

**Commissioning Statement:**

<b>Intervention:</b>	Gamete harvesting and storage (Cryopreservation)
<b>For the treatment of:</b>	Harvesting and storage of viable gametes in patients undergoing NHS funded medical treatment(s) that cause infertility
<b>Background:</b>	<p>This is a formal policy on gamete harvesting and preservation for patients undergoing medical treatments that may leave them infertile.</p> <p>Cryopreservation is the process of freezing and storing sperm, oocytes and embryos so that they can potentially be used at a later date, typically in an attempt to conceive a pregnancy. The CCG has a comprehensive fertility policy available on their website which covers the commissioning of cryopreservation for routine infertility treatment.</p> <p>One circumstance which is not covered by the fertility policy is the provision of cryopreservation for an individual who is expected to undergo NHS funded medical treatment(s) that cause infertility.</p>
<b>Commissioning position:</b>	<p>NHS North Yorkshire CCG agrees to fund the harvesting and subsequent storage (cryopreservation) of viable gametes, for an initial period of 10 years, for patients undergoing NHS funded medical treatment that may leave them infertile.</p> <p>If after the initial 10 year period storage is still required, an IFR application should be made as an exceptional request, provided the patient wishes to keep their sample for potential future use. Each case will be considered on its own merit and in line with the HFEA legislation.</p> <p>Approval for harvesting and cryopreservation does not guarantee future funding of assisted conception or fertility treatment – in this instance the CCG policy for assisted conception should be applied.</p> <p>Prior to fertility preservation, the secondary care clinician at the organisation providing the fertility service must confirm:</p> <ul style="list-style-type: none"> <li>• That the planned treatment is likely to affect future fertility (and document this for the commissioner's audit purposes)</li> <li>• That the impact of the treatment on fertility has been discussed with the patient</li> <li>• That the patient is able to make an informed choice to undertake gamete harvesting and cryopreservation of semen, oocytes or embryos for an initial period of 10 years</li> <li>• That the patient is aware that funding for gamete harvesting and cryopreservation does not guarantee future funding of assisted conception treatment</li> </ul>

### **Cryopreservation in males**

In general, it is recommended that at least two semen samples are collected over a period of one week. The CCG will commission a maximum of three samples of semen; this is considered sufficient to provide future fertility.

Testicular tissue freezing is considered experimental and will not be funded.

Note: testicular sperm retrieval is commissioned by NHS England and not by the CCG.

### **Cryopreservation in Females**

The CCG will normally fund one cycle of egg retrieval, with or without fertilisation. If fewer than 10 eggs are retrieved following this first cycle of egg retrieval, then one further cycle can be offered.

Ovarian tissue storage is considered experimental and will not be funded.

### **Age**

There are no specific age limits to this policy for males or females. The decision to attempt to preserve fertility is a clinical decision.

### **Previous sterilisation**

Gamete retrieval and cryopreservation will not be funded where the patient has previously been sterilised.

### **NHS Funded Assisted Conception**

Access to NHS funded harvesting and cryopreservation will not be affected by previous attempts at assisted conception. However, funding for further assisted conception attempts will be subject to the criteria stated in the CCG's IVF policy at the time of any funding application.

### **Expectations of Providers**

Cryopreservation of gametes or embryos must meet the current legislative standards, i.e. under Human Embryo and Fertility Act 1990

The provider of the service must ensure the patient receives appropriate counselling and provides full consent. The patient and their partner must be made aware of the legal position on embryo ownership should one partner remove consent to their ongoing storage or use.

