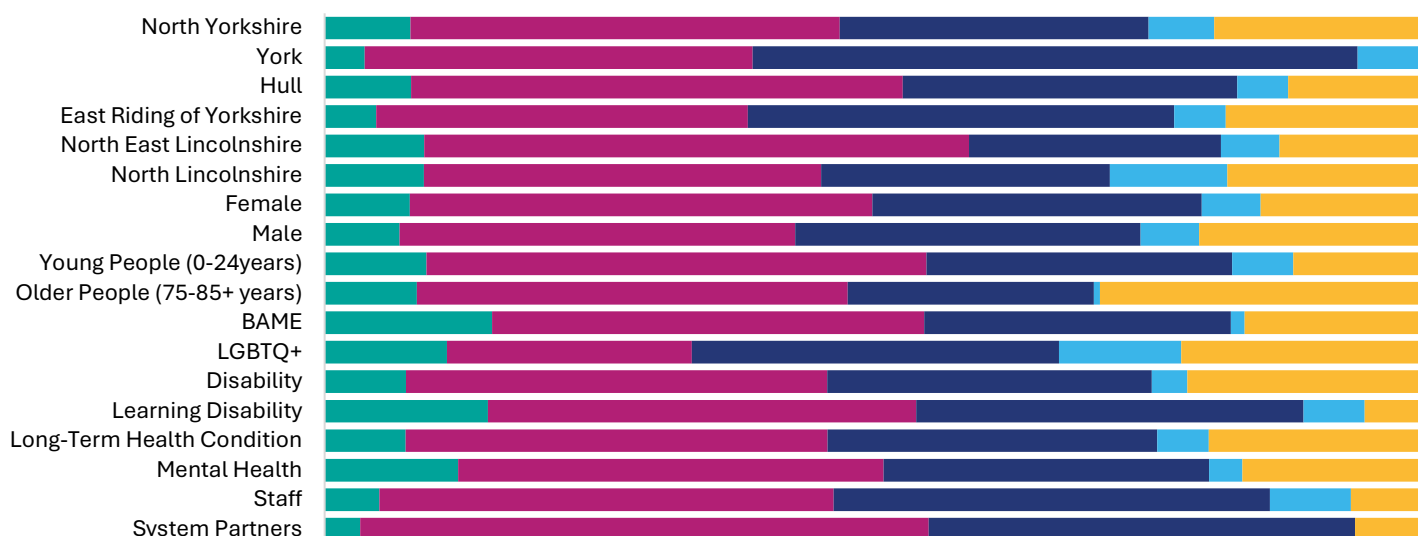
Planned Care and Diagnostics



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	5.2% (20)	29.4% (113)	53.6% (206)	11.7% (45)	0.0% (0)
York	0.6% (1)	34.3% (62)	58.6% (106)	6.6% (12)	0.0% (0)
Hull	3.2% (9)	36.0% (100)	48.9% (136)	11.5% (32)	0.4% (1)
East Riding of Yorkshire	2.6% (9)	33.3% (114)	54.1% (185)	9.4% (32)	0.6% (2)
North East Lincolnshire	4.8% (9)	48.4% (91)	35.6% (67)	10.1% (19)	1.1% (2)
North Lincolnshire	3.3% (3)	37.4% (46)	40.6% (50)	17.9% (22)	0.8% (1)
Female	3.4% (58)	35.9% (618)	49.5% (852)	10.6% (183)	0.5% (9)
Male	5.1% (27)	30.1% (160)	50.6% (269)	13.9% (74)	0.4% (2)
Young People (0-24 years)	9.2% (10)	44.0% (48)	30.3% (33)	11.9% (13)	4.6% (5)
Older People (75-85+)	4.4% (8)	40.3% (73)	45.53% (82)	8.8% (16)	1.1% (2)
BAME	10.3% (8)	34.6% (27)	44.9% (35)	10.3% (8)	0.0% (0)

LGBTQ+	0.0% (0)	33.3% (3)	44.4% (4)	22.2% (2)	0.0% (0)
Disability	4.1% (9)	36.5% (80)	49.3% (108)	9.6% (21)	0.5% (1)
Learning Disability	11.1% (6)	24.1% (13)	46.3% (25)	14.8% (8)	3.7% (2)
Long-Term Health Condition	3.7% (22)	35.5% (213)	49.2% (295)	11.3% (68)	0.3% (2)
Mental Health	5.3% (7)	37.6% (50)	51.9% (69)	5.3% (7)	0.0% (0)
Staff	2.2% (12)	28.0% (152)	56.9% (309)	12.3% (67)	0.6% (3)
System Partners	3.1% (1)	21.9% (7)	62.5% (20)	9.4% (3)	3.1% (1)

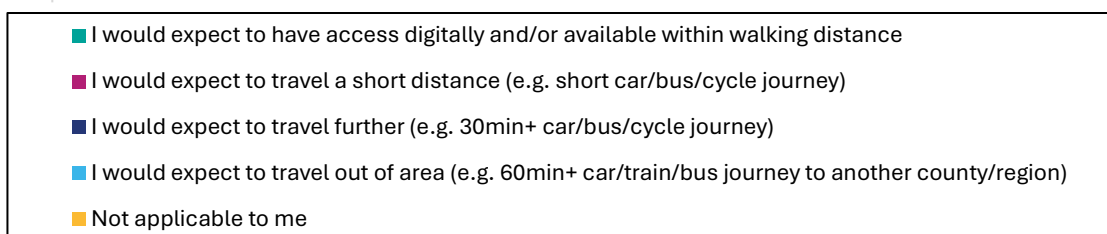
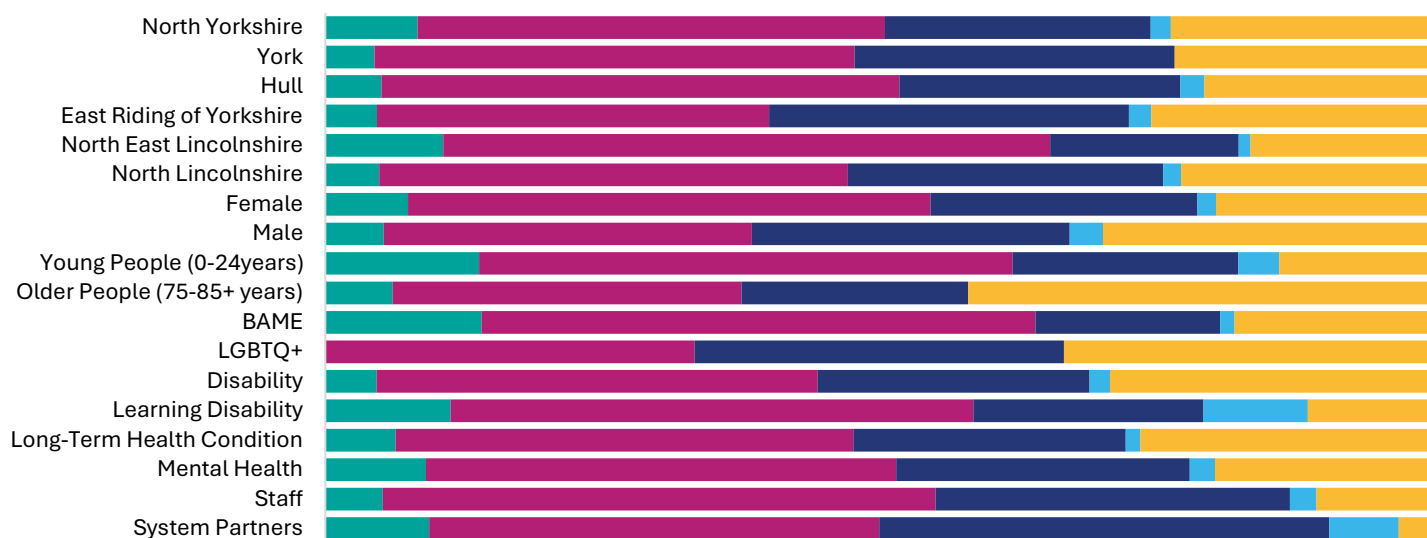
Paediatric Care



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	7.8% (30)	39.0% (150)	28.1% (108)	6.0% (23)	19.2% (74)
York	3.9% (7)	37.6% (68)	38.7% (70)	0.6% (1)	19.3% (35)
Hull	7.9% (22)	45.1% (125)	29.6% (82)	4.7% (13)	12.6% (35)
East Riding of Yorkshire	4.7% (16)	33.7% (115)	38.7% (132)	4.7% (16)	18.2% (62)
North East Lincolnshire	9.0% (17)	49.5% (93)	22.9% (43)	5.3% (10)	13.3% (25)
North Lincolnshire	9.0% (11)	36.1% (44)	26.2% (32)	10.7% (13)	18.0% (22)
Female	7.7% (133)	42.0% (722)	29.9% (514)	5.3% (92)	15.0% (258)
Male	6.8% (36)	35.9% (190)	31.4% (166)	5.3% (28)	20.6% (109)
Young People (0-24 years)	9.3% (10)	45.4% (49)	27.8% (30)	5.6% (6)	12.0% (13)
Older People (75-85+)	8.4% (15)	39.1% (70)	22.4% (40)	0.6% (1)	29.6% (53)

BAME	15.2% (12)	39.2% (31)	27.9% (22)	1.3% (1)	16.5% (13)
LGBTQ+	11.1% (1)	22.2% (2)	33.3% (3)	11.1% (1)	22.2% (2)
Disability	7.4% (16)	38.3% (83)	29.5% (64)	3.2% (7)	21.7% (47)
Learning Disability	14.8% (8)	38.9% (21)	35.2% (19)	5.6% (3)	5.6% (3)
Long-Term Health Condition	7.4% (44)	38.3% (229)	29.9% (179)	4.7% (28)	19.7% (118)
Mental Health	12.1% (16)	38.6% (51)	29.6% (39)	3.0% (4)	16.7% (22)
Staff	5.0% (27)	41.3% (224)	39.6% (215)	7.4% (40)	6.8% (37)
System Partners	3.2% (1)	51.6% (16)	38.7% (12)	0.0% (0)	6.5% (2)

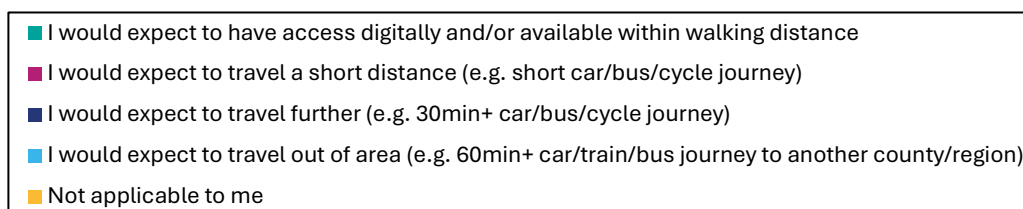
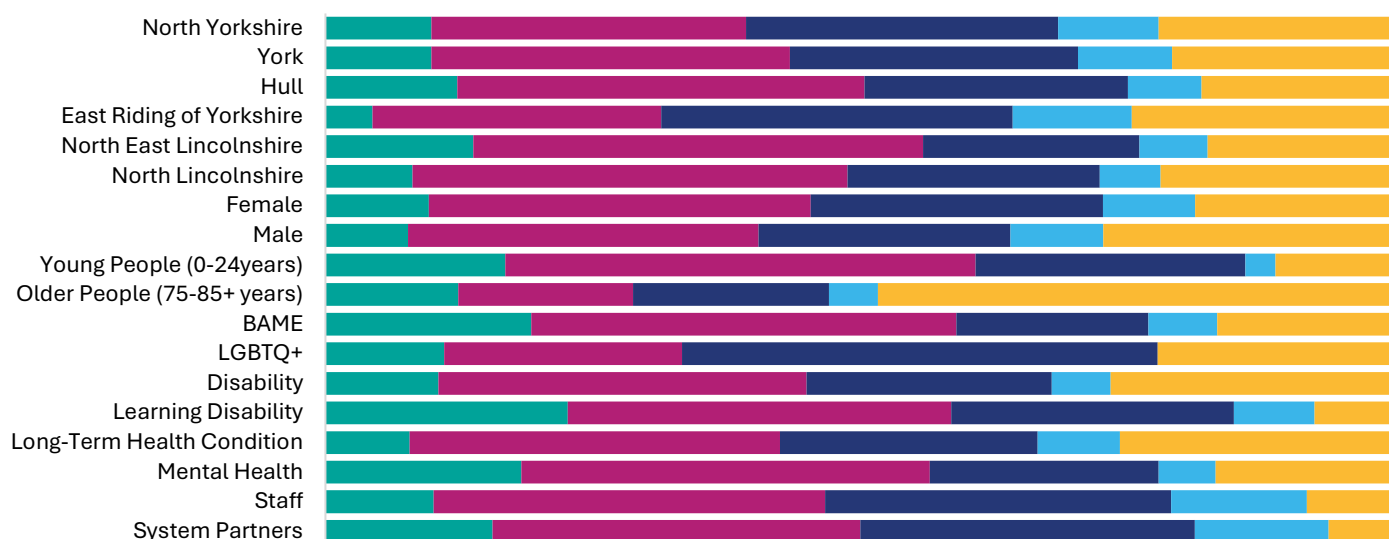
Maternity Care



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	8.3% (32)	42.2% (162)	24.0% (92)	1.8% (7)	23.7% (91)
York	4.4% (8)	43.3% (78)	28.9% (52)	0.0% (0)	23.3% (42)
Hull	5.1% (14)	46.7% (129)	25.4% (70)	2.2% (6)	20.6% (57)
East Riding of Yorkshire	4.7% (16)	35.4% (121)	32.5% (111)	2.0% (7)	25.4% (87)
North East Lincolnshire	10.6% (20)	54.8% (103)	17.0% (32)	1.1% (2)	16.5% (31)
North Lincolnshire	4.9% (6)	42.3% (52)	28.5% (35)	1.6% (2)	22.8% (28)
Female	7.5% (128)	47.1% (808)	24.1% (413)	1.7% (29)	19.6% (336)
Male	5.3% (28)	33.2% (176)	28.7% (152)	3.0% (16)	29.8% (158)
Young People (0-24 years)	13.9% (15)	48.1% (52)	20.4% (22)	3.7% (4)	13.9% (15)
Older People (75-85+)	6.1% (11)	31.5% (57)	20.4% (37)	0.0% (0)	42.0% (76)

BAME	14.1% (11)	50.0% (39)	16.7% (13)	1.3% (1)	17.9% (14)
LGBTQ+	0.0% (0)	33.3% (3)	33.3% (3)	0.0% (0)	33.3% (3)
Disability	4.6% (10)	39.8% (86)	24.5% (53)	1.9% (4)	29.2% (63)
Learning Disability	11.3% (6)	47.2% (25)	20.8% (11)	9.4% (5)	11.3% (6)
Long-Term Health Condition	6.3% (38)	41.3% (247)	24.6% (147)	1.3% (8)	26.4% (158)
Mental Health	9.1% (12)	42.4% (56)	26.5% (24)	2.3% (3)	19.7% (26)
Staff	5.2% (28)	49.9% (270)	32.0% (173)	2.4% (13)	10.5% (57)
System Partners	9.4% (3)	40.6% (13)	40.6% (13)	6.3% (2)	3.1% (1)

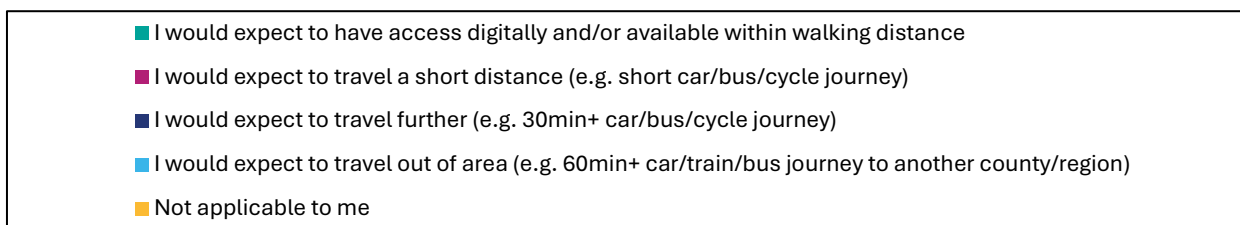
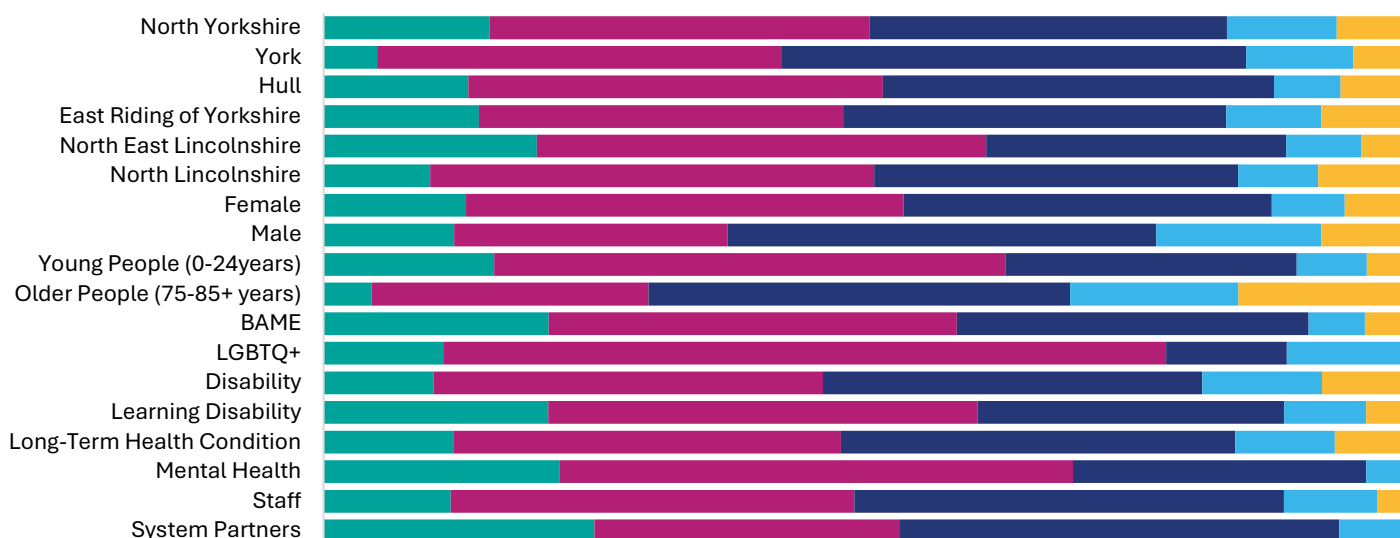
Neonatal Care



	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	9.9% (38)	29.4% (113)	29.2% (112)	9.4% (36)	22.1% (85)
York	9.9% (18)	33.5% (61)	26.9% (49)	8.8% (16)	20.9% (38)
Hull	12.3% (34)	38.0% (105)	24.6% (68)	6.9% (19)	18.1% (50)
East Riding of Yorkshire	4.4% (15)	27.0% (92)	32.8% (112)	11.1% (38)	24.6% (84)
North East Lincolnshire	13.8% (26)	42.0% (79)	20.2% (38)	6.4% (12)	17.6% (33)
North Lincolnshire	8.1% (10)	40.6% (50)	23.6% (29)	5.7% (7)	21.9% (27)
Female	9.7% (166)	35.7% (612)	27.3% (469)	8.6% (148)	18.7% (321)
Male	7.7% (41)	32.8% (174)	23.5% (125)	8.7% (46)	27.3% (145)
Young People (0-24 years)	16.8% (18)	43.9% (47)	25.2% (27)	2.8% (3)	11.2% (12)
Older People (75-85+)	10.6% (19)	28.9% (52)	15.6% (28)	3.9% (7)	41.1% (74)

BAME	19.2% (15)	39.7% (31)	17.9% (14)	6.4% (5)	16.7% (13)
LGBTQ+	11.1% (1)	22.2% (2)	44.4% (4)	0.0% (0)	22.2% (2)
Disability	10.6% (23)	34.4% (75)	22.9% (50)	5.5% (12)	26.6% (58)
Learning Disability	22.6% (12)	35.9% (19)	26.4% (14)	7.5% (4)	7.5% (4)
Long-Term Health Condition	7.9% (47)	34.6% (207)	24.1% (144)	7.7% (46)	25.8% (154)
Mental Health	18.3% (24)	38.2% (50)	21.4% (28)	5.3% (7)	16.8% (22)
Staff	10.1% (55)	36.6% (199)	32.4% (176)	12.7% (69)	8.3% (45)
System Partners	15.6% (5)	34.4% (11)	31.3% (10)	12.5% (4)	6.3% (2)

Mental Health Services



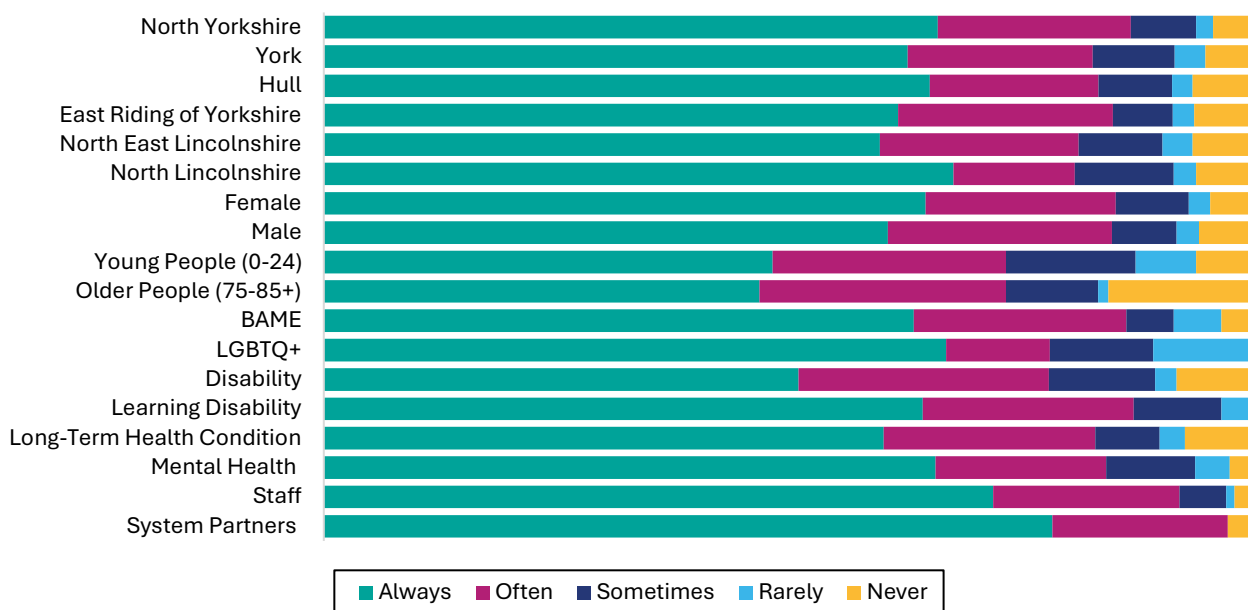
	I would expect to have access digitally and/or available within walking distance	I would expect to travel a short distance (e.g. short car/bus/cycle journey)	I would expect to travel further (e.g. 30 minute + car/bus/train journey)	I would expect to travel out of area (e.g. 60 minute + car/train/bus journey to another county/region)	Not applicable to me.
North Yorkshire	15.3% (59)	35.1% (135)	33.0% (127)	10.1% (39)	6.5% (25)
York	5.0% (9)	37.4% (68)	42.9% (78)	9.9% (18)	5.0% (9)
Hull	13.4% (37)	38.3% (106)	36.1% (100)	6.1% (17)	6.1% (17)
East Riding of Yorkshire	14.3% (49)	33.6% (115)	35.4% (121)	8.8% (30)	7.9% (27)
North East Lincolnshire	19.7% (37)	41.5% (78)	27.7% (52)	6.9% (13)	4.3% (8)
North Lincolnshire	9.8% (12)	41.0% (50)	33.6% (41)	7.4% (9)	8.2% (10)
Female	13.1% (226)	40.4% (695)	34.0% (584)	6.7% (116)	5.8% (99)
Male	12.1% (64)	25.2% (134)	39.5% (210)	15.3% (81)	7.9% (42)
Young People (0-24 years)	15.7% (17)	47.2% (51)	26.9% (29)	6.5% (7)	3.7% (4)
Older People (75-85+)	4.4% (8)	25.6% (46)	38.9% (70)	15.6% (28)	15.6% (28)

BAME	20.8% (16)	37.7% (29)	32.5% (25)	5.2% (4)	3.99% (3)
LGBTQ+	11.1% (1)	66.7% (6)	11.1% (1)	11.1% (1)	0.0% (0)
Disability	10.1% (22)	35.9% (78)	35.0% (76)	11.1% (24)	7.8% (17)
Learning Disability	20.8% (11)	39.6% (21)	28.3% (15)	7.5% (4)	3.8% (2)
Long-Term Health Condition	12.0% (72)	35.7% (214)	36.4% (218)	9.2% (55)	6.7% (40)
Mental Health	21.8% (29)	47.4% (63)	27.1% (36)	3.8% (5)	0.0% (0)
Staff	11.7% (64)	37.3% (203)	39.6% (216)	8.6% (47)	2.8% (15)
System Partners	25.0% (8)	28.1% (9)	40.6% (13)	6.3% (2)	0.0% (0)

Question 7 - Which of the following activities do you regularly use technology for in your day-to-day life? (Please provide an answer for each row)

