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| Intervention | **067. Tenotomy for curly toe deformity in children** |
| For the treatment of: | Curly toe deformity |
| Commissioning position | ​This intervention is commissioned if:   * there is skin thickening, blistering, trauma, or pressure from adjacent toes OR * pain affecting functional activities AND * the above symptoms have persisted despite conservative measures advised by a podiatrist AND * the child is aged 6 years or older |
| Summary of Rationale | Curly toes can be left if they are not causing problems and, even if symptomatic, usually until the age of 6 years before deciding to proceed with an operation. Only 1 in 10 cases of curly toes cause any trouble. |
| References | [CKS Curly toes in children (NICE)](https://cks.nice.org.uk/topics/common-musculoskeletal-presentations-in-children/management/curly-toes-in-children/)  [Royal Orthopaedic Hospital - Children's Curly Toes](https://roh.nhs.uk/services-information/foot-and-ankle/childrens-curly-toes) |
| Effective from: | January 2025 |
| Policy Review Date | January 2028 |