	<p>The provider of the service must ensure patients are aware of legal issues on posthumous use of gametes and embryos should they wish a partner to be able to use these should their treatment not be successful.</p> <p>Patients will need to provide annual consent for continued storage.</p> <p>The provider must ensure appropriate consent to storage is in place and that the patient understands the need for on-going consent and has outlined the purposes for which they can be used.</p> <p><b>Expectation of the Patient</b></p> <p>The patient will be responsible for ensuring the storage provider has up to date contact details. Failure to provide on-going consent may result in the destruction of stored materials.</p>
<b>Referral Guidance:</b>	<p>Exceptional cases can be referred to the CCG's Individual Funding Request Panel for prior approval.</p> <ul style="list-style-type: none"> <li>• HRW/SR GP Practices: <a href="https://ifryh.necsu.nhs.uk/">https://ifryh.necsu.nhs.uk/</a></li> <li>• HaRD GP practices: <a href="#">Referral Form</a></li> </ul>
<b>Effective From:</b>	1 July 2021
<b>Summary of evidence/ rationale:</b>	<p>Following notification of a recent legal challenge<sup>i</sup> having been brought against NHS England by the Equality and Human Rights Commission (EHRC), the CCG wishes to ensure that all patients undergoing medical treatments that may affect fertility, including transgender treatments, have the same access to gamete preservation services as patients undergoing cancer treatment.</p> <p>The challenge relates to the commissioning and provision of gamete retrieval and storage services for transgender patients. The EHRC argues that:</p> <ul style="list-style-type: none"> <li>• <i>NHS England wrongly interprets the words "Gender Identity Disorder Services" at paragraph 57, Schedule 4 of the NHS Commissioning Board and Clinical Commissioning Groups (Responsibilities and Standing Rules) Regulations 2012 ("the 2012 Regulations") as not including gamete retrieval and storage, and has thereby misdirected itself as to its obligation to provide that service to transgender patients;</i></li> <li>• <i>NHS England has unlawfully failed to exercise its power under s.2 of the National Health Service Act 2006 ("the 2006 Act"), in the light of its obligations under domestic and European equalities provisions, to provide gamete retrieval and storage to transgender patients;</i></li> </ul>

	<ul style="list-style-type: none"> <li><i>NHS England has unlawfully failed to exercise its power to issue guidance to clinical commissioning groups (“CCGs”) to discourage them from unlawfully failing to arrange for the provision of gamete retrieval and storage to transgender patients.</i></li> </ul> <p>NHS England's position is that the commissioning of gamete retrieval and storage services is appropriately the commissioning responsibility of CCGs. Responsibility for developing clinical commissioning policy in this area extends as much to trans patients as it does to patients, for example, undergoing chemotherapy. When formulating clinical commissioning policy in this, and indeed all areas of commissioning responsibility, CCGs are under a number of legal duties including the Public Sector Equality Duty. NHS England's position is that no additional statutory guidance on this issue is required.</p> <p>NHS England advised CCGs: ‘in light of this challenge, [CCGs] may wish to review any commissioning policies ... in place in this area and how they apply to different groups of patients.</p>
<b>Date:</b>	May 2020
<b>Review Date:</b>	July 2023
<b>Contact:</b>	Dr Christopher Ives, Governing Body GP

#### Additional Information/References:

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- i NHS England CCG Bulletin - Issue 247 - 25 October 2018, Review of clinical commissioning policies for gamete retrieval and preservation
  - NICE ([CG156 Fertility Problems: assessment and management](#))
  - Human Fertilisation and Embryology Act (1990) guidelines <https://www.hfea.gov.uk/>
  - Human Tissue Authority guidelines <https://www.hta.gov.uk/>
  - Leeds CCG Gynaecology and Urology Commissioning [Policy](#)

**Access to Infertility Treatment –  
Commissioning Policy Document  
Yorkshire and Humber**

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**Adopted by  
North Yorkshire CCG  
1 July 2021 – July 2023**

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11.1	Suzanne Savage	Adopted by North Yorkshire CCG	01.07.21
14	Bobbi Phillips	Clarification to section 5.5 regarding abandoned cycles and further cycles as recommended by the Yorkshire and Humber Expert Fertility Panel	XXXX

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## Commissioning Policy Statement:

### Commissioning

This document represents the commissioning policy of North Yorkshire CCG for the clinical pathway which provides access to specialist fertility services. This commissioning policy has been developed in partnership with the Yorkshire and Humber Expert Fertility Panel. It is intended to provide a framework for the commissioning of services for those couples who are infertile and require infertility interventions.

The policy was developed jointly by Clinical Commissioning Groups in the Yorkshire and Humber area and provides a common view of the clinical pathway and criteria for commissioning services which have been adopted by North Yorkshire CCG.

### Funding

The policy on funding of specialist fertility services for individual patients is a policy of North Yorkshire CCG and is not part of the shared policy set out in the rest of this document. The number of full IVF cycles currently funded by the North Yorkshire CCG for patients who meet the access criteria set out in the shared policy is one. This is unchanged from the previous funding policy in March 2016. This policy will be updated in accordance with the review period of the policy or earlier should sufficient changes in practice or evidence base require it.