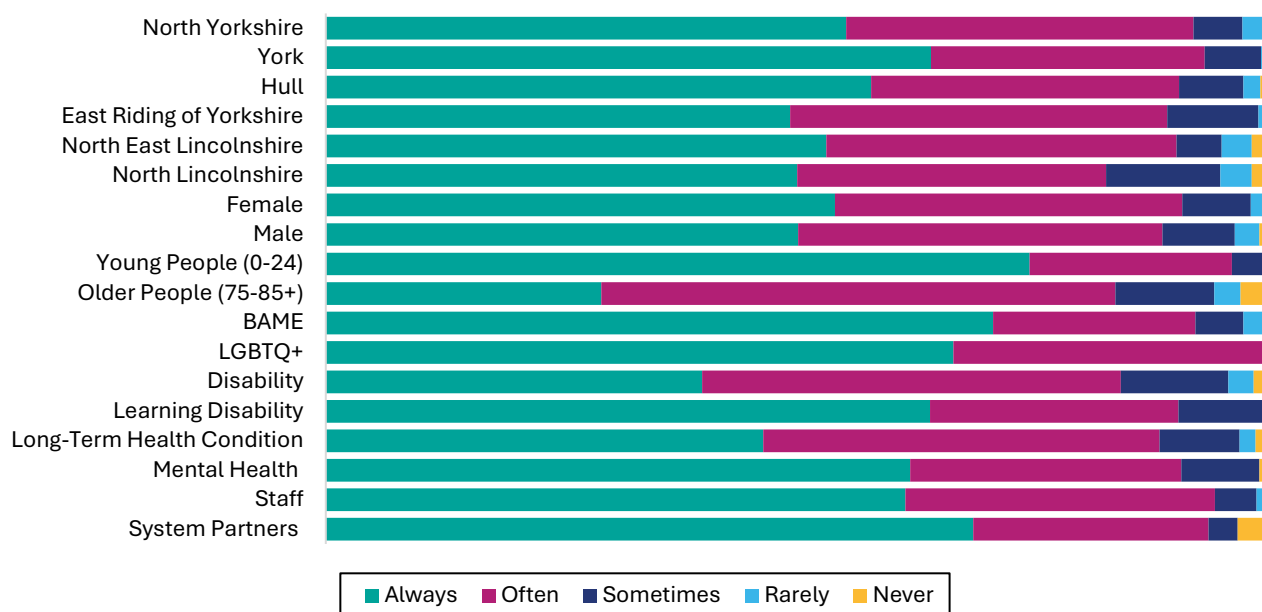
Answered: 2,737 Skipped: 6 08

Online Banking (e.g. checking balances, paying bills)



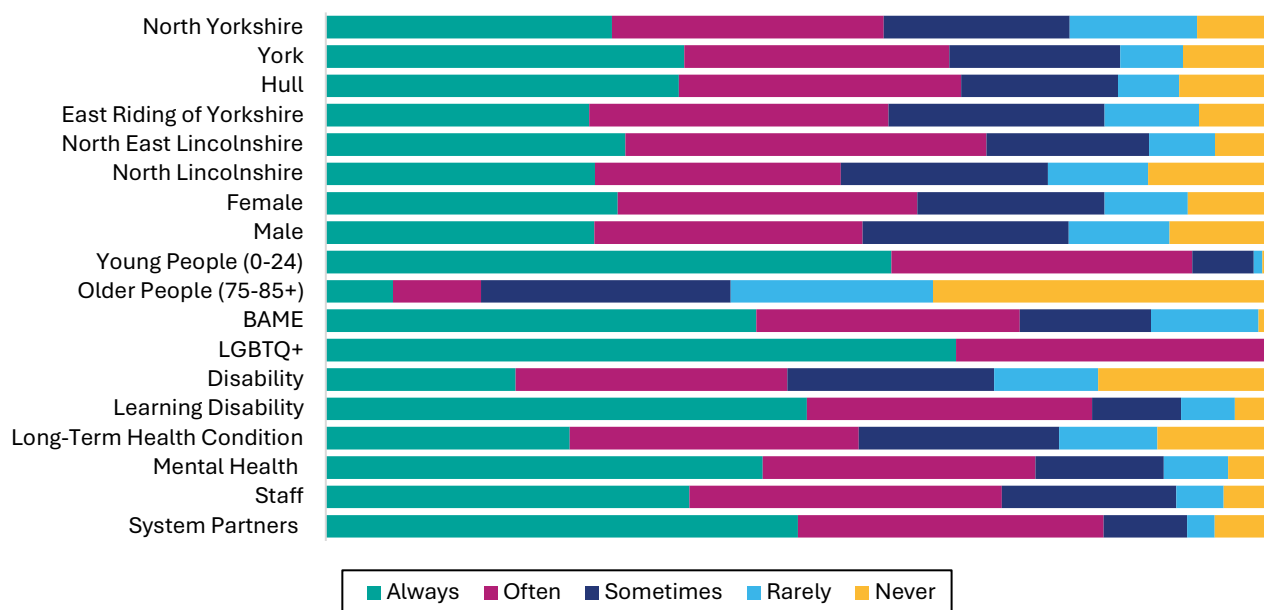
	Always	Often	Sometimes	Rarely	Never
North Yorkshire	65.8% (254)	20.7% (80)	7.0% (27)	1.8% (7)	4.7% (18)
York	62.6% (114)	19.8% (36)	8.8% (16)	3.3% (6)	5.5% (10)
Hull	65.0% (180)	18.1% (50)	7.9% (22)	2.2% (6)	6.9% (19)
East Riding of Yorkshire	61.5% (211)	23.0% (79)	6.4% (22)	2.3% (8)	6.7% (23)
North East Lincolnshire	59.6% (112)	21.3% (40)	9.0% (17)	3.2% (6)	6.9% (13)
North Lincolnshire	67.5% (83)	13.0% (16)	10.6% (13)	2.4% (3)	6.5% (8)
Female	64.5% (1,111)	20.4% (352)	7.8% (134)	2.3% (39)	5.0% (87)
Male	60.4% (322)	24.0% (128)	6.9% (37)	2.4% (13)	6.2% (33)
Young People (0-24 years)	48.1% (52)	25.0% (27)	13.9% (15)	6.5% (7)	6.5% (7)
Older People (75-85+)	46.7% (85)	26.4% (48)	9.9% (18)	1.1% (2)	15.9% (29)
BAME	63.3% (50)	22.8% (18)	5.1% (4)	5.1% (4)	3.8% (3)
LGBTQ+	66.7% (6)	11.1% (1)	11.1% (1)	11.1% (1)	0.0% (0)
Disability	50.9% (112)	26.8% (59)	11.4% (25)	2.3% (5)	8.6% (19)
Learning Disability	64.2% (34)	22.6% (12)	9.4% (5)	3.8% (2)	0.0% (0)
Long-Term Health Condition	60.0% (359)	22.7% (136)	6.9% (41)	2.7% (16)	7.7% (46)
Mental Health	67.4% (86)	18.8% (25)	9.8% (13)	3.8% (5)	3.0% (4)
Staff	71.8% (392)	20.0% (109)	5.0% (27)	0.9% (5)	2.4% (13)
System Partners	78.1% (25)	18.8% (6)	0.0% (0)	0.0% (0)	3.1% (1)

Communication (e.g. email, text messaging, video calls)



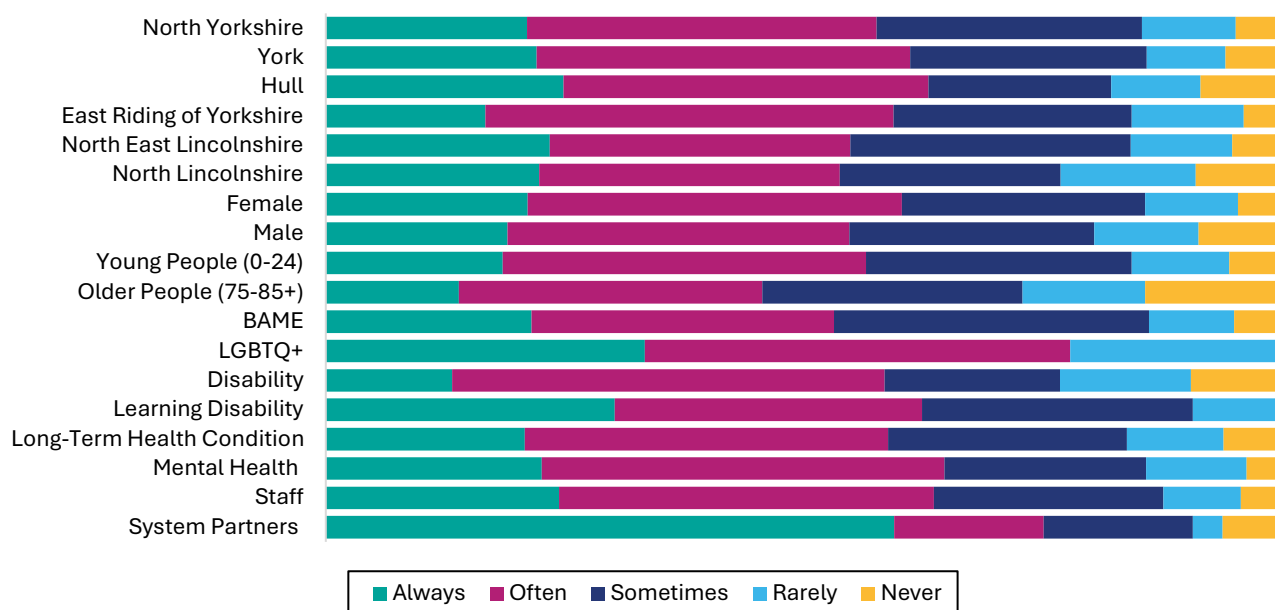
	Always	Often	Sometimes	Rarely	Never
North Yorkshire	55.3% (213)	36.9% (142)	5.2% (20)	2.1% (8)	0.5% (2)
York	64.3% (117)	29.1% (53)	6.0% (11)	0.6% (1)	0.0% (0)
Hull	57.9% (161)	32.7% (91)	6.8% (19)	1.8% (5)	0.7% (2)
East Riding of Yorkshire	49.4% (169)	40.1% (137)	9.7% (33)	0.6% (2)	0.3% (1)
North East Lincolnshire	53.2% (100)	37.2% (70)	4.8% (9)	3.2% (6)	1.6% (3)
North Lincolnshire	49.6% (61)	32.5% (40)	13.0% (16)	3.3% (4)	1.6% (2)
Female	54.1% (930)	36.9% (635)	7.3% (126)	1.2% (21)	0.5% (8)
Male	50.2% (267)	38.7% (206)	7.7% (41)	2.6% (14)	0.8% (4)
Young People (0-24 years)	74.8% (80)	21.5% (23)	3.7% (4)	0.0% (0)	0.0% (0)
Older People (75-85+)	29.3% (53)	54.7% (99)	10.5% (19)	2.8% (5)	2.8% (5)
BAME	70.9% (56)	21.5% (17)	5.1% (4)	2.5% (2)	0.0% (0)
LGBTQ+	66.7% (6)	33.3% (3)	0.0% (0)	0.0% (0)	0.0% (0)
Disability	40.0% (88)	44.5% (98)	11.4% (25)	2.7% (6)	1.4% (3)
Learning Disability	64.2% (34)	26.4% (14)	9.4% (5)	0.0% (0)	0.0% (0)
Long-Term Health Condition	46.5% (278)	42.1% (252)	8.5% (51)	1.7% (10)	1.2% (7)
Mental Health	62.1% (82)	28.8% (38)	8.3% (11)	0.0% (0)	0.8% (1)
Staff	61.6% (335)	32.9% (179)	4.4% (24)	0.9% (5)	0.2% (1)
System Partners	68.8% (22)	25.0% (8)	3.1% (1)	0.0% (0)	3.1% (1)

Entertainment (e.g. streaming, gaming, social media)



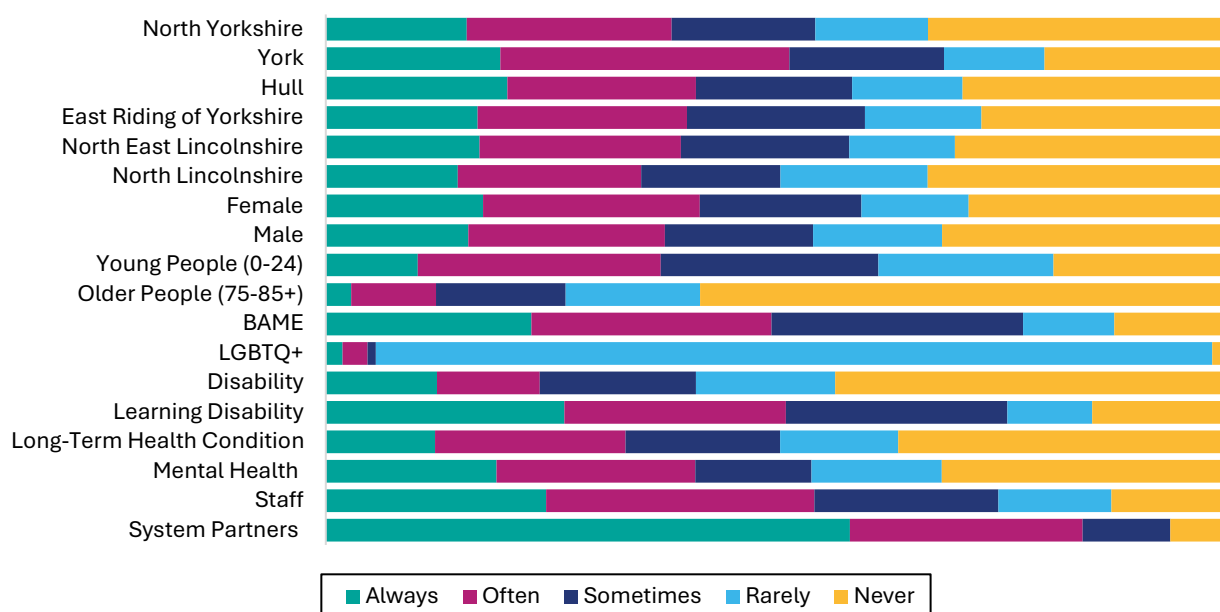
	Always	Often	Sometimes	Rarely	Never
North Yorkshire	30.3% (117)	28.8% (111)	19.7% (76)	13.5% (52)	7.8% (30)
York	37.9% (69)	28.0% (51)	18.1% (33)	6.6% (12)	9.3% (17)
Hull	37.4% (104)	29.9% (83)	16.6% (46)	6.5% (18)	9.7% (27)
East Riding of Yorkshire	27.9% (95)	31.7% (108)	22.9% (78)	10.0% (34)	7.6% (26)
North East Lincolnshire	31.7% (59)	38.2% (71)	17.2% (32)	7.0% (13)	5.9% (11)
North Lincolnshire	28.5% (35)	26.0% (32)	21.9% (27)	10.6% (13)	13.0% (16)
Female	30.9% (531)	31.7% (545)	19.8% (340)	8.8% (151)	8.9% (153)
Male	28.4% (151)	28.4% (151)	21.8% (116)	10.7% (57)	10.7% (57)
Young People (0-24 years)	59.8% (64)	31.8% (34)	6.5% (7)	0.9% (1)	0.9% (1)
Older People (75-85+)	7.1% (13)	9.3% (17)	26.4% (48)	21.4% (39)	35.7% (65)
BAME	45.6% (36)	27.9% (22)	13.9% (11)	11.4% (9)	1.3% (1)
LGBTQ+	66.7% (6)	33.3% (3)	0.0% (0)	0.0% (0)	0.0% (0)
Disability	20.1% (44)	28.8% (63)	21.9% (48)	11.0% (24)	18.3% (40)
Learning Disability	50.9% (27)	30.2% (16)	9.4% (5)	5.7% (3)	3.8% (2)
Long-Term Health Condition	25.8% (154)	30.6% (183)	21.2% (127)	10.4% (62)	12.0% (72)
Mental Health	46.2% (61)	28.8% (38)	13.6% (18)	6.8% (9)	4.5% (6)
Staff	38.5% (210)	33.1% (181)	18.5% (101)	5.0% (27)	5.0% (27)
System Partners	53.1% (17)	34.4% (11)	9.4% (3)	3.1% (1)	6.3% (2)

Online Shopping (e.g. purchasing clothes, ordering food)



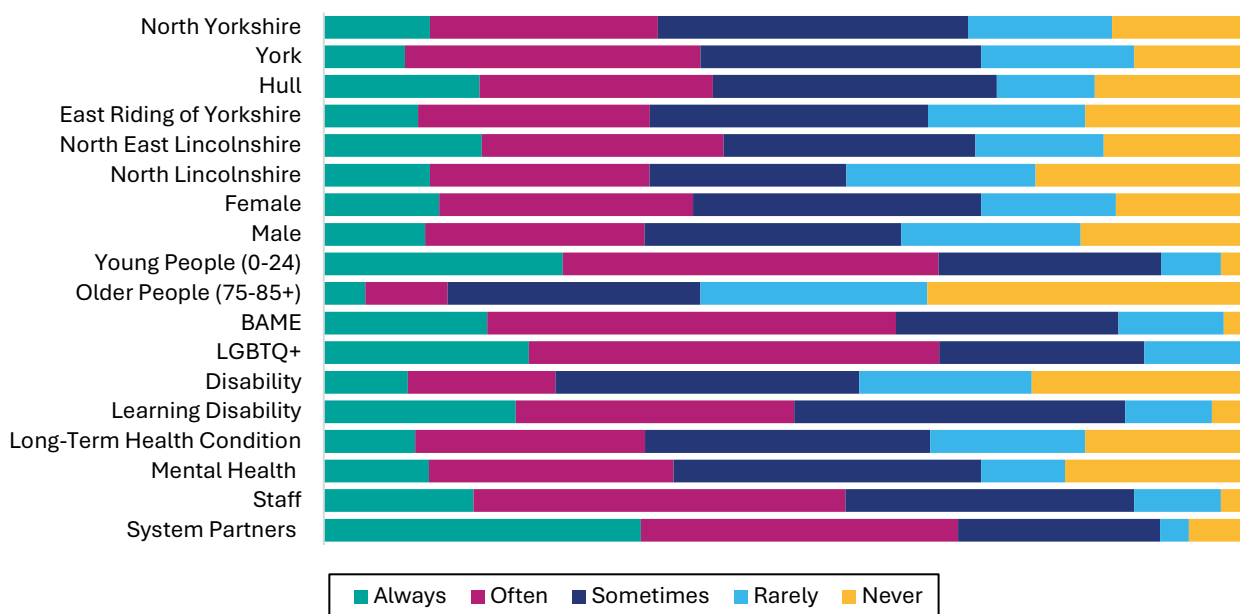
	Always	Often	Sometimes	Rarely	Never
North Yorkshire	21.0% (81)	36.5% (141)	27.7% (107)	9.8% (38)	4.9% (19)
York	22.0% (40)	39.0% (71)	24.7% (45)	8.2% (15)	6.0% (11)
Hull	24.8% (69)	38.1% (106)	19.1% (53)	9.3% (26)	8.6% (24)
East Riding of Yorkshire	16.7% (57)	42.7% (146)	24.9% (85)	11.7% (40)	4.1% (14)
North East Lincolnshire	23.4% (44)	31.4% (59)	29.3% (55)	10.6% (20)	5.3% (10)
North Lincolnshire	22.3% (27)	31.4% (38)	23.1% (28)	14.1% (17)	9.1% (11)
Female	21.1% (364)	39.1% (673)	25.4% (438)	9.7% (166)	4.7% (80)
Male	19.0% (101)	35.7% (190)	25.6% (136)	10.9% (58)	8.8% (47)
Young People (0-24 years)	18.5% (20)	38.0% (41)	27.8% (30)	10.2% (11)	5.6% (6)
Older People (75-85+)	13.9% (25)	31.7% (57)	27.2% (49)	12.8% (23)	14.4% (26)
BAME	21.5% (17)	31.6% (25)	32.9% (26)	8.9% (7)	5.1% (4)
LGBTQ+	33.3% (3)	44.4% (4)	0.0% (0)	22.2% (2)	0.0% (0)
Disability	13.2% (290)	45.2% (99)	18.3% (40)	13.7% (30)	9.6% (21)
Learning Disability	30.2% (16)	32.1% (17)	28.3% (15)	9.4% (5)	0.0% (0)
Long-Term Health Condition	20.8% (124)	38.0% (227)	25.0% (149)	10.1% (60)	6.2% (37)
Mental Health	22.6% (30)	42.1% (56)	21.1% (28)	10.5% (14)	3.8% (5)
Staff	24.45% (133)	29.2% (2214)	24.0% (111)	12.5% (68)	13.05% (71)
System Partners	59.4% (19)	15.6% (5)	15.6% (5)	3.1% (1)	6.3% (2)

Remote Working (e.g. Zoom or MS Teams)



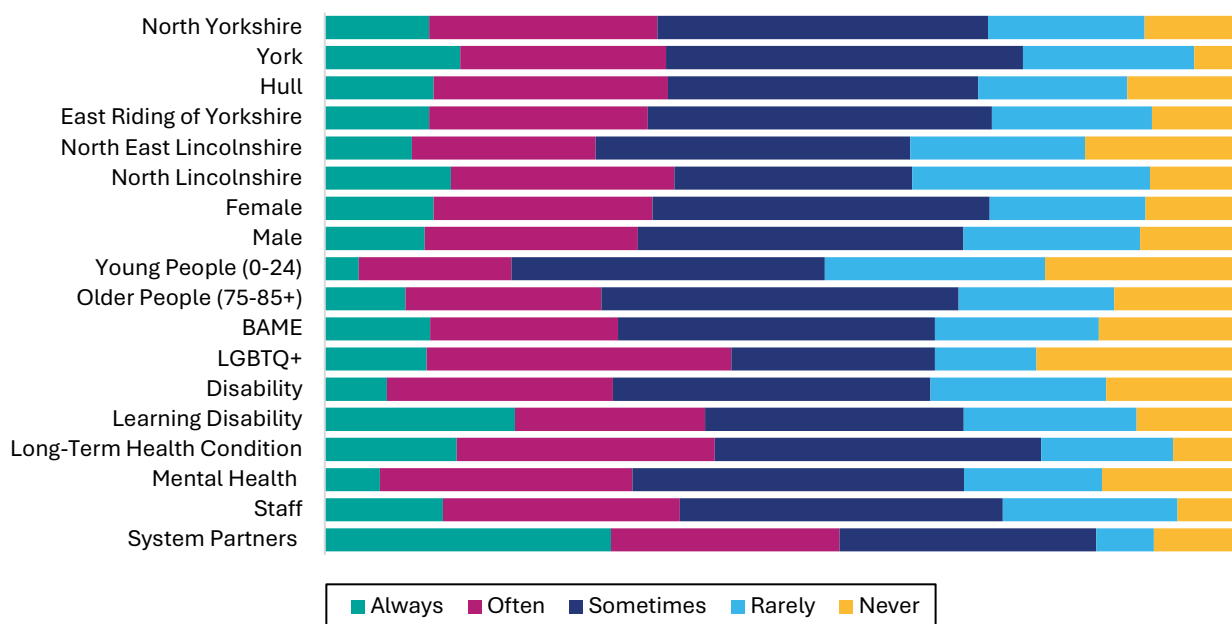
	Always	Often	Sometimes	Rarely	Never
North Yorkshire	15.6% (60)	22.7% (87)	15.9% (61)	12.5% (48)	33.3% (128)
York	19.3% (35)	32.0% (58)	17.1% (31)	11.1% (20)	20.4% (37)
Hull	20.1% (56)	20.9% (58)	17.3% (48)	12.2% (344)	29.5% (82)
East Riding of Yorkshire	16.8% (570)	23.2% (79)	19.7% (67)	12.9% (44)	27.4% (93)
North East Lincolnshire	17.0% (32)	22.3% (42)	18.6% (35)	11.7% (22)	30.3% (57)
North Lincolnshire	14.6% (18)	20.3% (25)	15.4% (19)	16.3% (20)	33.3% (41)
Female	17.4% (298)	24.0% (412)	17.9% (308)	11.9% (204)	28.8% (495)
Male	15.8% (84)	21.8% (116)	16.4% (87)	14.3% (76)	31.8% (169)
Young People (0-24 years)	10.2% (11)	26.9% (29)	24.1% (26)	19.4% (21)	19.4% (21)
Older People (75-85+)	2.8% (5)	9.4% (17)	14.4% (26)	14.9% (27)	58.6% (106)
BAME	22.8% (18)	26.6% (21)	27.9% (22)	10.1% (8)	12.7% (10)
LGBTQ+	22.2% (2)	33.3% (3)	11.1% (1)	11.1% (1)	22.2% (2)
Disability	12.3% (27)	11.4% (25)	17.3% (38)	15.4% (34)	43.6% (96)
Learning Disability	26.4% (14)	24.5% (13)	24.5% (13)	9.4% (5)	15.1% (8)
Long-Term Health Condition	12.1% (72)	21.1% (126)	17.1% (102)	13.1% (78)	36.6% (218)
Mental Health	18.9% (25)	22.0% (29)	12.9% (17)	14.4% (19)	31.8% (42)
Staff	24.4% (133)	29.7% (162)	20.4% (111)	12.5% (68)	13.0% (71)
System Partners	58.1% (18)	25.8% (8)	9.7% (3)	0.0% (0)	6.5% (2)

Education or Learning (e.g. online courses, tutorials)



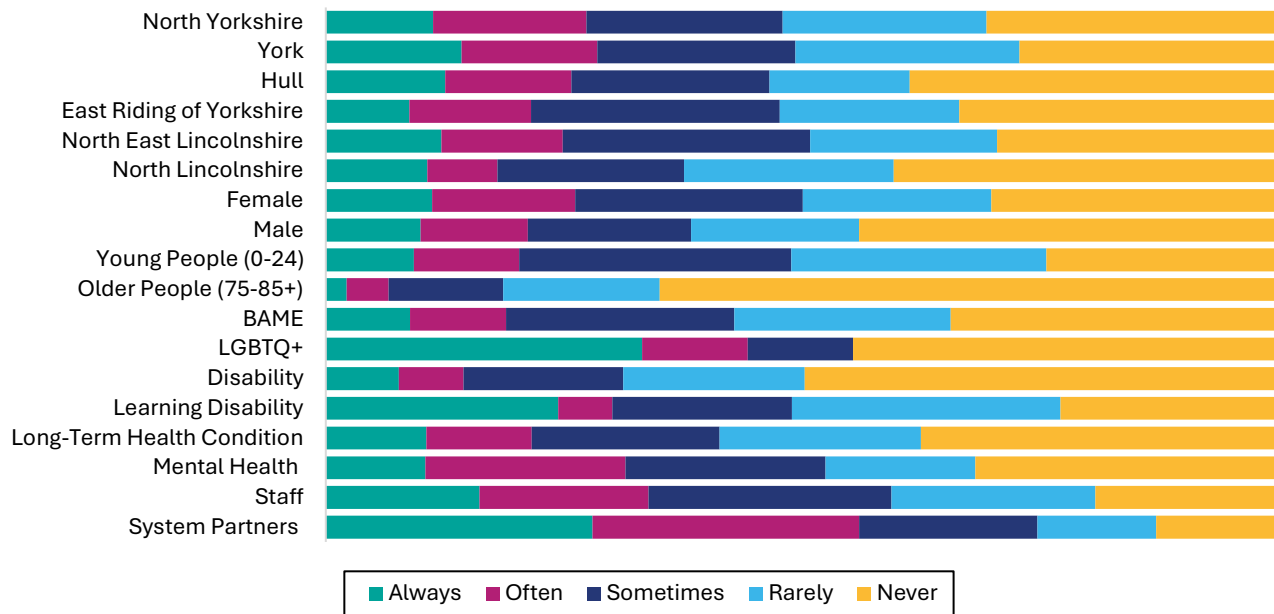
	Always	Often	Sometimes	Rarely	Never
North Yorkshire	11.5% (44)	24.7% (95)	33.6% (129)	15.6% (60)	14.6% (56)
York	8.8% (16)	32.0% (58)	30.4% (55)	16.6% (30)	12.2% (22)
Hull	16.9% (46)	25.3% (69)	30.8% (84)	10.6% (29)	16.5% (45)
East Riding of Yorkshire	10.2% (35)	25.1% (86)	30.1% (103)	17.0% (58)	17.5% (60)
North East Lincolnshire	17.1% (32)	26.2% (49)	27.3% (51)	13.9% (26)	15.5% (29)
North Lincolnshire	11.5% (14)	23.8% (29)	21.3% (26)	20.5% (25)	22.9% (28)
Female	12.5% (215)	27.5% (471)	31.2% (535)	14.6% (250)	14.2% (243)
Male	11.0% (58)	23.8% (126)	27.8% (147)	19.5% (103)	18.0% (95)
Young People (0-24 years)	25.9% (28)	40.7% (44)	24.1% (26)	6.5% (7)	2.8% (3)
Older People (75-85+)	4.5% (8)	8.9% (16)	27.4% (49)	24.6% (44)	34.6% (62)
BAME	17.7% (14)	44.3% (35)	24.1% (19)	11.4% (9)	2.5% (2)
LGBTQ+	22.2% (2)	44.4% (4)	22.2% (2)	11.1% (1)	0.0% (0)
Disability	9.1% (20)	16.0% (35)	32.9% (72)	18.7% (41)	23.3% (51)
Learning Disability	20.8% (11)	30.2% (16)	35.9% (19)	9.4% (5)	3.8% (2)
Long-Term Health Condition	9.9% (59)	24.9% (148)	30.9% (184)	16.8% (100)	17.5% (104)
Mental Health	11.4% (15)	26.5% (35)	33.3% (44)	9.1% (12)	19.7% (26)
Staff	16.2% (88)	40.3% (219)	31.3% (170)	9.4% (51)	2.8% (15)
System Partners	34.4% (11)	34.4% (11)	21.9% (7)	3.1% (1)	6.3% (2)

Health Management (e.g. NHS App, telephone/video appointments)



	Always	Often	Sometimes	Rarely	Never
North Yorkshire	11.4% (44)	24.9% (96)	36.1% (139)	17.1% (66)	10.4% (40)
York	14.8% (27)	22.5% (41)	39.0% (71)	18.7% (34)	5.0% (9)
Hull	11.9% (33)	25.6% (71)	33.9% (94)	16.3% (45)	12.3% (34)
East Riding of Yorkshire	11.4% (39)	23.9% (82)	37.6% (129)	17.5% (60)	9.6% (33)
North East Lincolnshire	9.5% (18)	20.1% (38)	34.4% (65)	19.1% (36)	16.9% (32)
North Lincolnshire	13.8% (17)	24.4% (30)	26.0% (32)	26.0% (32)	9.8% (12)
Female	11.9% (205)	23.9% (412)	36.8% (634)	17.0% (292)	10.3% (178)
Male	10.9% (58)	23.3% (124)	35.6% (190)	19.3% (103)	10.9% (58)
Young People (0-24 years)	3.7% (4)	16.7% (18)	34.3% (37)	24.1% (26)	21.3% (23)
Older People (75-85+)	8.8% (16)	21.4% (39)	39.0% (71)	17.0% (31)	13.7% (25)
BAME	11.5% (9)	20.5% (16)	34.6% (27)	17.9% (14)	15.4% (12)
LGBTQ+	11.1% (1)	33.3% (3)	22.2% (2)	11.1% (1)	22.2% (2)
Disability	6.8% (15)	24.7% (54)	34.7% (76)	19.2% (42)	14.6% (32)
Learning Disability	20.8% (11)	20.8% (11)	28.3% (15)	18.9% (10)	11.3% (6)
Long-Term Health Condition	14.4% (86)	28.2% (169)	35.7% (214)	14.4% (86)	7.3% (44)
Mental Health	6.0% (8)	27.5% (37)	36.1% (48)	15.0% (20)	15.0% (20)
Staff	12.9% (70)	25.9% (141)	35.3% (192)	19.1% (104)	6.8% (37)
System Partners	31.3% (10)	25.0% (8)	28.1% (9)	6.3% (2)	9.4% (3)

Fitness Apps (e.g. Couch25k, exercise tracking)

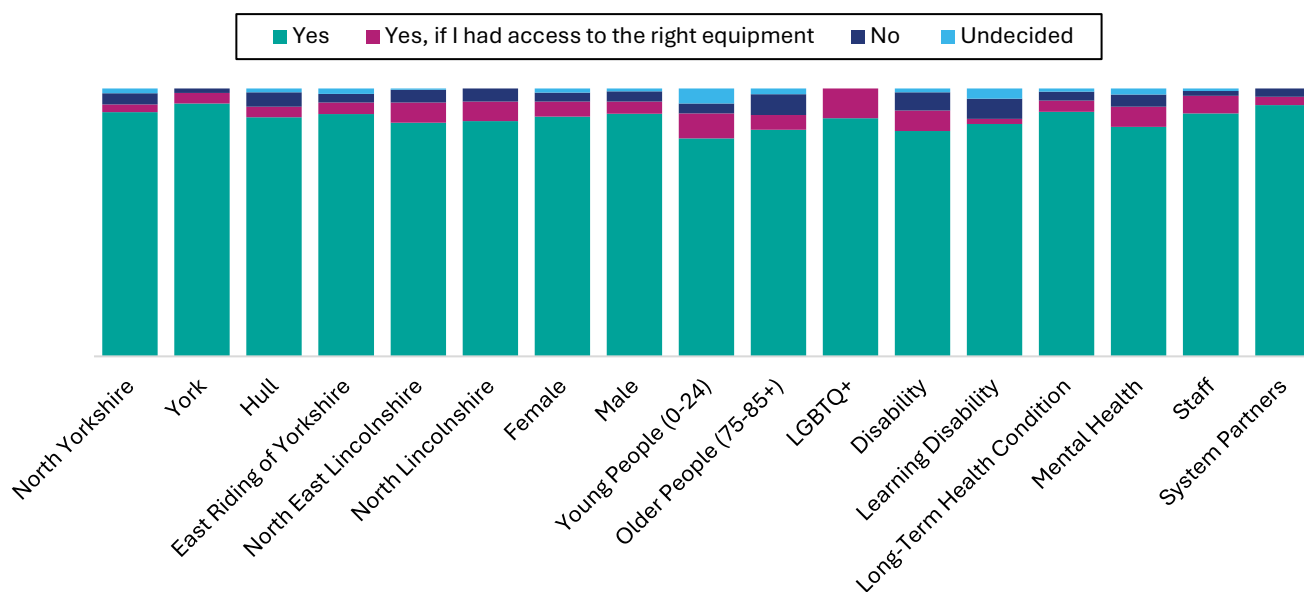


	Always	Often	Sometimes	Rarely	Never
North Yorkshire	11.3% (43)	16.2% (62)	20.7% (79)	21.5% (82)	30.4% (116)
York	14.3% (26)	14.3% (26)	20.9% (38)	23.6% (43)	26.9% (49)
Hull	12.6% (35)	13.3% (37)	20.9% (58)	14.8% (41)	38.5% (107)
East Riding of Yorkshire	8.8% (30)	12.8% (44)	26.2% (90)	18.9% (65)	33.2% (114)
North East Lincolnshire	12.2% (23)	12.8% (24)	26.1% (59)	19.7% (37)	29.3% (55)
North Lincolnshire	10.7% (13)	7.4% (9)	19.7% (24)	22.1% (27)	40.2% (49)
Female	11.2% (192)	15.1% (260)	24.0% (414)	19.9% (342)	29.9% (514)
Male	10.0% (53)	11.3% (60)	17.2% (91)	17.7% (94)	43.8% (232)
Young People (0-24 years)	9.3% (10)	11.1% (12)	28.7% (31)	26.9% (29)	24.1% (26)
Older People (75-85+)	2.2% (4)	4.4% (8)	12.1% (22)	16.5% (30)	64.8% (118)
BAME	8.9% (7)	10.1% (8)	24.1% (19)	22.8% (18)	34.2% (27)
LGBTQ+	33.3% (3)	11.1% (1)	11.1% (1)	0.0% (0)	44.4% (4)
Disability	7.7% (17)	6.8% (15)	16.8% (37)	19.1% (42)	49.5% (109)
Learning Disability	24.5% (13)	5.7% (3)	18.9% (10)	28.3% (15)	22.6% (12)
Long-Term Health Condition	10.6% (63)	11.1% (66)	19.8% (118)	21.2% (126)	37.3% (222)
Mental Health	10.5% (14)	21.1% (28)	21.1% (28)	15.8% (21)	31.6% (42)
Staff	16.2% (88)	17.8% (97)	25.6% (139)	21.5% (117)	18.9% (103)
System Partners	28.1% (9)	28.1% (9)	18.8% (6)	12.5% (4)	12.5% (4)

Question 8 – If it's suitable for your health, are you willing to use digital technology to help with your care, treatment, or to improve your overall health and wellbeing?

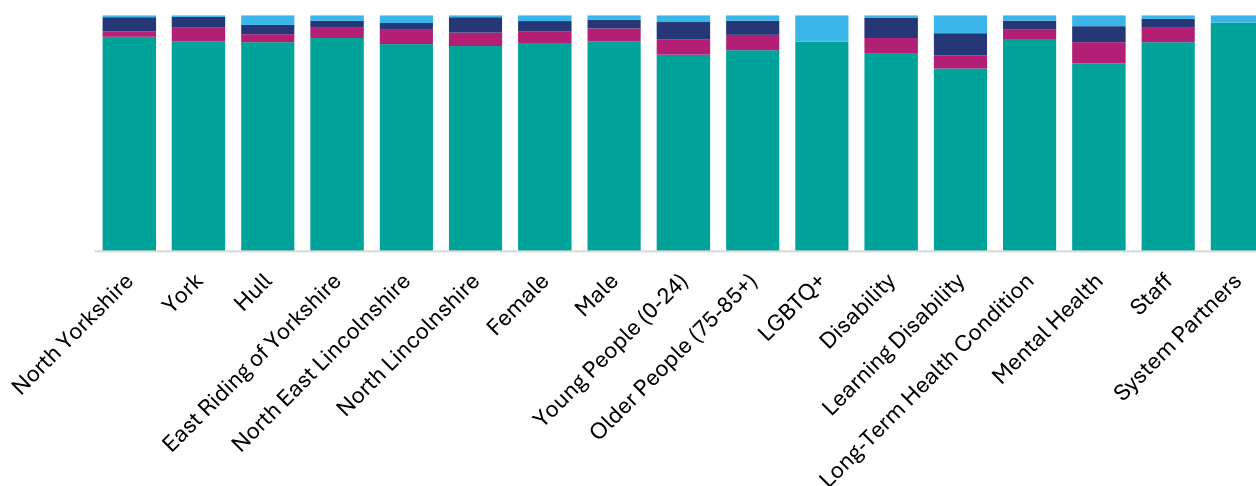
Answered: 2,744 Skipped: 601

Ordering Medication Online (e.g Requesting repeat prescriptions)



	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	91.2% (352)	2.9% (11)	4.2% (16)	1.8% (7)
York	94.5% (171)	3.9% (7)	1.7% (3)	0.0% (0)
Hull	89.2% (247)	4.0% (11)	5.4% (15)	1.4% (4)
East Riding of Yorkshire	90.4% (310)	4.4% (15)	3.2% (11)	2.0% (7)
North East Lincolnshire	87.2% (164)	7.5% (14)	4.8% (9)	0.5% (1)
North Lincolnshire	87.8% (108)	7.3% (9)	4.9% (6)	0.0% (0)
Female	89.5% (1,540)	5.6% (96)	3.4% (59)	1.5% (26)
Male	90.6% (482)	4.5% (24)	3.8% (20)	1.1% (6)
Young People (0-24 years)	81.5% (88)	9.3% (10)	3.7% (4)	5.6% (6)
Older People (75-85+)	84.6% (154)	5.5% (10)	7.7% (14)	2.2% (4)
BAME	87.2% (68)	7.7% (6)	2.6% (2)	2.6% (2)
LGBTQ+	88.9% (8)	11.1% (1)	0.0% (0)	0.0% (0)
Disability	84.1% (185)	7.7% (17)	6.8% (15)	1.4% (3)
Learning Disability	86.8% (46)	1.9% (1)	7.5% (4)	3.8% (2)
Long-Term Health Condition	91.3% (547)	4.2% (25)	3.3% (20)	1.2% (7)
Mental Health	85.7% (114)	7.5% (10)	4.5% (6)	2.3% (3)
Staff	90.7% (495)	6.6% (36)	1.8% (10)	0.9% (5)
System Partners	93.8% (30)	3.1% (1)	3.1% (1)	0.0% (0)

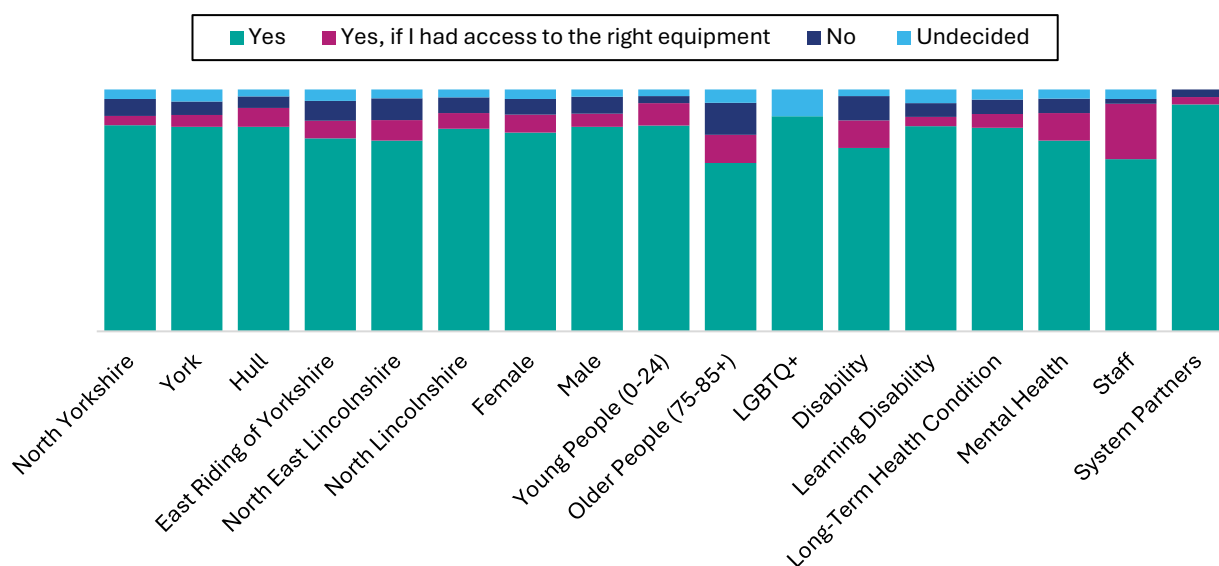
Telephone Calls (e.g. to discuss test results)



■ Yes
 ■ Yes, if I had access to the right equipment
 ■ No
 ■ Undecided

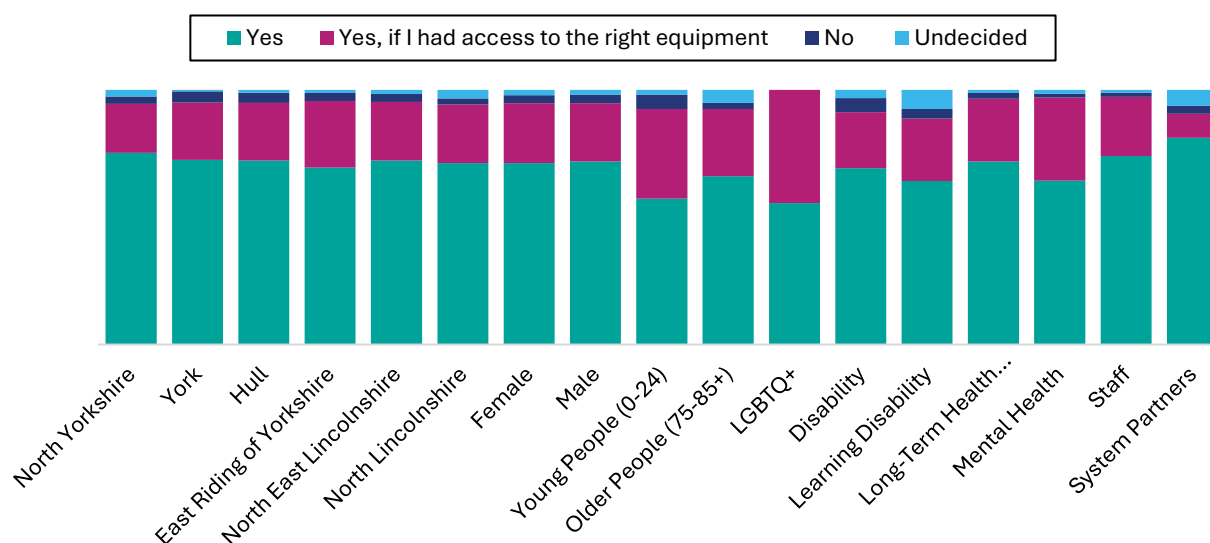
	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	91.0% (353)	2.3% (9)	5.9% (23)	0.8% (3)
York	89.0% (162)	6.0% (11)	4.4% (8)	0.6% (1)
Hull	88.8% (246)	3.3% (9)	4.0% (11)	4.0% (11)
East Riding of Yorkshire	90.3% (309)	4.4% (15)	2.9% (10)	2.3% (8)
North East Lincolnshire	87.8% (166)	6.3% (12)	2.6% (5)	3.2% (6)
North Lincolnshire	87.0% (107)	5.7% (7)	6.5% (8)	0.8% (1)
Female	88.0% (1,519)	5.1% (88)	4.5% (78)	2.4% (41)
Male	89.1% (473)	5.5% (29)	3.6% (19)	1.9% (10)
Young People (0-24 years)	83.3% (90)	6.5% (7)	7.4% (8)	2.8% (3)
Older People (75-85+)	85.2% (155)	6.6% (12)	6.0% (11)	2.2% (4)
BAME	83.3% (65)	6.4% (5)	6.4% (5)	3.9% (3)
LGBTQ+	88.9% (8)	0.0% (0)	0.0% (0)	11.1% (1)
Disability	84.0% (184)	6.4% (14)	8.7% (19)	0.9% (2)
Learning Disability	77.7% (41)	5.7% (3)	9.4% (5)	7.5% (4)
Long-Term Health Condition	90.0% (541)	4.0% (24)	3.7% (22)	2.3% (14)
Mental Health	79.7% (106)	9.0% (12)	6.8% (9)	4.5% (6)
Staff	88.7% (485)	6.2% (34)	3.7% (20)	1.5% (8)
System Partners	96.9% (31)	0.0% (0)	0.0% (0)	3.1% (1)

NHS App (e.g. To book an appointment, get advice or to use NHS111)



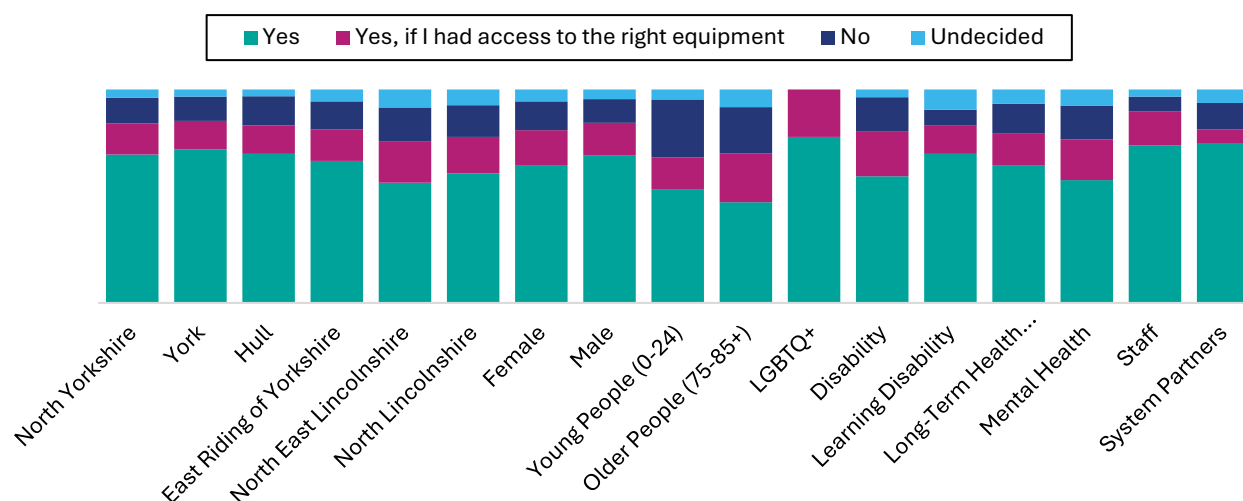
	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	85.2% (328)	3.9% (15)	7.0% (27)	3.9% (15)
York	84.5% (153)	5.0% (9)	5.5% (10)	5.0% (9)
Hull	84.5% (235)	7.9% (22)	4.7% (13)	2.9% (8)
East Riding of Yorkshire	79.8% (273)	7.3% (25)	8.2% (28)	4.7% (16)
North East Lincolnshire	78.8% (149)	8.5% (16)	9.0% (17)	3.7% (7)
North Lincolnshire	83.7% (103)	6.5% (8)	6.5% (8)	3.3% (4)
Female	82.3% (1,418)	7.4% (127)	6.4% (110)	4.0% (69)
Male	84.6% (449)	5.5% (29)	7.0% (37)	3.0% (16)
Young People (0-24 years)	85.2% (92)	9.3% (10)	2.8% (3)	2.8% (3)
Older People (75-85+)	69.6% (126)	11.6% (21)	13.3% (24)	5.5% (10)
BAME	84.8% (67)	5.1% (4)	6.3% (5)	3.8% (3)
LGBTQ+	88.9% (8)	0.0% (0)	0.0% (0)	11.1% (1)
Disability	75.8% (166)	11.4% (25)	10.1% (22)	2.7% (6)
Learning Disability	84.9% (45)	3.8% (2)	5.7% (3)	5.7% (3)
Long-Term Health Condition	84.2% (505)	5.7% (34)	6.0% (36)	4.2% (25)
Mental Health	79.0% (105)	11.3% (15)	6.0% (8)	3.8% (5)
Staff	71.3% (389)	22.9% (125)	2.0% (11)	3.9% (21)
System Partners	93.8% (30)	3.1% (1)	3.1% (1)	0.0% (0)

Home Monitoring Kits (e.g. Blood-Pressure Testing)