### Immigration Health Surcharge; Right to Assisted Conception Services

Amendments to the NHS (Charges to Overseas Visitors) Regulations 2015 were introduced into Parliament on 19 July 2017. As a result, from 21 August 2017, assisted conception services are no longer included in the scope of services.

However, the October 2019 Guidance on Implementing Overseas Visitors Regulations says that: 'Where two people are seeking assisted conception services with NHS funding, and one of the two people is covered by health surcharge arrangements and the other is ordinarily resident in the UK and therefore not subject to charge, the services required by the health surcharge payer will be chargeable. Any services required by the ordinarily resident person will continue to be freely available, subject to the established local or national commissioning arrangements'.

Our eligibility criteria for access to assisted conception services relates to couples rather than individuals. Therefore in light of this guidance, to enable the ordinarily resident person to have freely available access to services, where at least one partner is eligible for these services, the couple will be considered as eligible for services.

## Working group membership and Conflicts of Interest

See appendices E and F

### For Further Information about this policy.

Please contact your local Clinical Commissioning Group. <https://www.northyorkshireccg.nhs.uk/>

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## 1. Aim of Paper

- 1.1 This document represents the commissioning policy for specialist fertility services for adults registered with a Clinical Commissioning Group (CCG) in the Yorkshire and Humber region.
- 1.2 The policy aims to ensure that those most in need in keeping with current eligibility, are able to benefit from NHS funded treatment and are given equitable access to specialist fertility services across the Yorkshire and Humber Area, by identifying the clinical care pathway and relevant access criteria.

## 2. Background

- 2.1 On April 1<sup>st</sup>, 2013 Clinical Commissioning Groups (CCGs) across the Yorkshire and the Humber regions adopted the existing Yorkshire and the Humber Fertility policy<sup>1</sup>. In February 2013 NICE published revised guidance<sup>2</sup> which was reviewed and updated in 2016.
- 2.2 CCGs across the Yorkshire and the Humber agreed to work collaboratively to update the existing policy in light of the new NICE guidance and changing commissioning landscape.
- 2.3 In this policy document infertility is defined as:

### ***Definition of Infertility:***

*The inability to conceive through regular sexual intercourse for a period of 2 years in the absence of known reproductive pathology, or less than 2 years if there is specific reproductive pathology identified.*

*Where attempting to conceive by regular sexual intercourse is not possible (for example for people with a physical disability, people with psychosexual disorders or transgender and same sex couples) this will be considered as inability to conceive for the purposes of this policy.*

- 2.4 Fertility problems are common in the UK and it is estimated that they affect 1 in 7 couples with 80% of couples in the general population conceiving within 1 year, if:
  - The woman is aged under 40 years and
  - They do not use contraception and have regular sexual intercourse (NICE 2013)Of those who do not conceive in the first year about half will do so in the second year (cumulative pregnancy rate is 90%).

The remaining 10% of couples will be unable to conceive without medical intervention and are therefore considered infertile.
- 2.5 In 25% of infertility cases, the cause cannot be identified. However, it is thought that in the remaining couples about 30% of cases are due to the male partner being unable to produce or ejaculate sufficient normal sperm, 30% are due to problems found with the female partner such as failure to ovulate or blockage to the passage of the eggs, and 10% are due to problems with both partners.

- 2.6 The most recent DH costing tool estimates that there are 98 attendances at a fertility clinic for every 10,000 head of population. In Yorkshire and the Humber, this could range between 4000 and 5000 attendances per year which would result in approximately 1450 couples likely to be assessed as eligible for IVF treatment.
- 2.7 Specialist fertility services include IUI, ICSI and IVF. They may also include the provision of donor sperm and donor eggs. The majority of treatment in the UK is statutorily regulated by the Human Fertility and Embryo Authority (HFEA)<sup>3</sup>. All specialist providers of fertility services must be licensed with the HFEA in order to be commissioned under this policy.
- 2.8 NICE Clinical Guidelines 156 (2013) covering infertility recommends that:

Up to three full cycles of IVF will be offered to eligible couples where the woman is aged between 18 and 39 and 1 cycle for eligible couples where the woman is aged 40 - 42.

North Yorkshire CCG will fund *one* cycle of IVF treatment. Where an individual feels that they have exceptional circumstances that would merit consideration of an additional cycle being funded by the NHS they should speak to their doctor about submitting an individual funding request to their local CCG.

- 2.9 In addition to commissioning effective healthcare, CCGs are required to ensure that resources are allocated equitably to address the health needs of the population. Therefore CCGs' will need to exercise discretion as to the number of cycles of IVF that they will fund up to the maximum recommended by NICE.

### 3. Clinical Effectiveness

It is considered to be clinically effective by NICE to offer up to 3 stimulated cycles of IVF treatment to couples where the woman is aged between 18 – 39 and 1 cycle where the woman is aged between 40 – 42 and who have an identified cause for their infertility or who have infertility of at least 2 years duration.

### 4. Cost Effectiveness

- 4.1 Evidence shows (NICE 2013) that as the woman gets older the chances of successful pregnancy following IVF treatment falls. In light of this, NICE has recommended that the most cost effective treatment is for women aged 18 – 42 who have known or unknown fertility problems.
- 4.2 As research within this field is fast moving, new interventions and new evidence needs to be considered on an on-going basis to inform commissioning decisions.

<sup>1</sup> Yorkshire and the Humber Commissioning Policy for Fertility Services, 2010.

<sup>2</sup> Fertility: Assessment and treatment for people with fertility problems 2012, NICE Clinical Guideline 156.

<sup>3</sup> <https://www.hfea.gov.uk/>

#### 4.3 **Risks**

Fertility treatment is not without risks. A summary of potential risks is outlined below:

##### **Risks**

- There are risks of multiple pregnancies during fertility treatment, which is associated with a higher morbidity and mortality rate for mothers and babies.
- Women who undergo fertility treatment are at slightly higher risk of ectopic pregnancy.
- Ovarian hyper stimulation, which is a potentially fatal condition, is also a risk. The exact incidence of this has not been determined but the suggested number is between 0.2 – 1% of all assisted reproductive cycles.
- Current research shows no cause for concern about the health of children born as the result of assisted reproduction.
- A possible association between ovulation induction therapy and ovarian cancer in women who have undergone treatment is uncertain.
- Further research is needed to assess the long-term effects of ovulation induction agents.