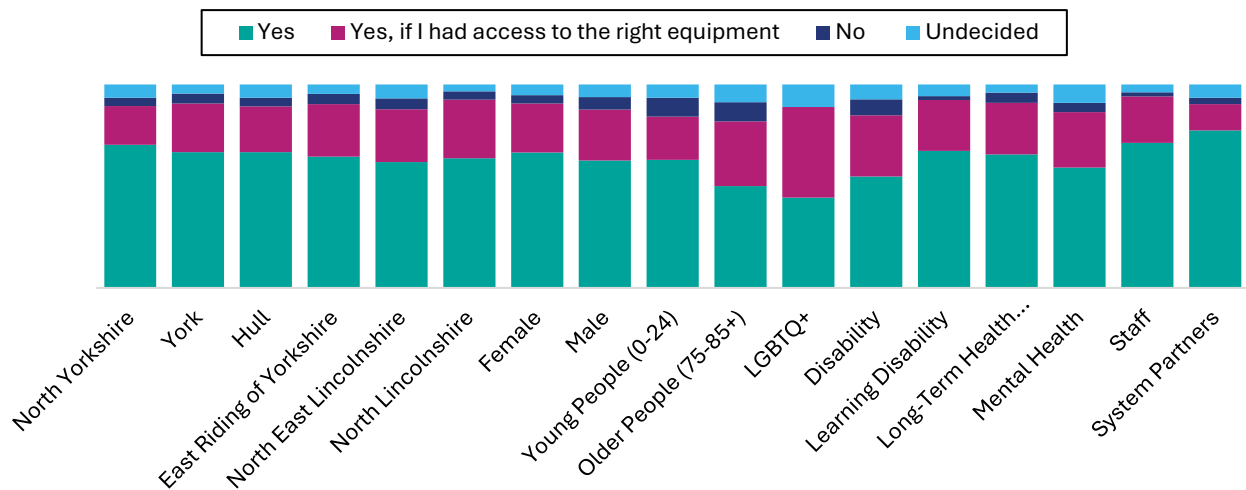
	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	75.3% (290)	19.2% (74)	2.9% (11)	2.6% (10)
York	72.5% (132)	22.5% (41)	4.4% (8)	0.6% (1)
Hull	72.2% (200)	22.7% (63)	4.0% (11)	1.1% (3)
East Riding of Yorkshire	69.5% (237)	26.1% (89)	3.2% (11)	1.2% (4)
North East Lincolnshire	72.3% (136)	22.9% (43)	3.2% (6)	1.6% (3)
North Lincolnshire	71.3% (87)	22.9% (28)	2.5% (3)	3.3% (4)
Female	71.2% (1,225)	23.5% (405)	3.2% (55)	2.1% (36)
Male	71.9% (382)	22.8% (121)	3.4% (18)	1.9% (10)
Young People (0-24 years)	57.4% (62)	35.2% (38)	5.6% (6)	1.9% (2)
Older People (75-85+)	66.5% (121)	21.4% (39)	7.1% (13)	5.0% (9)
BAME	65.8% (52)	26.6% (21)	2.5% (2)	5.1% (4)
LGBTQ+	55.6% (5)	44.4% (4)	0.0% (0)	0.0% (0)
Disability	69.3% (151)	22.0% (48)	5.5% (12)	3.2% (7)
Learning Disability	64.2% (34)	24.5% (13)	3.8% (2)	7.5% (4)
Long-Term Health Condition	71.9% (430)	24.6% (147)	2.3% (14)	1.2% (7)
Mental Health	64.4% (85)	32.6% (43)	1.5% (2)	1.5% (2)
Staff	74.0% (404)	23.3% (127)	1.6% (9)	1.1% (6)
System Partners	81.3% (26)	9.4% (3)	3.1% (1)	6.3% (2)

Video Calls (e.g. From a GP or hospital as a follow-up appointment)



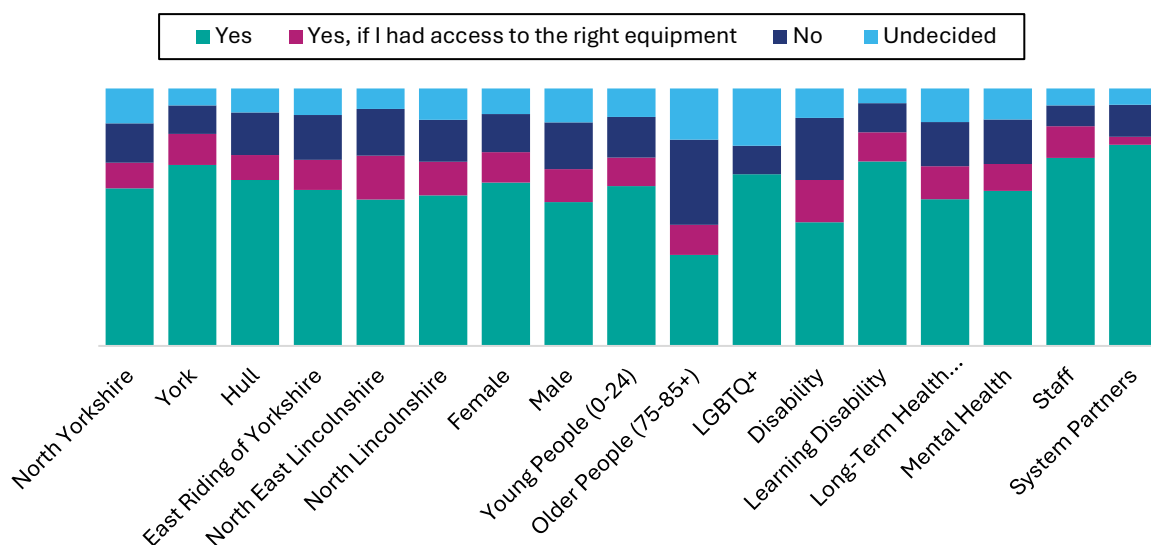
	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	69.6% (270)	14.4% (56)	12.1% (47)	3.9% (15)
York	72.0% (131)	13.2% (24)	11.5% (21)	3.3% (6)
Hull	69.8% (194)	13.3% (37)	13.7% (38)	3.2% (9)
East Riding of Yorkshire	66.6% (227)	14.7% (50)	13.2% (45)	5.6% (19)
North East Lincolnshire	56.4% (106)	19.1% (36)	16.0% (30)	8.5% (16)
North Lincolnshire	60.7% (74)	17.2% (21)	14.8% (18)	7.4% (9)
Female	64.7% (1,115)	16.3% (280)	13.5% (232)	5.6% (96)
Male	69.2% (368)	15.2% (81)	11.1% (59)	4.5% (24)
Young People (0-24 years)	53.3% (57)	14.9% (16)	27.1% (29)	4.7% (5)
Older People (75-85+)	47.2% (85)	22.8% (41)	21.7% (39)	8.3% (15)
BAME	58.2% (46)	22.8% (18)	15.2% (12)	3.8% (3)
LGBTQ+	77.8% (7)	22.2% (2)	0.0% (0)	0.0% (0)
Disability	59.4% (130)	21.0% (46)	16.0% (35)	3.6% (8)
Learning Disability	69.8% (37)	13.2% (7)	7.5% (4)	9.4% (5)
Long-Term Health Condition	64.3% (386)	15.0% (90)	14.0% (84)	6.7% (40)
Mental Health	57.6% (76)	18.9% (25)	15.9% (21)	7.6% (10)
Staff	73.9% (404)	15.7% (86)	7.1% (39)	3.3% (18)
System Partners	75.0% (24)	6.3% (2)	12.5% (4)	6.3% (2)

Wearable Technology (e.g. Glucose monitors, heart monitors)



	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	70.3% (272)	19.1% (74)	4.1% (16)	6.5% (25)
York	66.8% (121)	23.8% (43)	5.0% (9)	4.4% (8)
Hull	66.8% (185)	22.4% (62)	4.3% (12)	6.5% (18)
East Riding of Yorkshire	64.6% (221)	25.7% (88)	5.0% (17)	4.7% (16)
North East Lincolnshire	61.9% (117)	25.9% (49)	5.3% (10)	6.9% (13)
North Lincolnshire	63.6% (77)	28.9% (35)	4.1% (5)	3.3% (4)
Female	66.5% (1,147)	24.0% (414)	4.2% (73)	5.2% (90)
Male	62.6% (332)	24.9% (132)	6.2% (33)	6.2% (33)
Young People (0-24 years)	63.0% (68)	21.3% (23)	9.3% (10)	6.5% (7)
Older People (75-85+)	50.0% (91)	31.9% (58)	9.3% (17)	8.8% (16)
BAME	60.8% (48)	21.5% (17)	3.8% (3)	13.9% (11)
LGBTQ+	44.4% (4)	44.4% (4)	0.0% (0)	11.1% (1)
Disability	54.8% (120)	30.1% (66)	7.8% (17)	7.3% (16)
Learning Disability	67.3% (35)	25.0% (13)	1.9% (1)	5.8% (3)
Long-Term Health Condition	65.7% (393)	25.3% (151)	5.0% (30)	4.0% (24)
Mental Health	59.1% (78)	27.3% (36)	4.5% (6)	9.1% (12)
Staff	71.3% (389)	22.9% (125)	2.0% (11)	3.9% (21)
System Partners	77.4% (24)	12.9% (4)	3.2% (1)	6.5% (2)

Other Health and Wellbeing Apps (e.g. Couch25k, calorie tracking)



	Yes	Yes, if I had access to the right equipment	No	Undecided
North Yorkshire	61.2% (235)	9.9% (38)	15.4% (59)	13.5% (52)
York	70.3% (128)	12.1% (22)	11.0% (20)	6.6% (12)
Hull	64.4% (179)	9.7% (27)	16.6% (46)	9.3% (26)
East Riding of Yorkshire	60.6% (206)	11.8% (40)	17.4% (59)	10.3% (35)
North East Lincolnshire	56.9% (107)	17.0% (32)	18.1% (34)	8.0% (15)
North Lincolnshire	58.5% (72)	13.0% (16)	16.3% (20)	12.2% (15)
Female	63.5% (1,093)	11.8% (203)	14.8% (254)	9.9% (170)
Male	55.9% (296)	12.8% (68)	18.1% (96)	13.2% (70)
Young People (0-24 years)	62.0% (67)	11.1% (12)	15.7% (17)	11.1% (12)
Older People (75-85+)	35.4% (64)	11.6% (21)	33.1% (60)	19.9% (36)
BAME	54.4% (43)	16.5% (13)	19.0% (15)	10.1% (8)
LGBTQ+	66.6% (6)	0.0% (0)	11.1% (1)	22.2% (2)
Disability	48.0% (105)	16.4% (36)	24.2% (53)	11.4% (25)
Learning Disability	71.7% (38)	11.3% (6)	11.3% (6)	5.7% (3)
Long-Term Health Condition	57.0% (339)	12.8% (76)	17.1% (102)	13.1% (78)
Mental Health	60.1% (80)	10.5% (14)	17.3% (23)	12.0% (16)
Staff	73.0% (397)	12.3% (67)	8.1% (44)	6.6% (36)
System Partners	78.1% (25)	3.1% (1)	12.5% (4)	6.3% (2)

Question 9 – Looking to the future, which of these factors could improve the overall health and wellbeing of you and your family? (Please tick all that apply)

Answered: 2,610 Skipped: 735

	Increasing Exercise Levels	Reducing Stress/Anxiety	Improving your diet	Improving your mental health and emotional wellbeing	Living in a friendly, inclusive and supportive community	Finding friends and support so you don't feel lonely	Living in a home that is safe, secure and well-maintained	Nothing	Reducing alcohol use	Getting out of debt	Other (Please specify)	Stopping smoking/vaping	Improving your education	Getting a job	Reducing drug/substance use	Reducing gambling
North Yorkshire	1 st 49.6% (189)	2 nd 45.9% (175)	3 rd 38.3% (146)	4 th 37.0% (141)	5 th 25.5% (97)	6 th 19.7% (75)	9 th 10.8% (41)	7 th 12.6% (48)	8 th 11.8% (45)	10 th 10.2% (39)	11 th 8.1% (31)	12 th 6.6% (25)	13 th 4.2% (16)	14 th 1.6% (6)	15 th 1.3% (5)	16 th 0.8% (3)
York	1 st 55.1% (98)	1 st 55.1% (98)	3 rd 41.6% (74)	3 rd 41.6% (74)	5 th 23.6% (42)	6 th 13.5% (24)	7 th 11.8% (21)	7 th 11.8% (21)	7 th 11.8% (21)	12 th 7.3% (13)	11 th 7.9% (14)	12 th 7.3% (13)	10 th 9.6% (17)	14 th 5.1% (9)	15 th 2.3% (4)	16 th 1.1% (2)
Hull	1 st 51.9% (1,354)	2 nd 47.8% (1,248)	3 rd 41.2% (1,075)	4 th 38.0% (991)	5 th 25.4% (662)	6 th 19.3% (504)	7 th 14.6% (382)	8 th 12.2% (317)	9 th 11.4% (297)	10 th 10.5% (274)	11 th 8.3% (216)	12 th 8.2% (214)	13 th 5.4% (141)	14 th 3.8% (99)	15 th 1.7% (44)	16 th 0.7% (18)
East Riding of Yorkshire	1 st 54.3% (183)	2 nd 49.5% (167)	3 rd 41.3% (139)	4 th 31.2% (105)	5 th 21.7% (73)	6 th 16.9% (57)	10 th 9.2% (31)	9 th 11.0% (37)	8 th 11.3% (38)	7 th 13.3% (45)	11 th 7.7% (26)	12 th 7.1% (24)	13 th 1.8% (6)	14 th 0.9% (3)	15 th 0.3% (1)	16 th 0.0% (0)
North East Lincolnshire	1 st 55.1% (103)	1 st 55.1% (103)	4 th 48.9% (91)	3 rd 50.3% (94)	7 th 21.9% (41)	6 th 25.7% (48)	5 th 27.3% (51)	11 th 7.5% (14)	10 th 12.3% (23)	8 th 19.3% (36)	14 th 5.3% (10)	9 th 13.4% (25)	13 th 7.0% (13)	11 th 7.5% (14)	15 th 3.7% (7)	16 th 0.5% (1)
North Lincolnshire	2 nd 50.4% (62)	1 st 51.2% (63)	3 rd 47.1% (58)	4 th 39.8% (49)	5 th 26.0% (32)	7 th 15.4% (19)	6 th 21.1% (26)	8 th 14.6% (18)	9 th 10.6% (13)	11 th 8.9% (11)	14 th 4.9% (6)	10 th 9.8% (12)	12 th 6.5% (8)	12 th 6.5% (8)	15 th 0.8% (1)	15 th 0.8% (1)
Female	1 st 51.2% (867)	2 nd 50.4% (854)	4 th 40.8% (691)	3 rd 41.0% (695)	5 th 25.2% (427)	6 th 19.0% (321)	7 th 13.7% (232)	8 th 11.9% (202)	10 th 10.8% (183)	9 th 11.2% (189)	12 th 7.2% (122)	11 th 8.4% (142)	13 th 5.0% (85)	14 th 3.7% (63)	15 th 1.4% (24)	16 th 0.5% (8)
Male	1 st 56.6% (297)	3 rd 42.1% (221)	2 nd 43.2% (227)	4 th 31.1% (163)	5 th 25.1% (132)	6 th 19.1% (100)	7 th 16.4% (86)	9 th 12.6% (66)	8 th 14.5% (76)	10 th 9.5% (50)	12 th 7.8% (41)	11 th 8.8% (46)	13 th 5.5% (29)	14 th 3.2% (17)	15 th 2.3% (12)	16 th 0.9% (5)
Young People (0-24)	4 th 48.1% (52)	2 nd 60.2% (65)	3 rd 51.9% (56)	1 st 63.9% (69)	6 th 27.8% (30)	5 th 28.7% (31)	10 th 21.3% (23)	14 th 6.5% (7)	10 th 21.3% (23)	12 th 17.6% (19)	15 th 4.6% (5)	6 th 27.8% (30)	9 th 24.1% (26)	8 th 26.9% (29)	13 th 8.3% (9)	16 th 1.9% (2)
Older People (75-85+)	1 st 38.4% (68)	4 th 24.3% (43)	6 th 21.5% (38)	8 th 13.0% (23)	2 nd 28.8% (51)	3 rd 24.9% (44)	7 th 19.8% (35)	5 th 23.7% (42)	10 th 7.3% (13)	13 th 2.3% (4)	9 th 11.9% (21)	12 th 2.8% (5)	11 th 3.4% (6)	14 th 1.1% (2)	15 th 0.6% (1)	15 th 0.6% (1)

	Increasing Exercise Levels	Reducing Stress/Anxiety	Improving your diet	Improving your mental health and emotional wellbeing	Living in a friendly, inclusive and supportive community	Finding friends and support so you don't feel lonely	Living in a home that is safe, secure and well-maintained	Nothing	Reducing alcohol use	Getting out of debt	Other (Please specify)	Stopping smoking/vaping	Improving your education	Getting a job	Reducing drug/substance use	Reducing gambling
BAME	1 st 58.2% (46)	3 rd 55.7% (44)	4 th 51.9% (41)	2 nd 57.0% (45)	5 th 41.8% (33)	6 th 30.4% (24)	7 th 24.1% (19)	11 th 8.9% (7)	12 th 12.7% (10)	8 th 17.7% (14)	14 th 5.1% (4)	12 th 12.7% (10)	8 th 17.7% (14)	10 th 13.9% (11)	15 th 2.5% (2)	16 th 0.0% (0)
LGBTQ+	5 th 33.3% (3)	1 st 100.0% (9)	5 th 33.3% (3)	1 st 100.0% (9)	3 rd 66.7% (6)	5 th 33.3% (3)	3 rd 66.7% (6)	15 th 0.0% (0)	12 th 22.2% (2)	5 th 33.3% (3)	14 th 11.1% (1)	5 th 33.3% (3)	5 th 33.3% (3)	5 th 33.3% (3)	12 th 22.2% (2)	14 th 11.1% (1)
Disability	45.6% (99)	44.7% (97)	37.8% (81)	37.8% (82)	31.8% (69)	25.8% (56)	22.1% (48)	11.1% (24)	7.4% (16)	12.4% (27)	6.5% (14)	7.8% (17)	1.8% (4)	2.3% (5)	0.5% (1)	0.0% (0)
Learning Disability	3 rd 39.6% (21)	1 st 49.1% (26)	3 rd 39.6% (21)	2 nd 47.2% (25)	5 th 34.0% (18)	6 th 26.4% (14)	7 th 24.5% (13)	12 th 9.4% (5)	9 th 15.1% (8)	8 th 17.0% (9)	13 th 5.7% (3)	12 th 9.4% (5)	10 th 11.3% (6)	10 th 11.3% (6)	14 th 3.8% (2)	15 th 1.9% (1)
Long-Term Health Condition	1 st 53.5% (317)	2 nd 47.9% (284)	3 rd 40.3% (239)	4 th 34.7% (206)	5 th 23.8% (141)	6 th 18.4% (109)	8 th 12.5% (74)	7 th 12.7% (75)	9 th 9.3% (55)	10 th 8.1% (48)	11 th 7.8% (46)	12 th 7.1% (42)	13 th 3.9% (23)	14 th 2.9% (17)	15 th 0.7% (4)	16 th 0.5% (3)
Staff	1 st 60.9% (327)	2 nd 60.7% (326)	3 rd 47.7% (256)	4 th 45.1% (242)	5 th 29.1% (156)	6 th 16.6% (89)	9 th 14.0% (75)	11 th 8.6% (46)	7 th 15.1% (83)	8 th 14.2% (76)	13 th 3.7% (20)	10 th 10.4% (56)	12 th 8.0% (43)	14 th 2.6% (14)	15 th 1.9% (10)	16 th 1.1% (6)
System Partners	2 nd 45.2% (14)	1 st 54.8% (17)	3 rd 38.7% (12)	3 rd 38.7% (12)	5 th 32.3% (10)	6 th 16.1% (5)	6 th 16.1% (5)	9 th 9.7% (3)	6 th 16.1% (5)	9 th 9.7% (3)	9 th 9.7% (3)	9 th 9.7% (3)	9 th 9.7% (3)	14 th 3.2% (1)	15 th 0.0% (0)	15 th 0.0% (0)

Question 10 – What are you doing currently to improve the health and wellbeing of you and your family? (Please tick all that apply)

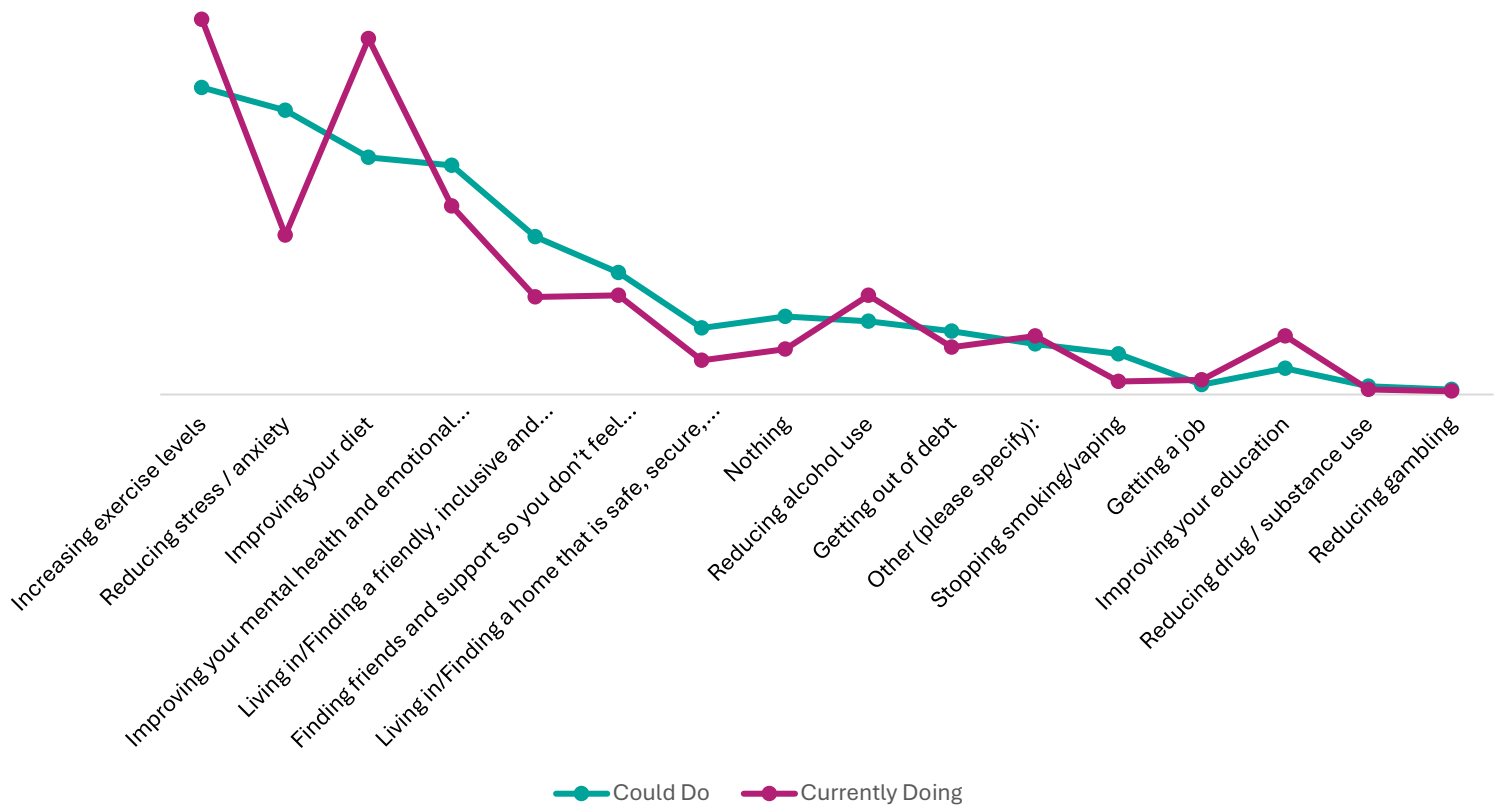
Answered: 2,590 Skipped: 755

	Increasing Exercise Levels	Reducing Stress/Anxiety	Improving your diet	Improving your mental health and emotional wellbeing	Finding a friendly, inclusive and supportive community	Finding friends and support so you don't feel lonely	Finding a home that is safe, secure and well-maintained	Nothing	Reducing alcohol use	Getting out of debt	Other (Please specify)	Stopping smoking/vaping	Improving your education	Getting a job	Reducing drug/substance use	Reducing gambling
North Yorkshire	1 st 60.6% (231)	4 th 25.7% (98)	2 nd 57.5% (219)	3 rd 30.4% (116)	7 th 15.8% (60)	5 th 16.0% (61)	12 th 5.5% (21)	11 th 7.3% (28)	5 th 16.0% (61)	10 th 7.6% (29)	8 th 9.4% (36)	14 th 2.1% (8)	8 th 9.4% (36)	13 th 2.4% (9)	15 th 0.8% (3)	16 th 0.5% (2)
York	1 st 58.9% (103)	3 rd 33.7% (59)	2 nd 56.0% (98)	4 th 32.0% (56)	7 th 13.7% (24)	6 th 17.7% (31)	11 th 5.7% (10)	9 th 8.6% (15)	5 th 18.3% (32)	10 th 6.9% (12)	12 th 5.1% (9)	14 th 1.1% (2)	8 th 9.7% (17)	13 th 2.3% (4)	16 th 0.0% (0)	15 th 0.6% (1)
Hull	1 st 58.4% (156)	4 th 31.8% (85)	2 nd 52.4% (140)	3 rd 33.3% (89)	6 th 16.1% (43)	5 th 20.2% (54)	10 th 7.9% (21)	11 th 7.1% (19)	9 th 11.2% (30)	8 th 11.6% (31)	14 th 3.4% (9)	12 th 6.0% (16)	7 th 12.0% (32)	13 th 3.8% (10)	15 th 0.4% (1)	15 th 0.4% (1)
East Riding of Yorkshire	2 nd 59.2% (199)	4 th 28.3% (95)	1 st 59.6% (200)	3 rd 29.5% (99)	6 th 15.2% (51)	6 th 15.2% (51)	11 th 5.4% (18)	9 th 8.6% (29)	5 th 18.8% (63)	8 th 9.2% (31)	12 th 5.1% (17)	13 th 3.0% (10)	10 th 5.7% (19)	15 th 0.3% (1)	16 th 0.0% (0)	14 th 0.9% (3)
North East Lincolnshire	2 nd 54.3% (101)	4 th 34.4% (64)	1 st 56.5% (105)	3 rd 36.0% (67)	7 th 14.5% (27)	5 th 18.3% (34)	14 th 5.4% (10)	11 th 8.6% (16)	7 th 14.5% (27)	9 th 11.3% (21)	12 th 6.5% (12)	12 th 6.5% (12)	6 th 17.2% (32)	10 th 9.1% (17)	15 th 1.1% (2)	16 th 0.5% (1)
North Lincolnshire	2 nd 54.9% (67)	3 rd 32.0% (39)	1 st 59.8% (73)	4 th 27.9% (34)	7 th 10.7% (13)	5 th 13.9% (17)	12 th 5.7% (7)	6 th 12.3% (15)	7 th 10.7% (13)	11 th 6.6% (8)	9 th 8.2% (10)	13 th 4.1% (5)	10 th 7.4% (9)	13 th 4.1% (5)	16 th 0.8% (1)	15 th 1.6% (2)
Female	1 st 58.7% (989)	4 th 30.3% (510)	2 nd 58.5% (985)	3 rd 32.1% (540)	6 th 14.8% (250)	5 th 18.0% (303)	12 th 5.5% (93)	9 th 8.2% (138)	7 th 14.6% (245)	10 th 7.9% (133)	11 th 6.3% (106)	13 th 3.4% (57)	8 th 9.4% (158)	14 th 3.0% (50)	15 th 0.6% (10)	16 th 0.5% (8)
Male	1 st 62.3% (325)	3 rd 26.8% (140)	2 nd 53.1% (277)	4 th 23.0% (120)	6 th 13.6% (71)	6 th 13.6% (71)	12 th 6.1% (32)	8 th 9.8% (51)	5 th 18.4% (96)	10 th 7.8% (41)	10 th 7.8% (41)	13 th 4.0% (21)	9 th 8.6% (45)	14 th 2.7% (14)	15 th 0.8% (4)	16 th 0.6% (3)
Young People (0-24)	3 rd 37.1% (39)	4 th 36.2% (38)	1 st 43.8% (46)	5 th 34.3% (36)	8 th 15.2% (16)	6 th 30.5% (32)	10 th 10.5% (11)	9 th 11.4% (12)	10 th 10.5% (11)	13 th 7.6% (8)	15 th 5.7% (6)	12 th 9.5% (10)	2 nd 41.0% (43)	7 th 29.5% (31)	14 th 6.7% (7)	16 th 0.9% (1)
Older People (75-85+)	1 st 43.7% (76)	5 th 19.0% (33)	2 nd 41.4% (72)	9 th 10.3% (18)	4 th 21.3% (37)	3 rd 21.8% (38)	10 th 5.8% (10)	6 th 16.1% (28)	7 th 14.4% (25)	12 th 1.7% (3)	8 th 12.6% (22)	13 th 0.6% (1)	11 th 4.6% (8)	14 th 0.0% (0)	14 th 0.0% (0)	14 th 0.0% (0)

	Increasing Exercise Levels	Reducing Stress/Anxiety	Improving your diet	Improving your mental health and emotional wellbeing	Finding a friendly, inclusive and supportive community	Finding friends and support so you don't feel lonely	Finding a home that is safe, secure and well-maintained	Nothing	Reducing alcohol use	Getting out of debt	Other (Please specify)	Stopping smoking/vaping	Improving your education	Getting a job	Reducing drug/substance use	Reducing gambling
BAME	2 nd 54.5% (42)	3 rd 39.0% (30)	1 st 59.7% (46)	4 th 33.8% (26)	6 th 19.5% (15)	5 th 28.6% (22)	8 th 14.3% (11)	13 th 5.2% (4)	10 th 10.4% (8)	11 th 9.1% (7)	11 th 9.1% (7)	14 th 5.2% (4)	7 th 18.2% (14)	8 th 14.3% (11)	15 th 1.3% (1)	16 th 0.0% (0)
LGBTQ+	4 th 33.3% (3)	11 th 11.1% (1)	1 st 55.6% (5)	3 rd 44.4% (4)	4 th 33.3% (3)	11 th 11.1% (1)	7 th 22.2% (2)	11 th 11.1% (1)	7 th 22.2% (2)	7 th 22.2% (2)	11 th 11.1% (1)	7 th 22.2% (2)	1 st 55.6% (5)	4 th 33.3% (3)	11 th 11.1% (1)	16 th 0.0% (0)
Disability	2 nd 54.7% (116)	4 th 25.9% (55)	1 st 59.0% (125)	3 rd 32.5% (69)	6 th 19.3% (41)	5 th 20.8% (44)	8 th 9.4% (20)	10 th 7.5% (16)	7 th 12.3% (26)	9 th 8.5% (18)	11 th 7.1% (15)	13 th 3.8% (8)	12 th 4.7% (10)	14 th 0.9% (2)	16 th 0.0% (0)	15 th 0.5% (1)
Learning Disability	3 rd 50.9% (27)	4 th 47.2% (25)	1 st 60.4% (32)	2 nd 52.8% (28)	9 th 11.3% (6)	7 th 18.9% (10)	9 th 11.3% (6)	13 th 5.7% (3)	5 th 22.6% (12)	6 th 20.8% (11)	12 th 7.5% (4)	14 th 3.8% (2)	8 th 17.0% (9)	9 th 11.3% (6)	14 th 3.8% (2)	16 th 0.0% (0)
Long-Term Health Condition	1 st 58.1% (342)	3 rd 25.6% (151)	1 st 58.1% (342)	4 th 25.5% (150)	6 th 14.4% (85)	5 th 16.5% (97)	12 th 3.7% (22)	8 th 9.8% (58)	7 th 12.9% (76)	10 th 7.0% (41)	11 th 6.5% (38)	13 th 2.7% (16)	9 th 7.6% (45)	14 th 1.5% (9)	16 th 0.0% (0)	15 th 0.7% (4)
Staff	1 st 67.7% (361)	3 rd 36.0% (192)	2 nd 64.3% (343)	4 th 32.5% (173)	7 th 12.2% (65)	6 th 14.1% (75)	10 th 6.8% (36)	10 th 6.8% (36)	5 th 17.1% (91)	9 th 10.9% (58)	14 th 2.8% (15)	12 th 4.7% (25)	8 th 12.0% (64)	13 th 3.2% (17)	15 th 0.4% (2)	15 th 0.4% (2)
System Partners	1 st 61.3% (19)	3 rd 35.5% (11)	2 nd 48.4% (15)	5 th 25.8% (8)	5 th 25.8% (8)	7 th 19.4% (6)	12 th 3.2% (1)	9 th 9.7% (3)	4 th 29.0% (9)	11 th 6.5% (2)	9 th 9.7% (3)	12 th 3.2% (1)	8 th 16.1% (5)	12 th 3.2% (1)	15 th 0.0% (0)	15 th 0.0% (0)

Question 9+10 – A comparison table to show the variations from **could do** vs **currently doing.**

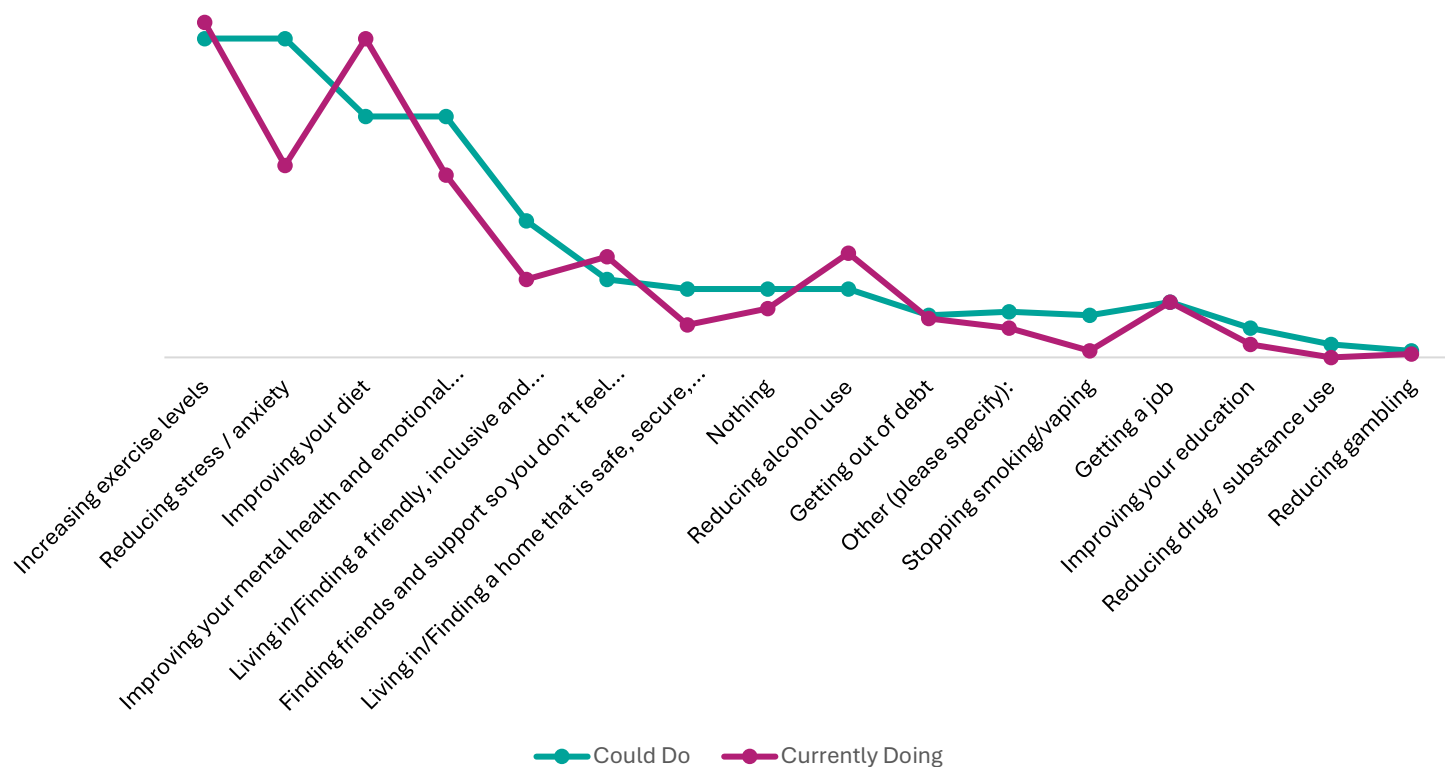
North Yorkshire



	Could do	Currently doing	% Variable
Increasing exercise levels	49.6% (189)	60.6% (231)	+11.0% (+42)
Reducing stress/anxiety	45.9% (175)	25.7% (98)	-20.2% (-77)
Improving your diet	38.3% (146)	57.5% (219)	+19.2% (+73)
Improving your mental health and emotional wellbeing	37.0% (141)	30.4% (116)	-6.6% (-25)
Living in / Finding a friendly, inclusive and supportive community	25.5% (97)	15.8% (60)	-9.7% (-30)
Finding friends and support so you don't feel lonely	19.7% (75)	16.0% (61)	-3.7% (-14)
Living in / Finding a home that is safe, secure and well maintained	10.8% (41)	5.5% (21)	-5.3% (-20)
Nothing	12.6% (48)	7.3% (28)	-5.3% (-20)
Reducing alcohol use	11.8% (45)	16.0% (61)	+4.2% (+16)
Getting out of debt	10.2% (39)	7.6% (29)	-2.6% (-10)

Other (please specify)	8.1% (31)	9.4% (36)	+1.3% (+5)
Stopping smoking/vaping	6.6% (25)	2.1% (8)	-4.5% (-17)
Improving your education	4.2% (16)	9.4% (36)	+5.2% (+20)
Getting a job	1.6% (6)	2.4% (9)	+0.8% (+3)
Reducing drug / substance misuse	1.3% (5)	0.8% (3)	-0.5% (-2)
Reducing gambling	0.8% (3)	0.5% (2)	-0.3% (-1)
Response Total	381	381	/

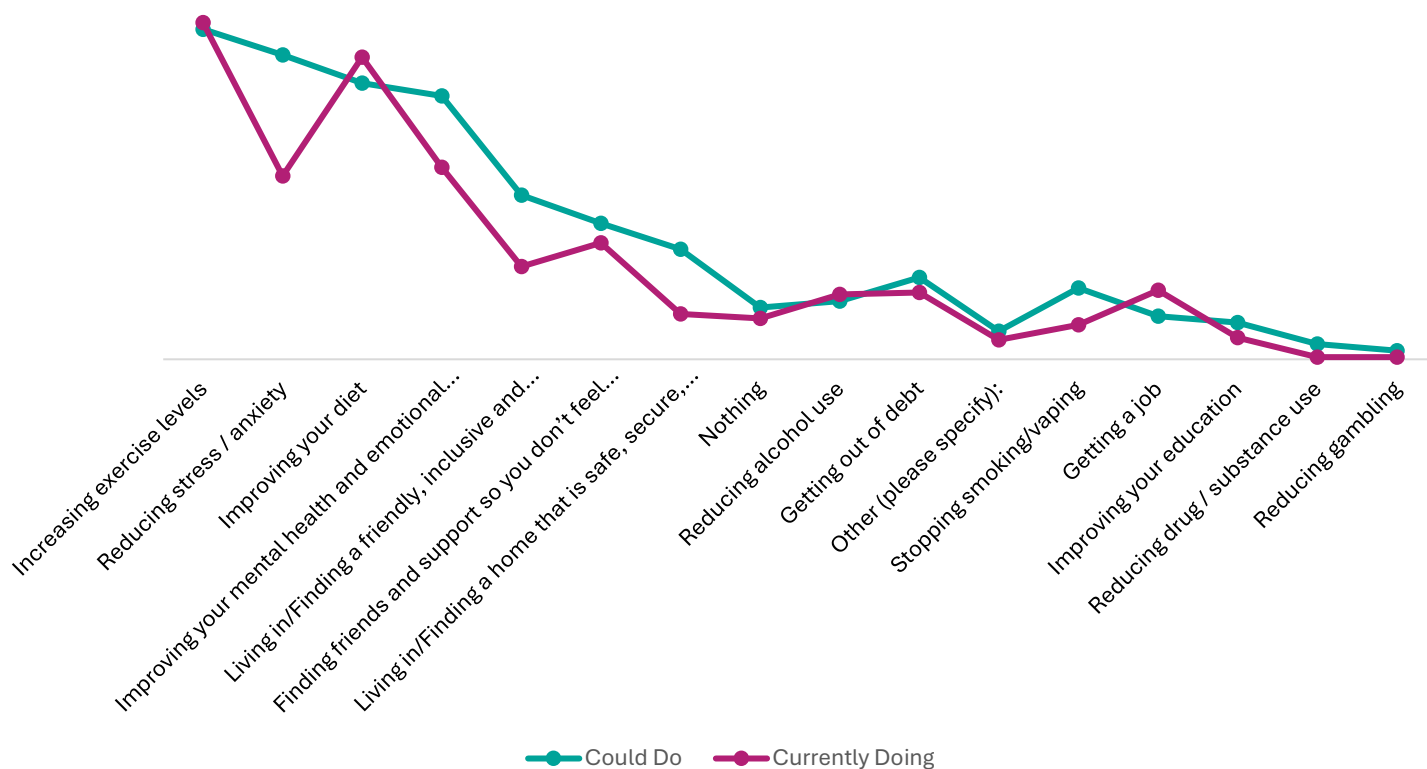
York



	Could do	Currently doing	% Variable
Increasing exercise levels	55.1% (98)	58.9% (103)	+3.8% (+5)
Reducing stress/anxiety	55.1% (98)	33.7% (59)	-21.4% (-39)
Improving your diet	41.6% (74)	56.0% (98)	+14.4% (+24)

Improving your mental health and emotional wellbeing	41.6% (74)	32.0% (56)	-9.6% (-18)
Living in / Finding a friendly, inclusive and supportive community	23.6% (42)	13.7% (24)	-9.9% (-18)
Finding friends and support so you don't feel lonely	13.5% (24)	17.7% (31)	+4.2% (+7)
Living in / Finding a home that is safe, secure and well maintained	11.8% (21)	5.7% (10)	-6.1% (-11)
Nothing	11.8% (21)	8.6% (15)	-3.2% (-6)
Reducing alcohol use	11.8% (21)	18.3% (32)	+6.5% (+11)
Getting out of debt	7.3% (13)	6.9% (12)	-0.4% (-1)
Other (please specify)	7.9% (14)	5.1% (9)	-2.8% (-5)
Stopping smoking/vaping	7.3% (13)	1.1% (2)	-6.2% (-11)
Improving your education	9.6% (17)	9.7% (17)	+0.1% (~)
Getting a job	5.1% (9)	2.3% (4)	-2.8% (-5)
Reducing drug / substance misuse	2.3% (4)	0.0% (0)	-2.3% (-4)
Reducing gambling	1.1% (2)	0.6% (1)	-0.5% (-1)
Response Total	178	175	/

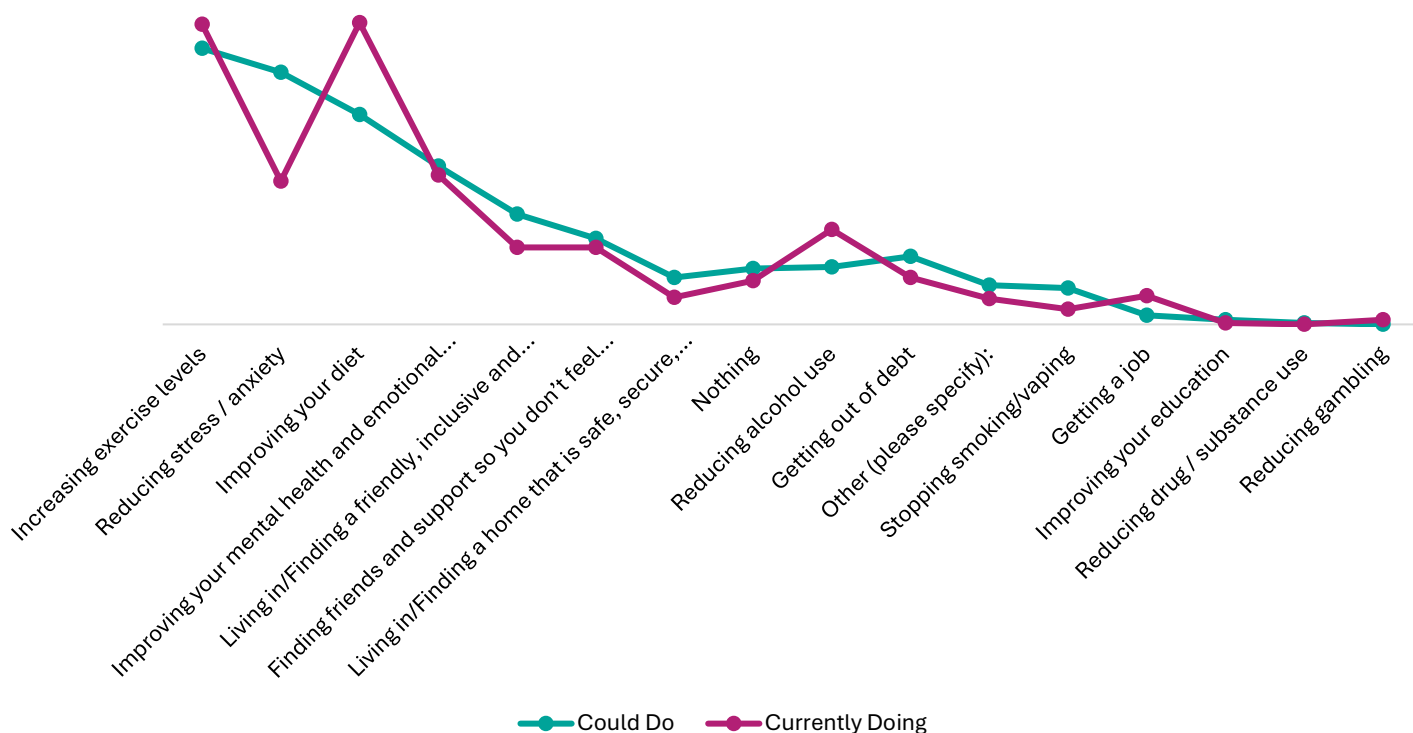
Hull



	Could do	Currently doing	% Variable
Increasing exercise levels	57.1% (153)	58.4% (156)	+1.3% (+3)
Reducing stress/anxiety	52.6% (141)	31.8% (85)	-20.8% (-56)
Improving your diet	47.8% (128)	52.4% (140)	+4.6% (+12)
Improving your mental health and emotional wellbeing	45.5% (122)	33.3% (89)	-12.2% (-33)
Living in / Finding a friendly, inclusive and supportive community	28.4% (76)	16.1% (43)	-12.3% (-33)
Finding friends and support so you don't feel lonely	23.5% (63)	20.2% (54)	-3.3% (-9)
Living in / Finding a home that is safe, secure and well maintained	19.0% (51)	7.9% (21)	-11.1% (-30)
Nothing	9.0% (24)	7.1% (19)	-1.9% (-5)
Reducing alcohol use	10.1% (27)	11.2% (30)	+1.1% (+3)
Getting out of debt	14.2% (38)	11.6% (31)	-2.6% (-7)
Other (please specify)	4.8% (13)	3.4% (9)	-1.4% (-4)

Stopping smoking/vaping	12.3% (33)	6.0% (16)	-6.3% (17)
Improving your education	7.5% (20)	12.0% (32)	+4.5% (12)
Getting a job	6.3% (17)	3.8% (10)	-2.5% (7)
Reducing drug / substance misuse	2.6% (7)	0.4% (1)	-2.2% (6)
Reducing gambling	1.5% (4)	0.4% (1)	-1.1% (3)
Response Total	268	267	/

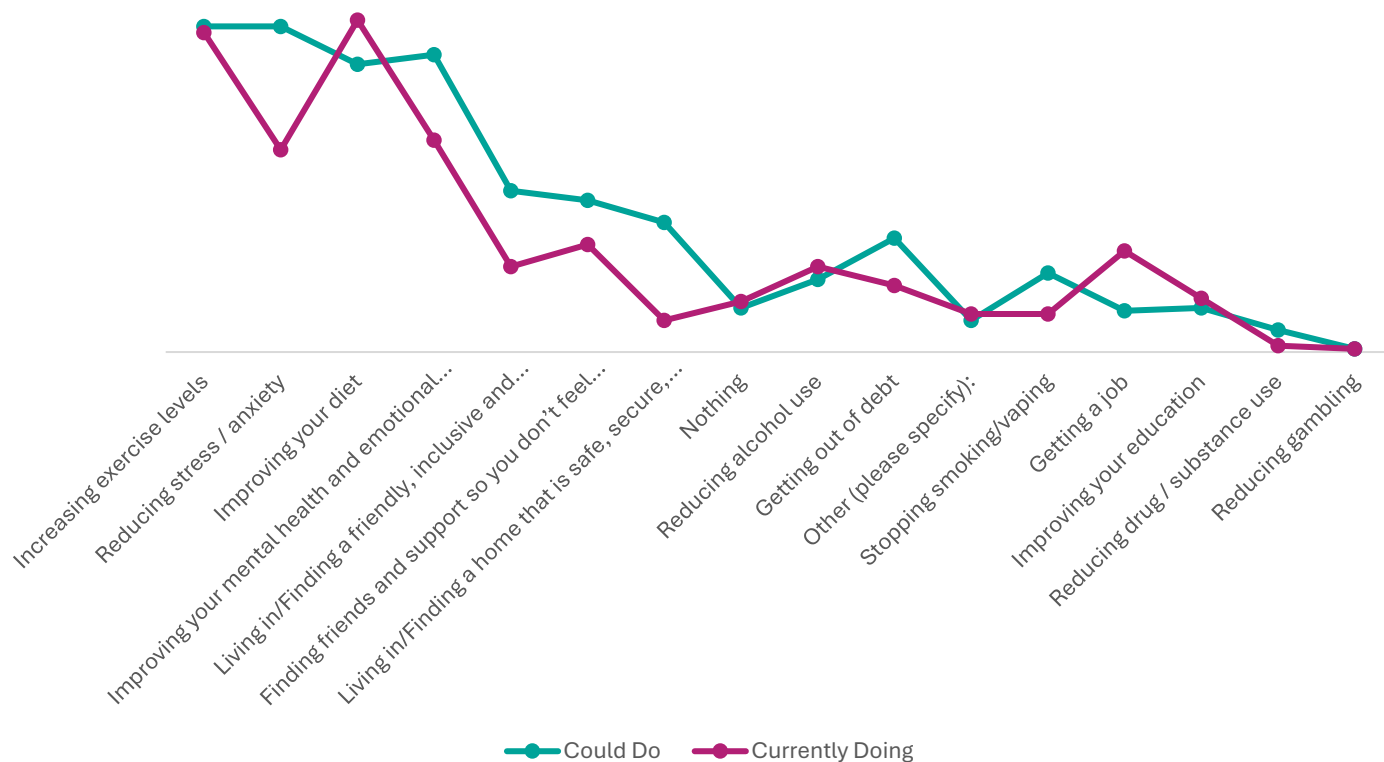
East Riding of Yorkshire



	Could do	Currently doing	% Variable
Increasing exercise levels	54.3% (183)	59.2% (199)	+4.9% (+16)
Reducing stress/anxiety	49.5% (167)	28.3% (95)	-21.2% (-72)
Improving your diet	41.3% (139)	59.5% (200)	+18.2% (+61)
Improving your mental health and emotional wellbeing	31.2% (105)	29.5% (99)	-1.7% (-6)

Living in / Finding a friendly, inclusive and supportive community	21.7% (73)	15.2% (51)	-6.5% (-22)
Finding friends and support so you don't feel lonely	16.9% (57)	15.2% (51)	-1.7% (-6)
Living in / Finding a home that is safe, secure and well maintained	9.2% (31)	5.4% (18)	-3.8% (13)
Nothing	11.0% (37)	8.6% (29)	-2.4% (-8)
Reducing alcohol use	11.3% (38)	18.8% (63)	+7.5% (+25)
Getting out of debt	13.3% (45)	9.2% (31)	-4.1% (-14)
Other (please specify)	7.7% (26)	5.1% (17)	-2.6% (-9)
Stopping smoking/vaping	7.1% (24)	3.0% (10)	-4.1% (-14)
Improving your education	1.8% (6)	5.7% (19)	+3.9% (+13)
Getting a job	0.9% (3)	0.3% (1)	-0.6% (-2)
Reducing drug / substance misuse	0.3% (1)	0.0% (0)	-0.3% (-1)
Reducing gambling	0.0% (0)	0.9% (3)	+0.9% (+3)
Response Total	337	336	/

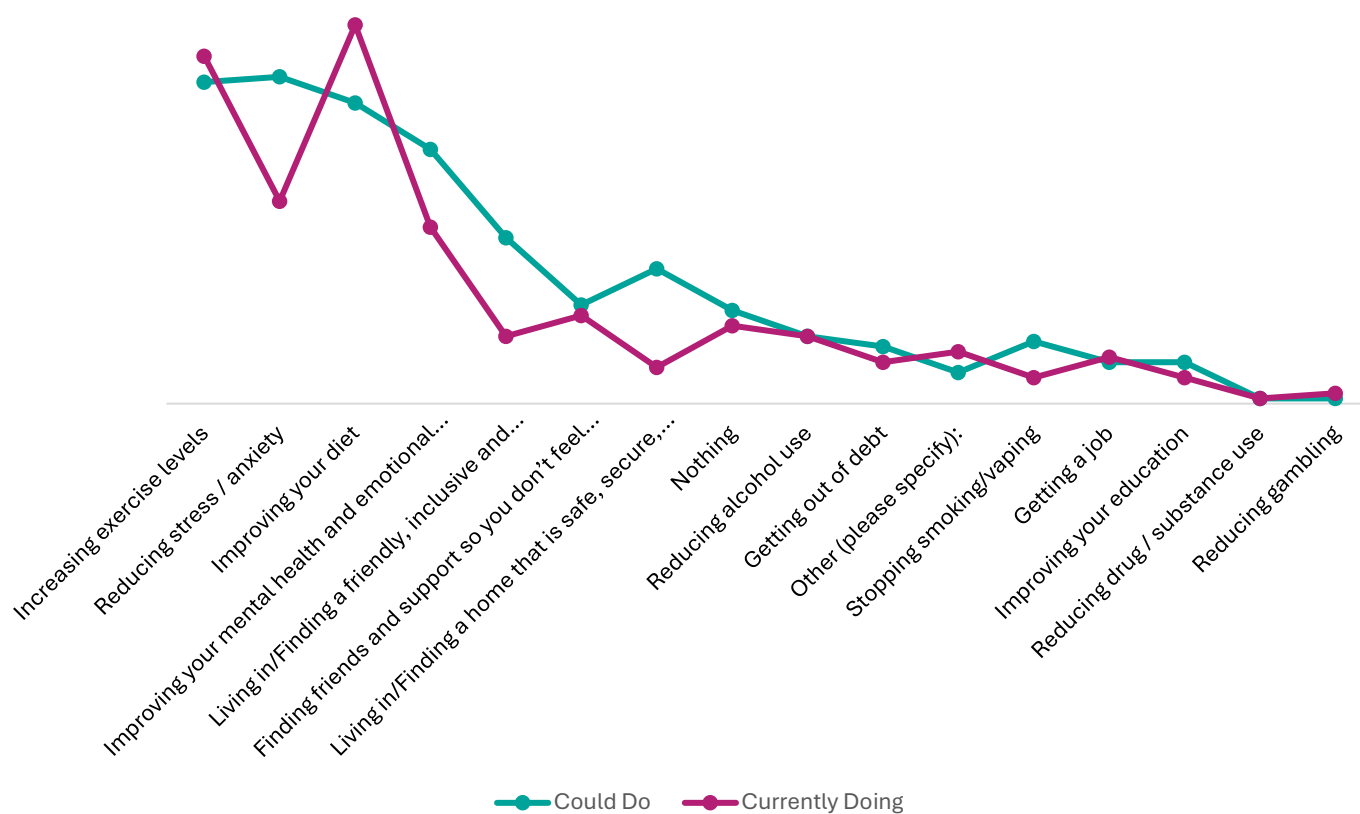
North East Lincolnshire



	Could do	Currently doing	% Variable
Increasing exercise levels	55.1% (103)	54.3% (101)	-0.8% (-2)
Reducing stress/anxiety	55.1% (103)	34.4% (64)	-20.7% (-39)
Improving your diet	48.7% (91)	56.5% (105)	+7.8% (+14)
Improving your mental health and emotional wellbeing	50.3% (94)	36.0% (67)	-14.3% (-27)
Living in / Finding a friendly, inclusive and supportive community	27.3% (51)	14.5% (27)	-12.8% (-24)
Finding friends and support so you don't feel lonely	25.7% (48)	18.3% (34)	-7.4% (-14)
Living in / Finding a home that is safe, secure and well maintained	21.9% (41)	5.4% (10)	-16.5% (-31)
Nothing	7.5% (14)	8.6% (16)	+1.1% (+2)
Reducing alcohol use	12.3% (23)	14.5% (27)	+2.2% (+4)

Getting out of debt	19.3% (36)	11.3% (21)	-8.0% (-15)
Other (please specify)	5.3% (10)	6.5% (12)	+1.2% (+2)
Stopping smoking/vaping	13.4% (25)	6.5% (12)	-6.9% (-13)
Improving your education	7.0% (13)	17.2% (32)	+10.2% (+19)
Getting a job	7.5% (14)	9.1% (17)	+1.6% (+3)
Reducing drug / substance misuse	3.7% (7)	1.1% (2)	-2.6% (-5)
Reducing gambling	0.5% (1)	0.5% (1)	~% (~)
Response Total	187	186	/

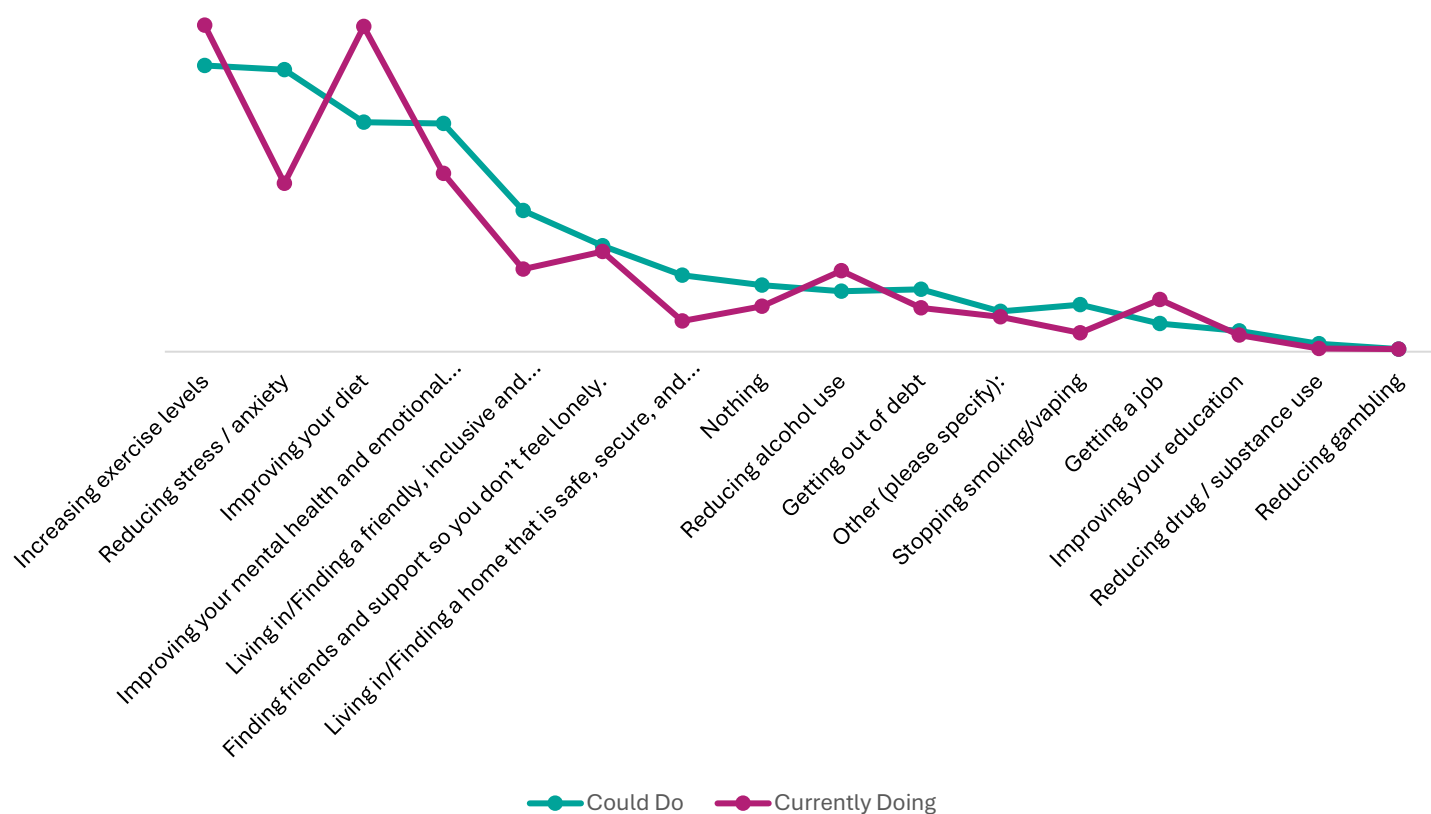
North Lincolnshire



	Could do	Currently doing	% Variable
Increasing exercise levels	50.4% (62)	54.9% (67)	+4.5% (+5)
Reducing stress/anxiety	51.2% (63)	32.0% (39)	-19.2% (-24)
Improving your diet	47.1% (58)	59.8% (73)	+12.7% (+15)

Improving your mental health and emotional wellbeing	39.8% (49)	27.9% (34)	-11.9% (-15)
Living in / Finding a friendly, inclusive and supportive community	26.0% (32)	10.7% (13)	-15.3% (-19)
Finding friends and support so you don't feel lonely	15.4% (19)	13.9% (17)	-1.5% (-2)
Living in / Finding a home that is safe, secure and well maintained	21.1% (26)	5.7% (7)	-15.4% (-19)
Nothing	14.6% (18)	12.3% (15)	-2.3% (-3)
Reducing alcohol use	10.6% (13)	10.7% (13)	+0.1% (~)
Getting out of debt	8.9% (11)	6.6% (8)	-2.3% (-3)
Other (please specify)	4.9% (6)	8.2% (10)	+3.3% (+4)
Stopping smoking/vaping	9.8% (12)	4.1% (5)	-5.7% (-7)
Improving your education	6.5% (8)	7.4% (9)	+0.5% (+1)
Getting a job	6.5% (8)	4.1% (5)	-2.4% (-3)
Reducing drug / substance misuse	0.8% (1)	0.8% (1)	~% (~)
Reducing gambling	0.8% (1)	1.6% (2)	+0.8% (+1)
Response Total	123	122	/

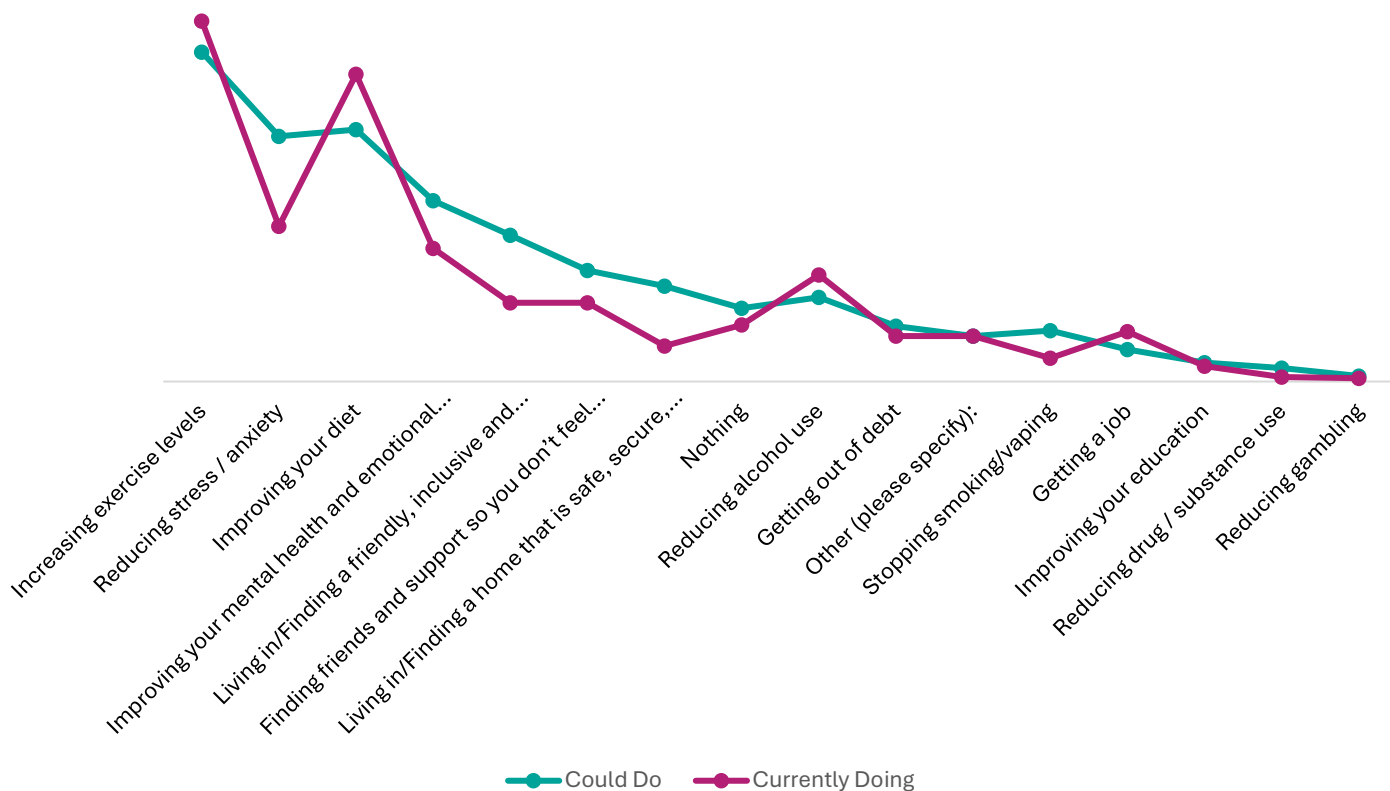
Female



	Could do	Currently doing	% Variable
Increasing exercise levels	51.2% (867)	58.7% (989)	+7.5% (+122)
Reducing stress/anxiety	50.4% (854)	30.3% (510)	-20.1% (-344)
Improving your diet	41.0% (695)	58.5% (985)	+17.5% (+290)
Improving your mental health and emotional wellbeing	40.8% (691)	32.1% (540)	-8.7% (-151)
Living in / Finding a friendly, inclusive and supportive community	25.2% (427)	14.8% (250)	-10.4% (-177)
Finding friends and support so you don't feel lonely	19.0% (321)	18.0% (303)	-1.0% (-18)
Living in / Finding a home that is safe, secure and well maintained	13.7% (232)	5.5% (93)	-8.2% (-139)
Nothing	11.9% (202)	8.2% (138)	-3.7% (-64)
Reducing alcohol use	10.8% (183)	14.6% (245)	+3.8% (+62)
Getting out of debt	11.2% (189)	7.9% (133)	-3.3% (-56)

Other (please specify)	7.2% (122)	6.3% (106)	-0.9% (-16)
Stopping smoking/vaping	8.4% (142)	3.4% (57)	-5.0% (-85)
Improving your education	5.0% (85)	9.4% (158)	+4.4% (+73)
Getting a job	3.7% (63)	3.0% (50)	-0.7% (-13)
Reducing drug / substance misuse	1.4% (24)	0.6% (10)	-0.8% (-14)
Reducing gambling	0.5% (8)	0.5% (8)	~% (~)
Response Total	1,693	1,684	/

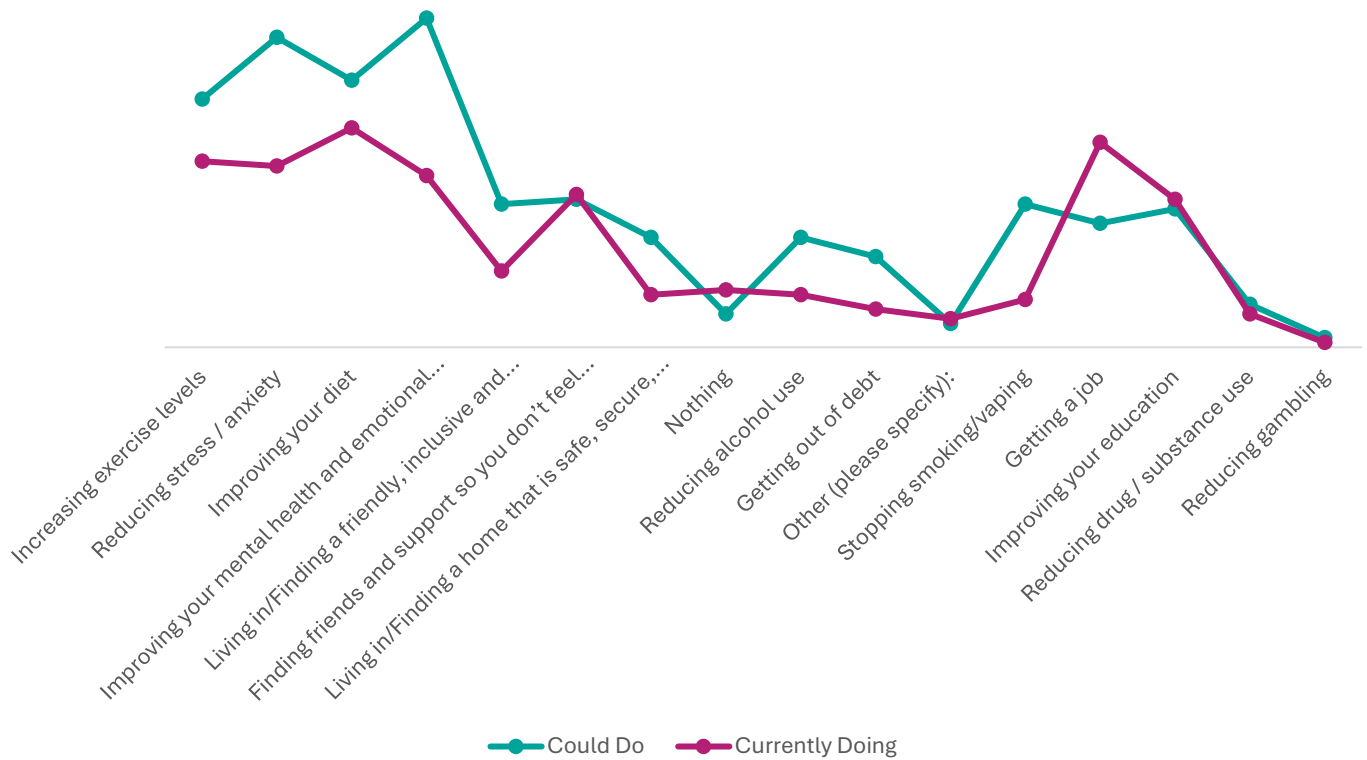
Male



	Could do	Currently doing	% Variable
Increasing exercise levels	56.6% (297)	62.3% (325)	+5.7% (+28)
Reducing stress/anxiety	42.1% (221)	26.8% (140)	-15.3% (-81)
Improving your diet	43.2% (227)	53.1% (277)	+9.9% (+50)

Improving your mental health and emotional wellbeing	31.1% (163)	23.0% (120)	-8.1% (-43)
Living in / Finding a friendly, inclusive and supportive community	25.1% (132)	13.6% (71)	-11.5% (-61)
Finding friends and support so you don't feel lonely	19.1% (100)	13.3% (71)	-5.8% (-29)
Living in / Finding a home that is safe, secure and well maintained	16.4% (86)	6.1% (32)	-10.3% (-54)
Nothing	12.6% (66)	9.8% (51)	-2.8% (-15)
Reducing alcohol use	14.5% (76)	18.4% (96)	+3.9% (+20)
Getting out of debt	9.5% (50)	7.8% (41)	-1.7% (-9)
Other (please specify)	7.8% (41)	7.8% (41)	~% (~)
Stopping smoking/vaping	8.8% (46)	4.0% (21)	-4.8% (-25)
Improving your education	5.5% (29)	8.6% (45)	+3.1% (+16)
Getting a job	3.2% (17)	2.7% (14)	-0.5% (-3)
Reducing drug / substance misuse	2.3% (12)	0.8% (4)	-1.5% (8)
Reducing gambling	0.9% (5)	0.6% (3)	-0.3% (-2)
Response Total	525	522	/

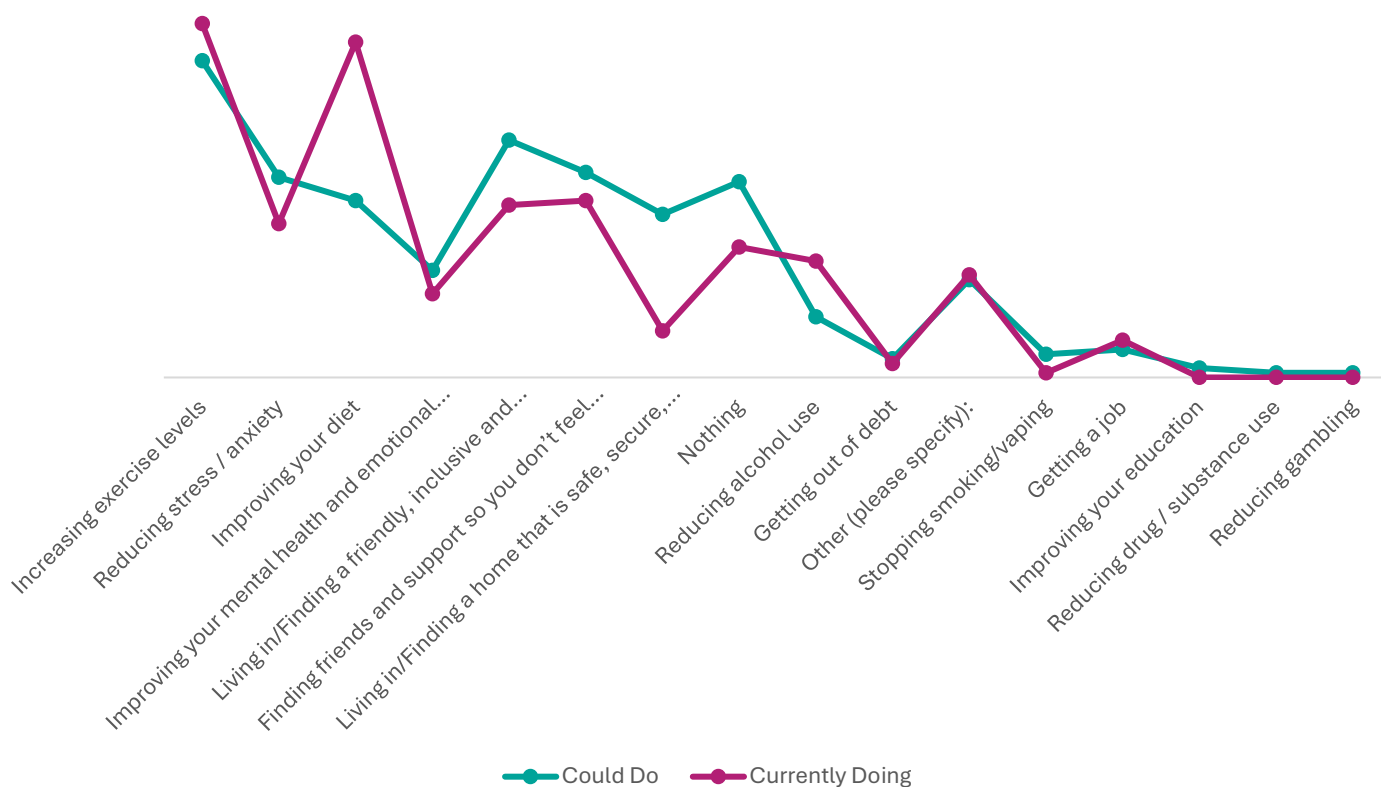
Young People (0-24 years)



	Could do	Currently doing	% Variable
Increasing exercise levels	48.1% (52)	37.1% (39)	-11.0% (-13)
Reducing stress/anxiety	60.2% (65)	36.2% (38)	-24.0% (-27)
Improving your diet	51.9% (56)	43.8% (46)	-8.1% (-10)
Improving your mental health and emotional wellbeing	63.9% (69)	34.3% (36)	-29.6% (-33)
Living in / Finding a friendly, inclusive and supportive community	27.8% (30)	15.2% (16)	-12.6% (-14)
Finding friends and support so you don't feel lonely	28.7% (31)	30.5% (32)	+1.8% (+1)
Living in / Finding a home that is safe, secure and well maintained	21.3% (23)	10.5% (11)	-10.8% (-12)
Nothing	6.5% (7)	11.4% (12)	+4.9% (+5)
Reducing alcohol use	21.3% (23)	10.5% (11)	-10.8% (-12)
Getting out of debt	17.6% (19)	7.6% (8)	-10.0% (-11)

Other (please specify)	4.6% (5)	5.7% (6)	+1.1% (+1)
Stopping smoking/vaping	27.8% (30)	9.5% (10)	-18.3% (-20)
Improving your education	24.1% (26)	41.0% (43)	+16.9% (+17)
Getting a job	26.9% (29)	29.5% (31)	+2.6% (+2)
Reducing drug / substance misuse	8.3% (9)	6.7% (7)	-1.6% (-2)
Reducing gambling	1.9% (2)	0.9% (1)	-1.0% (-1)
Response Total	108	105	/

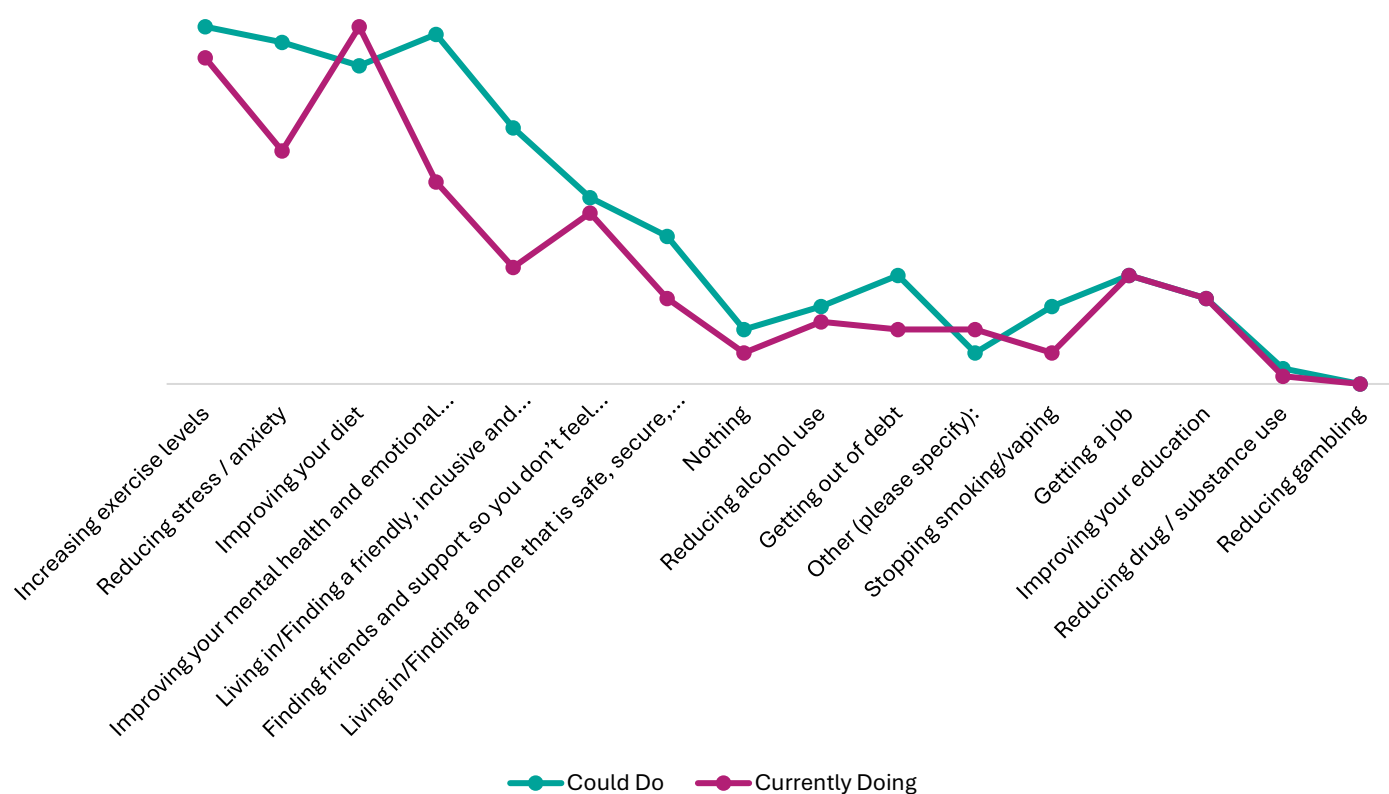
Older People (75-85+ years)



	Could do	Currently doing	% Variable
Increasing exercise levels	38.4% (68)	43.7% (76)	+5.3% (+8)
Reducing stress/anxiety	24.3% (43)	19.0% (33)	-5.3% (-10)
Improving your diet	21.5% (38)	41.4% (72)	+19.9% (+34)
Improving your mental health and emotional wellbeing	13.0% (23)	10.3% (18)	-2.7% (-5)

Living in / Finding a friendly, inclusive and supportive community	28.8% (51)	21.3% (37)	-7.5% (-14)
Finding friends and support so you don't feel lonely	24.9% (44)	21.8% (38)	-3.1% (-6)
Living in / Finding a home that is safe, secure and well maintained	19.8% (35)	5.8% (10)	-14.0% (-25)
Nothing	23.7% (42)	16.1% (28)	-7.6% (-14)
Reducing alcohol use	7.3% (13)	14.4% (25)	+7.1% (+12)
Getting out of debt	2.3% (4)	1.7% (3)	-0.6% (-1)
Other (please specify)	11.9% (21)	12.6% (22)	+0.7% (+1)
Stopping smoking/vaping	2.8% (5)	0.6% (1)	-1.6% (-4)
Improving your education	3.4% (6)	4.6% (8)	+1.2% (+2)
Getting a job	1.1% (2)	0.0% (0)	-1.1% (-2)
Reducing drug / substance misuse	0.6% (1)	0.0% (0)	-0.6% (-1)
Reducing gambling	0.6% (1)	0.0% (0)	-0.65 (-1)
Response Total	177	174	/

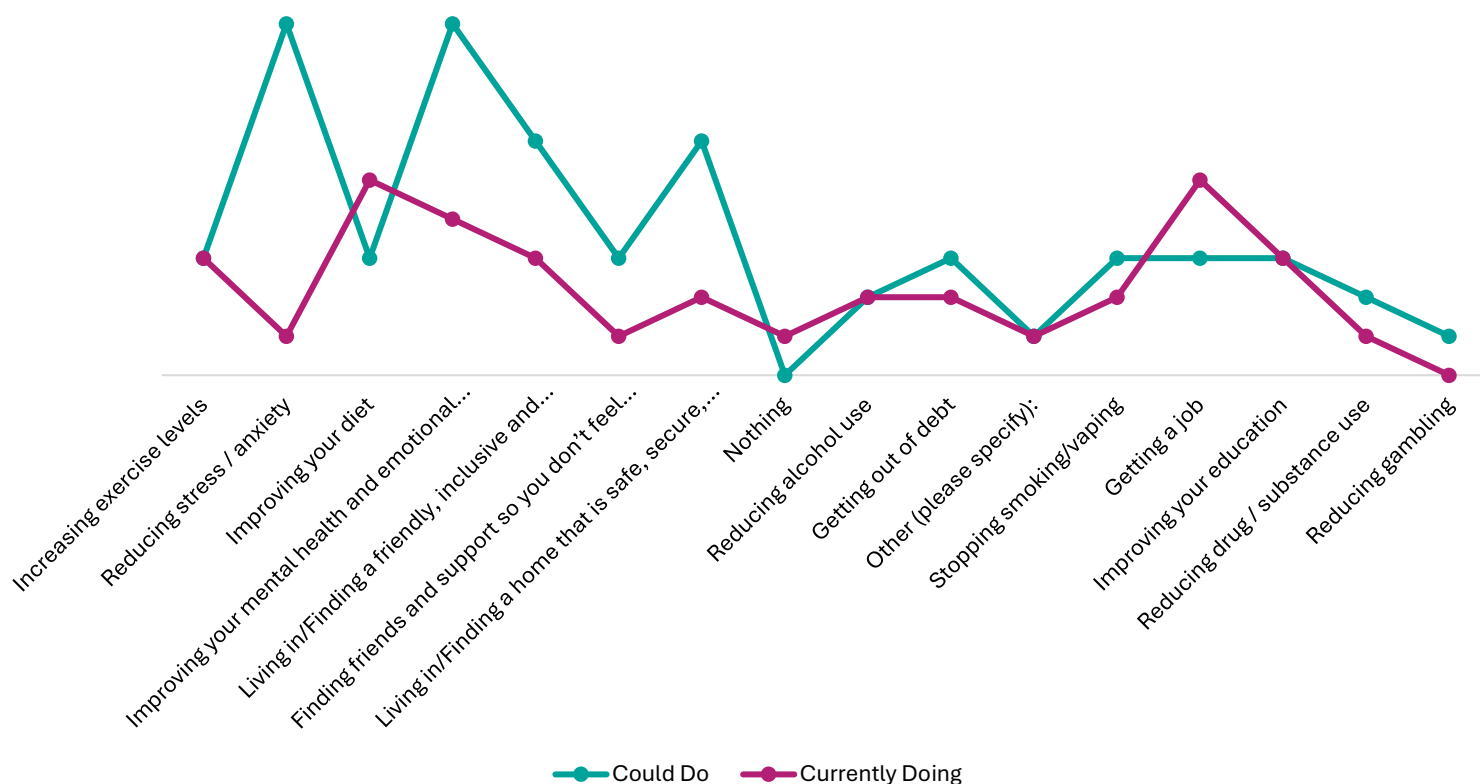
BAME



	Could do	Currently doing	% Variable
Increasing exercise levels	58.2% (46)	54.5% (42)	-3.7% (-4)
Reducing stress/anxiety	55.7% (44)	39.0% (30)	-16.7% (-14)
Improving your diet	51.9% (41)	59.7% (46)	+7.8% (+5)
Improving your mental health and emotional wellbeing	57.0% (45)	33.8% (26)	-23.2% (-19)
Living in / Finding a friendly, inclusive and supportive community	41.8% (33)	19.5% (15)	-22.3% (-18)
Finding friends and support so you don't feel lonely	30.4% (24)	28.6% (22)	-1.8% (-2)
Living in / Finding a home that is safe, secure and well maintained	24.1% (19)	14.3% (11)	-9.8% (-8)
Nothing	8.9% (7)	5.2% (4)	-3.7% (-3)
Reducing alcohol use	12.7% (10)	10.4% (8)	-2.3% (-2)
Getting out of debt	17.7% (14)	9.1% (7)	-8.6% (-7)

Other (please specify)	5.1% (4)	9.1% (7)	+4.0% (+3)
Stopping smoking/vaping	12.7% (10)	5.2% (4)	-7.5% (-6)
Improving your education	17.7% (14)	18.2% (14)	+0.5% (~)
Getting a job	13.9% (11)	14.3% (11)	+0.4% (~)
Reducing drug / substance misuse	2.5% (2)	1.3% (1)	-1.2% (-1)
Reducing gambling	0.0% (0)	0.0% (0)	~% (~)
Response Total	79	77	/

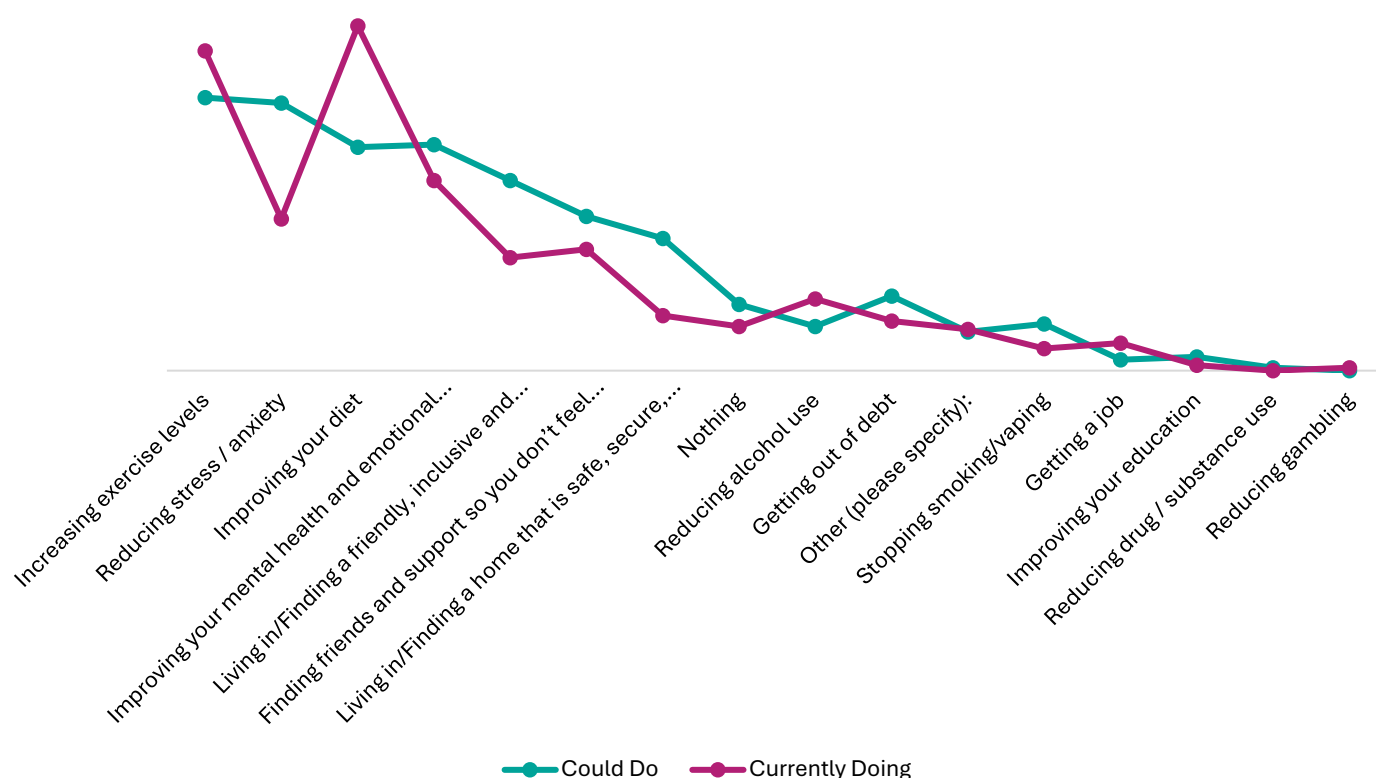
LGBTQ+



	Could do	Currently doing	% Variable
Increasing exercise levels	33.3% (3)	33.3% (3)	~% (~)
Reducing stress/anxiety	100.0% (9)	11.1% (1)	-88.9% (-8)
Improving your diet	33.3% (3)	55.6% (5)	+22.3% (+2)

Improving your mental health and emotional wellbeing	100.0% (9)	44.4% (4)	-55.6% (-5)
Living in / Finding a friendly, inclusive and supportive community	66.7% (6)	33.3% (3)	-33.4% (-3)
Finding friends and support so you don't feel lonely	33.3% (3)	11.1% (1)	-22.2% (-2)
Living in / Finding a home that is safe, secure and well maintained	66.7% (6)	22.2% (2)	-44.5% (-4)
Nothing	0.0% (0)	11.1% (1)	+11.1% (+1)
Reducing alcohol use	22.2% (2)	22.2% (2)	~% (~)
Getting out of debt	33.3% (3)	22.2% (2)	-11.1% (-1)
Other (please specify)	11.1% (1)	11.1% (1)	~% (~)
Stopping smoking/vaping	33.3% (3)	22.2% (2)	-11.1% (-1)
Improving your education	33.3% (3)	55.6% (5)	+22.3% (+2)
Getting a job	33.3% (3)	33.3% (3)	~% (~)
Reducing drug / substance misuse	22.2% (2)	11.1% (1)	-11.1% (-1)
Reducing gambling	11.1% (1)	0.0% (0)	-11.1% (-1)
Response Total	9	9	/

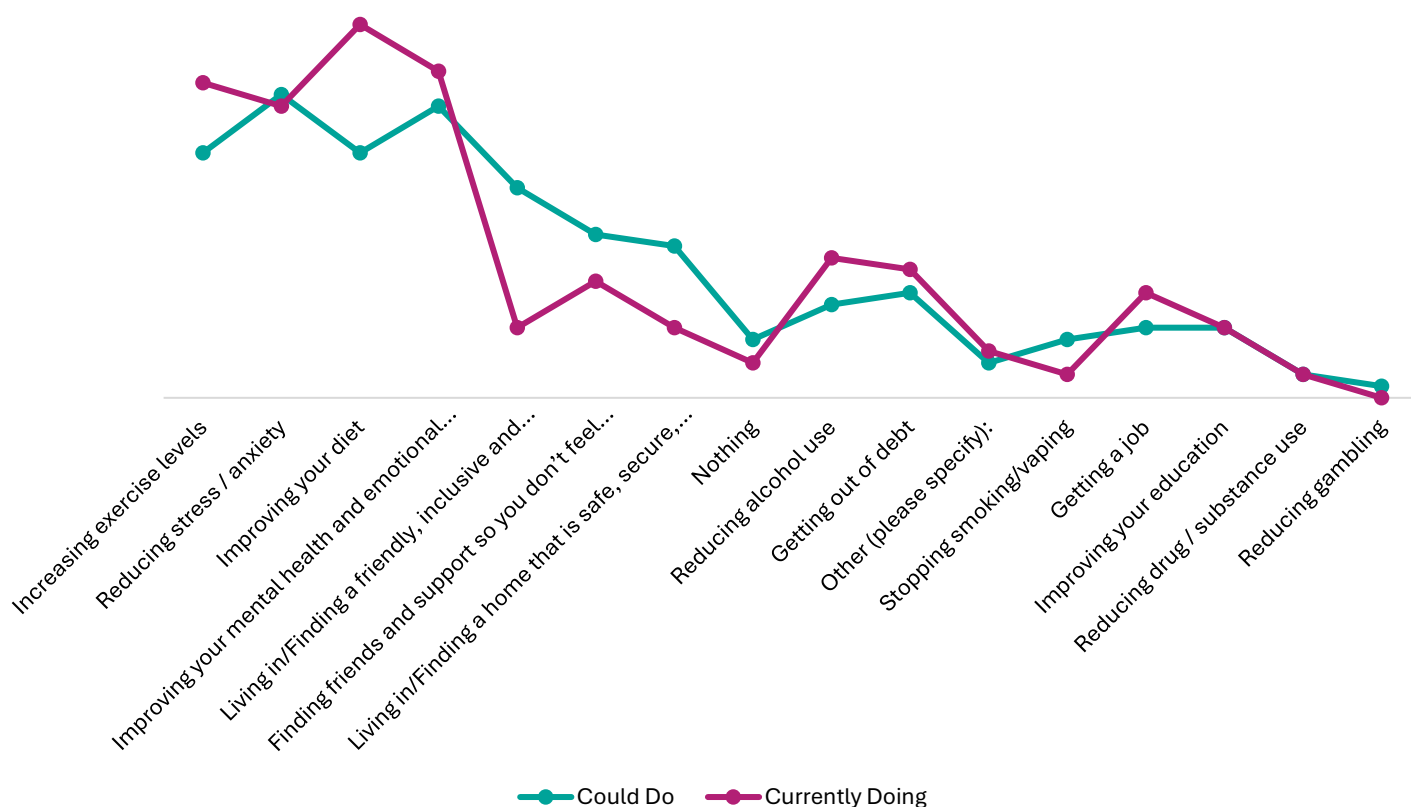
Disability



	Could do	Currently doing	% Variable
Increasing exercise levels	45.6% (99)	54.7% (116)	+9.1% (+17)
Reducing stress/anxiety	44.7% (97)	25.9% (55)	-18.8% (-42)
Improving your diet	37.3% (81)	59.0% (125)	+21.7% (+43)
Improving your mental health and emotional wellbeing	37.8% (82)	32.5% (69)	-5.3% (-13)
Living in / Finding a friendly, inclusive and supportive community	31.8% (69)	19.3% (41)	-12.5% (-28)
Finding friends and support so you don't feel lonely	25.8% (56)	20.8% (44)	-5.0% (-12)
Living in / Finding a home that is safe, secure and well maintained	22.1% (48)	9.4% (20)	-12.7% (-28)
Nothing	11.1% (24)	7.5% (16)	-3.6% (-8)
Reducing alcohol use	7.4% (16)	12.3% (26)	+4.9% (+10)
Getting out of debt	12.4% (27)	8.5% (18)	-3.9% (-9)

Other (please specify)	6.5% (14)	7.1% (15)	+0.6% (+1)
Stopping smoking/vaping	7.8% (17)	3.8% (8)	-4.0% (-9)
Improving your education	1.8% (4)	4.7% (10)	+2.9% (+6)
Getting a job	2.3% (5)	0.9% (2)	-1.4% (-3)
Reducing drug / substance misuse	0.5% (1)	0.0% (0)	-0.5% (-1)
Reducing gambling	0.0% (0)	0.5% (1)	+0.5% (+1)
Response Total	217	212	/

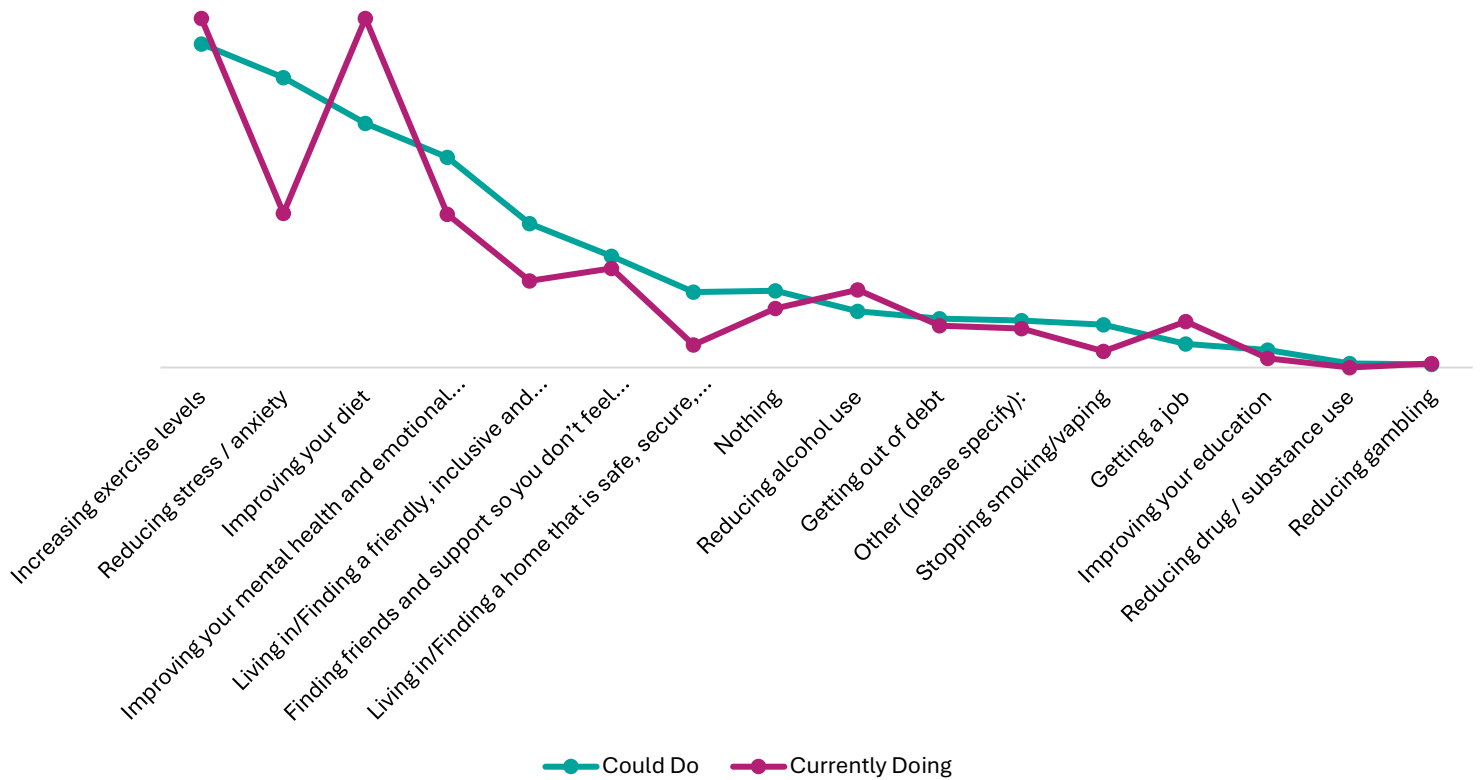
Learning Disability



	Could do	Currently doing	% Variable
Increasing exercise levels	39.6% (21)	50.9% (27)	+11.3% (+6)
Reducing stress/anxiety	49.1% (26)	47.2% (25)	-1.9% (-1)
Improving your diet	39.6% (21)	60.4% (32)	+20.8% (+11)

Improving your mental health and emotional wellbeing	47.2% (25)	52.8% (28)	+5.6% (+3)
Living in / Finding a friendly, inclusive and supportive community	34.0% (18)	11.3% (6)	-22.8% (-12)
Finding friends and support so you don't feel lonely	26.4% (14)	18.9% (10)	-7.5% (-4)
Living in / Finding a home that is safe, secure and well maintained	24.5% (13)	11.3% (6)	-13.2% (-7)
Nothing	9.4% (5)	5.7% (3)	-3.7% (-2)
Reducing alcohol use	15.1% (8)	22.6% (12)	+7.5% (+4)
Getting out of debt	17.0% (9)	20.8% (11)	+3.8% (+2)
Other (please specify)	5.7% (3)	7.5% (4)	+1.8% (+1)
Stopping smoking/vaping	9.4% (5)	3.8% (2)	-5.6% (-3)
Improving your education	11.3% (6)	17.0% (9)	+5.7% (+3)
Getting a job	11.3% (6)	11.3% (6)	~% (~)
Reducing drug / substance misuse	3.8% (2)	3.8% (2)	~% (~)
Reducing gambling	1.9% (1)	0.0% (0)	-1.9% (-1)
Response Total	53	53	/

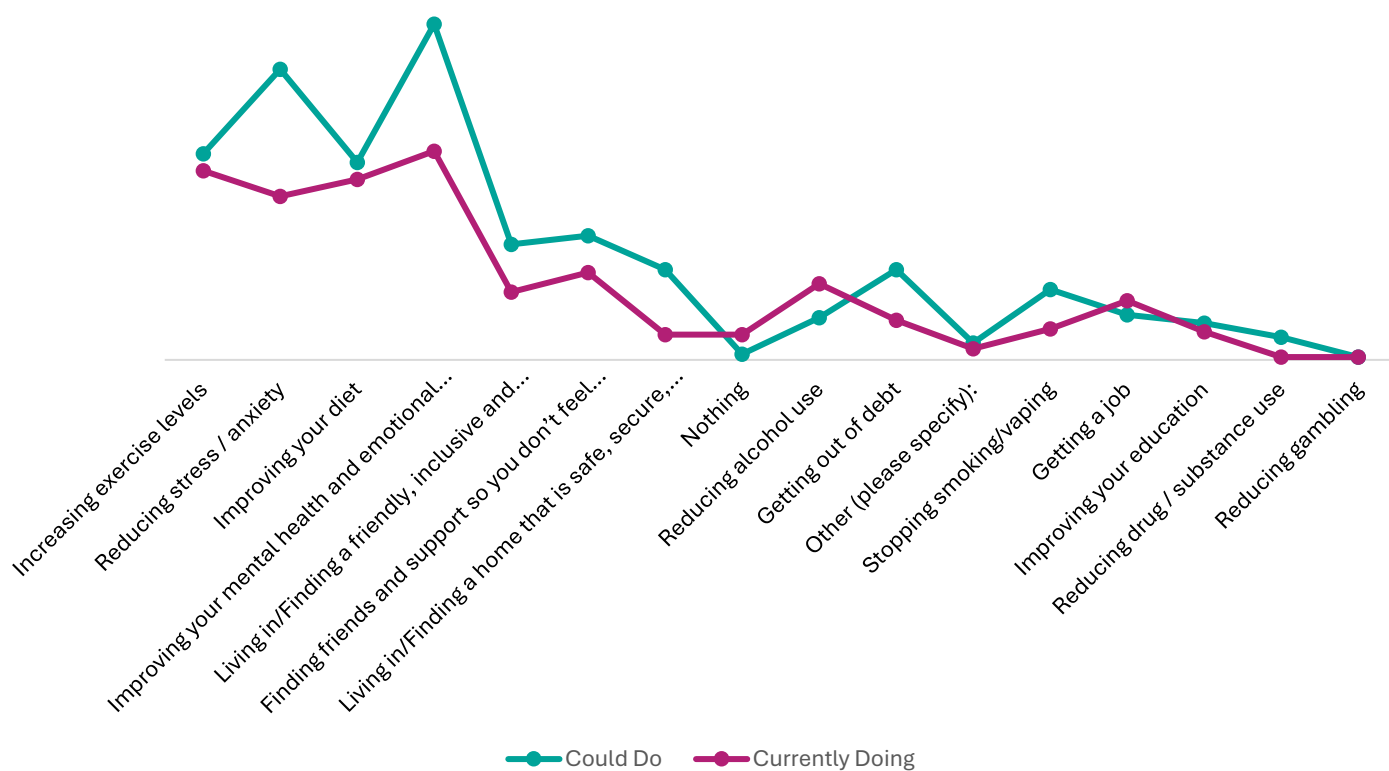
Long-Term Health Condition



	Could do	Currently doing	% Variable
Increasing exercise levels	53.5% (317)	58.1% (342)	+4.6% (+25)
Reducing stress/anxiety	47.9% (284)	25.6% (151)	-22.3% (-133)
Improving your diet	40.3% (239)	58.1% (342)	+17.8% (+103)
Improving your mental health and emotional wellbeing	34.7% (206)	25.5% (150)	-9.2% (-56)
Living in / Finding a friendly, inclusive and supportive community	23.8% (141)	14.4% (85)	-9.4% (-56)
Finding friends and support so you don't feel lonely	18.4% (109)	16.5% (97)	-1.9% (-12)
Living in / Finding a home that is safe, secure and well maintained	12.5% (74)	3.7% (22)	-8.8% (-52)
Nothing	12.7% (75)	9.8% (58)	-2.9% (-17)
Reducing alcohol use	9.3% (55)	12.9% (76)	+3.6% (+21)
Getting out of debt	8.1% (48)	7.0% (41)	-1.1% (-7)

Other (please specify)	7.8% (46)	6.5% (38)	-1.3% (-8)
Stopping smoking/vaping	7.1% (42)	2.7% (16)	-4.4% (-26)
Improving your education	3.9% (23)	7.6% (45)	+3.7% (+22)
Getting a job	2.9% (17)	1.5% (9)	-1.4% (-8)
Reducing drug / substance misuse	0.7% (4)	0.0% (0)	-0.7% (-4)
Reducing gambling	0.5% (3)	0.7% (4)	+0.2% (+1)
Response Total	593	589	/

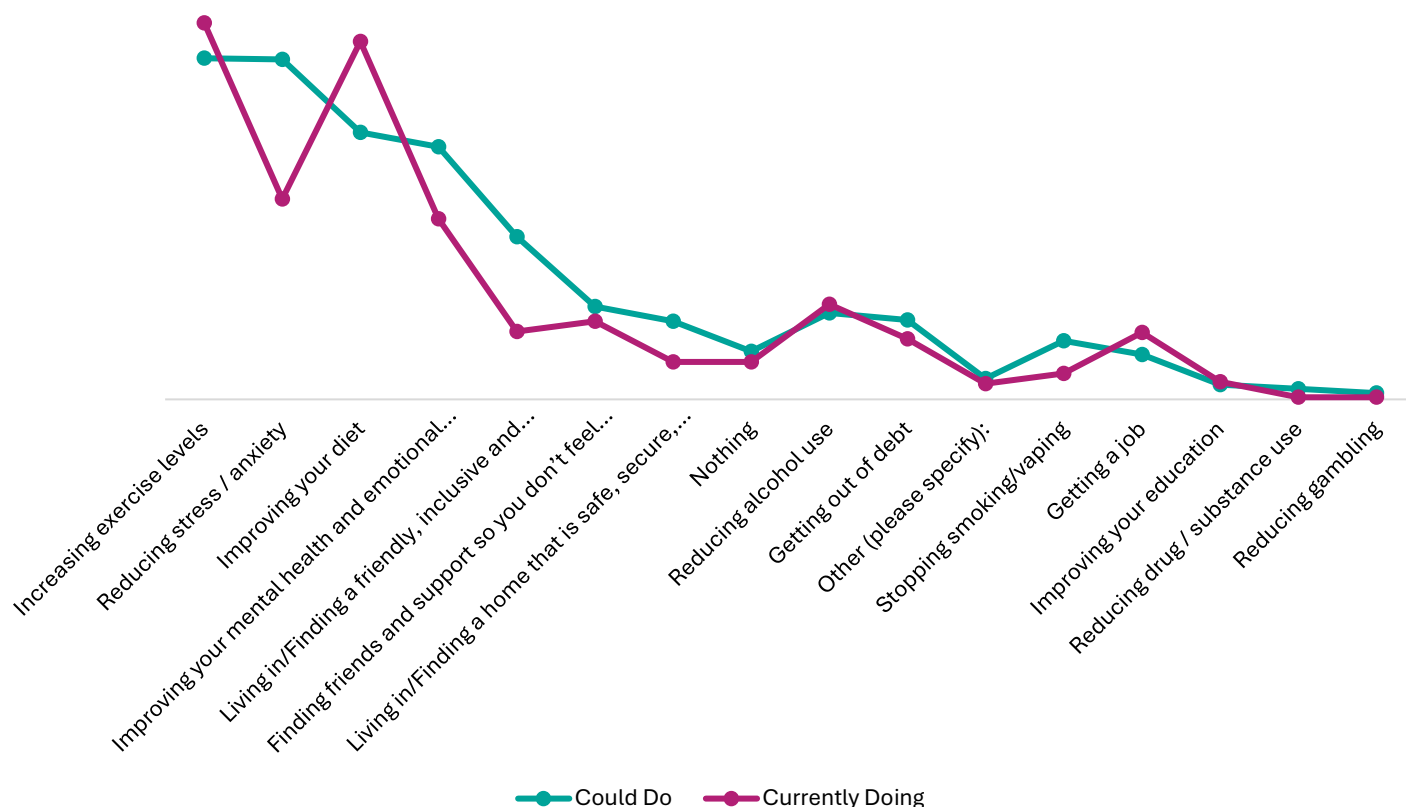
Mental Health



	Could do	Currently doing	% Variable
Increasing exercise levels	54.9% (73)	51.1% (67)	-3.8% (-6)
Reducing stress/anxiety	77.4% (103)	44.3% (58)	-33.1% (-45)
Improving your diet	52.6% (70)	48.9% (64)	-3.7% (-6)

Improving your mental health and emotional wellbeing	89.5% (119)	56.5% (74)	-33.0% (-45)
Living in / Finding a friendly, inclusive and supportive community	30.8% (41)	18.3% (24)	-12.5% (-17)
Finding friends and support so you don't feel lonely	33.1% (44)	23.7% (31)	-9.4% (-13)
Living in / Finding a home that is safe, secure and well maintained	24.1% (32)	6.9% (9)	-17.2% (-23)
Nothing	1.5% (2)	6.9% (9)	+5.4% (+7)
Reducing alcohol use	11.3% (15)	20.6% (27)	+9.3% (+12)
Getting out of debt	24.1% (32)	10.7% (14)	-13.4% (-18)
Other (please specify)	4.5% (6)	3.0% (4)	-1.5% (-2)
Stopping smoking/vaping	18.8% (25)	8.4% (11)	-10.4% (-14)
Improving your education	12.0% (16)	16.0% (21)	+4.0% (+5)
Getting a job	9.8% (13)	7.6% (10)	-2.2% (-3)
Reducing drug / substance misuse	6.0% (8)	0.8% (1)	-5.2% (-7)
Reducing gambling	0.8% (1)	0.8% (1)	~% (~)
Response Total	133	131	/

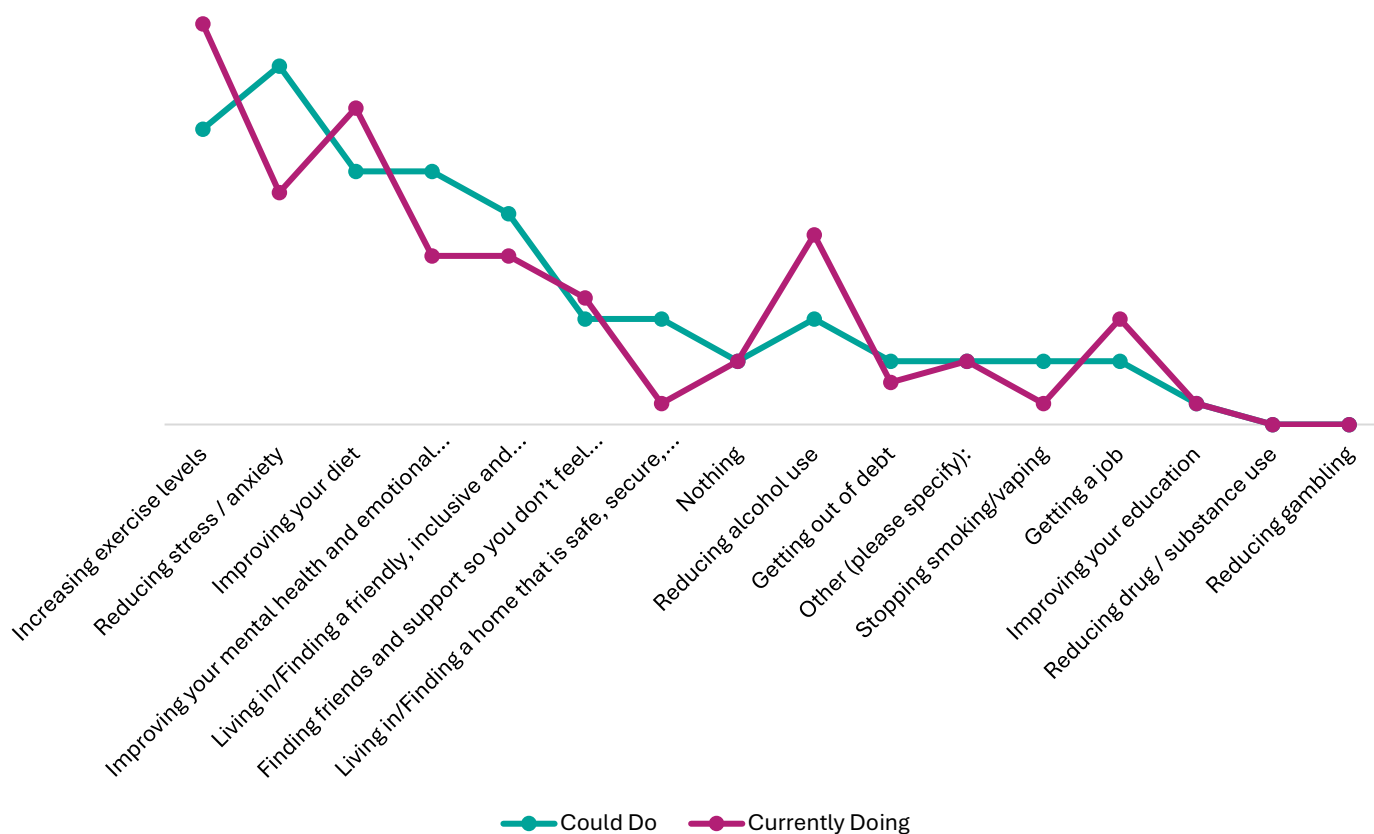
Staff



	Could do	Currently doing	% Variable
Increasing exercise levels	60.9% (327)	67.7% (361)	+6.8% (+34)
Reducing stress/anxiety	60.7% (326)	36.0% (192)	-24.7% (-134)
Improving your diet	47.7% (256)	64.3% (343)	+16.6% (+87)
Improving your mental health and emotional wellbeing	45.1% (242)	32.5% (173)	-12.6% (-69)
Living in / Finding a friendly, inclusive and supportive community	29.1% (156)	12.2% (65)	-16.9% (-91)
Finding friends and support so you don't feel lonely	16.6% (89)	14.1% (75)	-2.5% (-14)
Living in / Finding a home that is safe, secure and well maintained	14.0% (75)	6.8% (36)	-7.2% (-39)
Nothing	8.6% (46)	6.8% (36)	-1.8% (-10)
Reducing alcohol use	15.5% (83)	17.1% (91)	+1.6% (+8)

Getting out of debt	14.2% (76)	10.9% (58)	-3.3% (-18)
Other (please specify)	3.7% (20)	2.8% (15)	-0.9% (-5)
Stopping smoking/vaping	10.4% (56)	4.7% (25)	-5.7% (-31)
Improving your education	8.0% (43)	12.0% (64)	+4.0% (+21)
Getting a job	2.6% (14)	3.2% (17)	+0.6% (+3)
Reducing drug / substance misuse	1.9% (10)	0.4% (2)	-1.5% (-8)
Reducing gambling	1.1% (6)	0.4% (2)	-0.7% (-4)
Response Total	537	533	/

System Partners



	Could do	Currently doing	% Variable
Increasing exercise levels	45.2% (14)	61.3% (19)	+16.1% (+5)
Reducing stress/anxiety	54.8% (17)	35.5% (11)	-19.3% (-6)

Improving your diet	38.7% (12)	48.4% (15)	+9.7% (+3)
Improving your mental health and emotional wellbeing	38.7% (12)	25.8% (8)	-12.9% (-4)
Living in / Finding a friendly, inclusive and supportive community	32.3% (10)	25.8% (8)	-6.5% (-2)
Finding friends and support so you don't feel lonely	16.1% (5)	19.4% (6)	+3.3% (+1)
Living in / Finding a home that is safe, secure and well maintained	16.1% (5)	3.2% (1)	-12.9% (-4)
Nothing	9.7% (3)	9.7% (3)	~% (~)
Reducing alcohol use	16.1% (5)	29.0% (9)	+45.1% (+4)
Getting out of debt	9.7% (3)	6.5% (2)	-3.2% (-)
Other (please specify)	9.7% (3)	9.7% (3)	~% (~)
Stopping smoking/vaping	9.7% (3)	3.2% (1)	-6.5% (-2)
Improving your education	9.7% (3)	16.1% (5)	+6.4% (+2)
Getting a job	3.2% (1)	3.2% (1)	~% (~)
Reducing drug / substance misuse	0.0% (0)	0.0% (0)	~% (~)
Reducing gambling	0.0% (0)	0.0% (0)	~% (~)
Response Total	31	31	/

Question 11 – What stops you making positive changes that may improve your health and wellbeing (Please tick all that apply)

Answered: 2,598 Skipped: 747

	Motivations and Willpower	Time Constraints	Habitual Behaviours	Nothing stops me making positive changes	Financial Barriers	Mental Health Issues	Inconsistent Goals	Other (please specify)	Lack of Knowledge	Social Influences	Environment	Cultural Beliefs
North Yorkshire	1 st 43.8% (166)	2 nd 36.4% (138)	3 rd 29.8% (113)	4 th 26.6% (101)	5 th 21.9% (83)	6 th 20.1% (76)	8 th 8.7% (33)	7 th 9.8% (37)	9 th 6.3% (24)	11 th 4.8% (18)	10 th 5.5% (21)	12 th 0.3% (1)
York	2 nd 43.3% (77)	1 st 44.9% (80)	3 rd 35.4% (63)	6 th 19.7% (35)	4 th 27.0% (48)	5 th 21.9% (39)	8 th 11.2% (20)	7 th 11.8% (21)	9 th 7.3% (13)	11 th 5.6% (10)	9 th 7.3% (13)	12 th 0.0% (0)
Hull	1 st 50.7% (137)	2 nd 43.3% (117)	3 rd 32.2% (87)	6 th 20.0% (54)	4 th 30.7% (83)	5 th 25.9% (70)	7 th 11.8% (32)	11 th 6.7% (18)	8 th 8.2% (22)	10 th 7.0% (19)	9 th 7.8% (21)	12 th 0.4% (1)
East Riding of Yorkshire	1 st 43.5% (146)	2 nd 40.5% (136)	5 th 22.9% (77)	3 rd 26.2% (88)	4 th 24.7% (83)	6 th 21.7% (73)	7 th 8.9% (30)	7 th 8.9% (30)	9 th 5.4% (18)	9 th 5.4% (18)	11 th 4.2% (14)	12 th 0.0% (0)
North East Lincolnshire	1 st 48.4% (89)	2 nd 44.0% (81)	4 th 31.0% (57)	7 th 15.2% (28)	3 rd 33.7% (62)	4 th 31.0% (57)	6 th 16.9% (31)	10 th 8.7% (16)	8 th 12.5% (23)	9 th 9.2% (17)	11 th 6.5% (12)	12 th 1.1% (2)
North Lincolnshire	1 st 45.0% (54)	2 nd 41.7% (50)	3 rd 33.3% (40)	4 th 25.8% (31)	5 th 24.2% (29)	6 th 17.5% (21)	7 th 13.3% (16)	10 th 8.35 (10)	8 th 10.8% (13)	9 th 9.2% (11)	10 th 8.3% (10)	12 th 0.0% (0)
Female	1 st 46.5% (786)	2 nd 41.3% (697)	3 rd 29.3% (494)	6 th 22.2% (375)	4 th 24.0% (406)	5 th 22.4% (378)	7 th 11.6% (196)	8 th 9.5% (160)	9 th 6.8% (115)	10 th 6.0% (102)	11 th 5.1% (86)	12 th 0.4% (6)
Male	1 st 36.7% (191)	2 nd 35.6% (185)	3 rd 31.1% (162)	4 th 29.8% (155)	5 th 21.9% (114)	6 th 17.9% (93)	8 th 7.7% (40)	9 th 7.5% (39)	7 th 10.0% (52)	11 th 5.8% (30)	10 th 6.0% (31)	12 th 0.0% (0)
Young People (0-24)	1 st 60.4% (64)	2 nd 45.3% (48)	5 th 32.1% (34)	10 th 9.4% (10)	4 th 35.9% (38)	3 rd 38.7% (41)	7 th 20.8% (22)	11 th 2.8% (3)	6 th 24.5% (26)	8 th 16.0% (17)	9 th 12.3% (13)	11 th 2.8% (3)
Older People (75-85+)	2 nd 28.7% (50)	6 th 6.9% (12)	3 rd 19.0% (33)	1 st 53.5% (93)	6 th 6.9% (12)	5 th 7.5% (13)	9 th 4.6% (8)	4 th 12.1% (21)	8 th 5.2% (9)	10 th 2.9% (5)	11 th 0.0% (0)	11 th 0.0% (0)
BAME	2 nd 50.0% (39)	1 st 51.3% (40)	4 th 24.4% (19)	6 th 12.8% (10)	3 rd 33.3% (26)	5 th 23.1% (18)	6 th 12.8% (10)	9 th 11.5% (9)	6 th 12.8% (10)	11 th 10.3% (8)	9 th 11.5% (9)	12 th 5.1% (4)

	Motivations and Willpower	Time Constraints	Habitual Behaviours	Nothing stops me making positive changes	Financial Barriers	Mental Health Issues	Inconsistent Goals	Other (please specify)	Lack of Knowledge	Social Influences	Environment	Cultural Beliefs
LGBTQ+	3 rd 66.7% (6)	5 th 55.6% (5)	6 th 44.4% (4)	8 th 11.1% (1)	1 st 77.8% (7)	1 st 77.8% (7)	11 th 0.0% (0)	8 th 11.1% (1)	8 th 11.1% (1)	7 th 22.2% (2)	3 rd 66.7% (6)	11 th 0.0% (0)
Disability	1 st 38.0% (82)	2 nd 33.8% (73)	5 th 26.4% (57)	6 th 24.5% (53)	3 rd 31.0% (67)	4 th 27.3% (59)	8 th 9.3% (20)	7 th 10.2% (22)	9 th 7.9% (17)	11 th 6.9% (15)	10 th 7.4% (16)	12 th 0.0% (0)
Learning Disability	1 st 50.9% (27)	2 nd 49.1% (26)	3 rd 37.7% (20)	10 th 11.3% (6)	4 th 35.9% (19)	5 th 30.2% (16)	7 th 17.0% (9)	8 th 13.2% (7)	8 th 13.2% (7)	6 th 18.9% (10)	11 th 9.4% (5)	12 th 0.0% (0)
Long-Term Health Condition	1 st 44.3% (261)	2 nd 35.5% (209)	3 rd 28.7% (169)	4 th 23.9% (141)	5 th 22.4% (132)	6 th 20.2% (119)	8 th 8.8% (52)	7 th 11.2% (66)	9 th 7.3% (43)	10 th 4.4% (26)	11 th 3.9% (23)	12 th 0.0% (0)
Staff	2 nd 47.8% (257)	1 st 58.7% (316)	3 rd 34.6% (186)	6 th 16.2% (87)	4 th 28.8% (155)	5 th 19.7% (106)	7 th 14.1% (76)	9 th 6.0% (32)	10 th 4.5% (24)	11 th 4.3% (23)	8 th 8.0% (43)	12 th 0.2% (1)
System Partners	1 st 60.0% (18)	2 nd 53.3% (16)	3 rd 43.3% (13)	6 th 13.3% (4)	4 th 26.7% (8)	5 th 23.3% (7)	7 th 10.0% (3)	8 th 6.7% (2)	11 th 0.0% (0)	8 th 6.7% (2)	8 th 6.7% (2)	11 th 0.0% (0)

The NHS is everyone's story.

And you can write the next chapter.

Our NHS. The next chapter.