### **5 Description of the Treatment**

#### **5.1 Principles of Care**

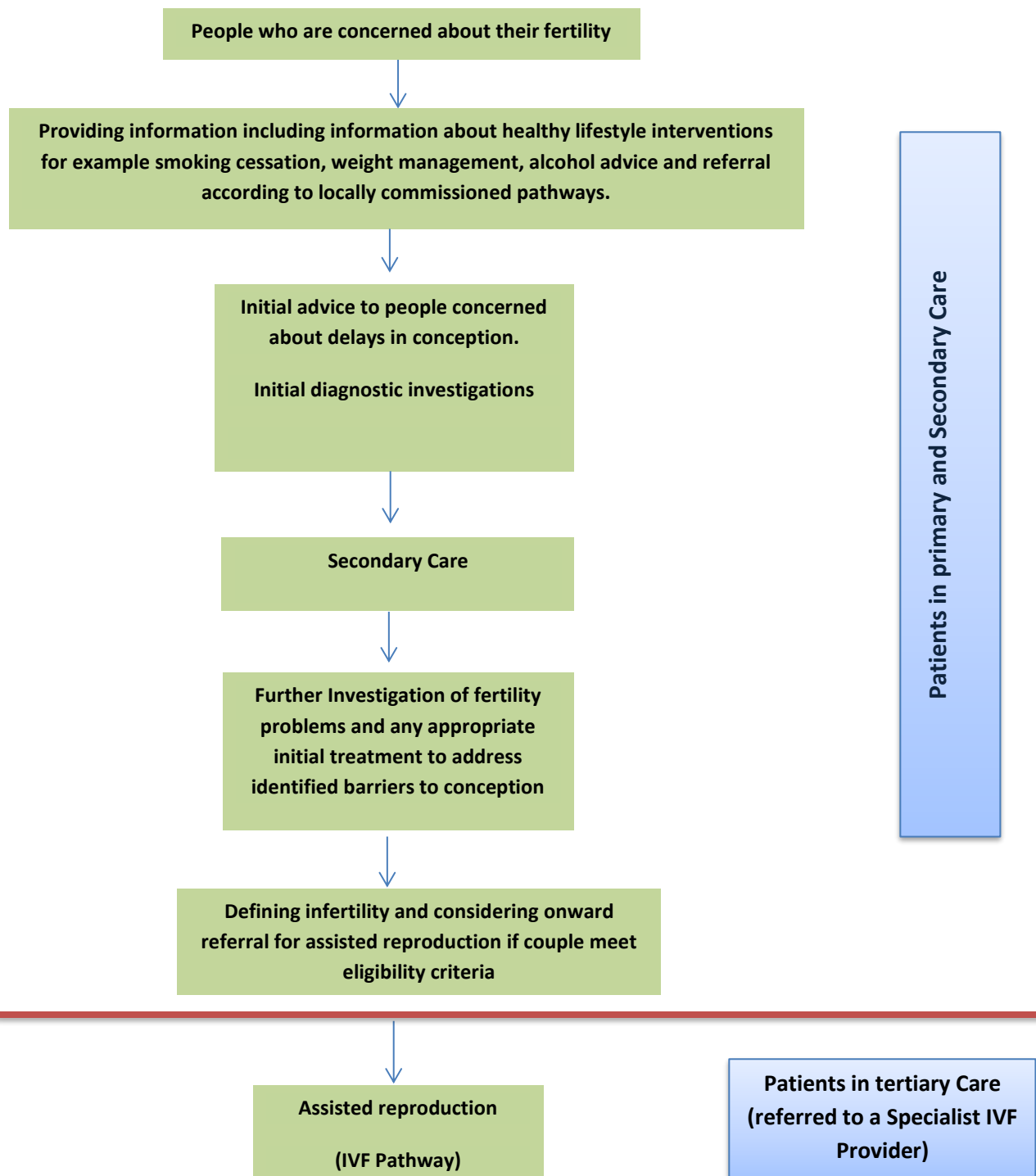
- 5.1.1 Couples who experience problems in conceiving should be seen together because both partners are affected by decisions surrounding investigation and treatment.
- 5.1.2 People should have the opportunity to make informed decisions regarding their care and treatment via access to evidence-based information. These choices should be recognised as an integral part of the decision-making process.

Information should be provided in the following formats:

- Face to face discussions with couples
- Written information and advice
- Culturally sensitive
- Sensitive to those with additional needs e.g. physical or cognitive, or those for whom English is not their first language.

- 5.1.3 As infertility and infertility treatments have a number of psychosocial effects on couples, access to psychological support prior to and during treatment should be considered as integral to the care pathway.

## 5.2 The Care Pathway for fertility investigation and referral (fig, 1)



The Care pathway for fertility investigation and referral will take account of NICE guidance.

5.2.1 Treatment for infertility problems may include counselling, lifestyle advice, drug treatments, surgery and assisted conception techniques such as IVF.

- Providers of specialist fertility services are expected to deliver appropriate interventions to support lifestyle behaviour changes which are likely to have a positive impact on the outcome of assisted conception techniques and resulting pregnancies. Recommendations covering screening, brief advice and onward referral are outlined in NICE Public Health Guidance (PH49) and, specifically in relation to fertility and pre-conception, smoking (PH 26, PH48), weight management (PH27, PH53), healthy eating and physical activity (PH11, NG7) and alcohol (PH24).
- Use any appointment or meeting as an opportunity to ask women and their partners about their general lifestyle including smoking, alcohol consumption, and physical activity and eating habits. If they practice unhealthy behaviours, explain how health services can support people to change behaviour and sustain a healthy lifestyle.
- Offer those who would benefit from this, a referral to local wellbeing services and/or locally commissioned lifestyle services. For those that are unable or do not want to attend support services direct them to appropriate self-help information such as the national 'One You' website or local websites.
- Record this in the hand-held record or accepted local equivalent.

The care pathway (fig 1) begins in primary care, where the first stage of treatment is general lifestyle advice and support to increase a couple's chances of conception without the need for medical intervention.

If primary care interventions are not effective, initial assessment such as semen analysis will take place. Following these initial diagnostics, it may be appropriate for the couple to be referred to secondary care services where further investigation and potential treatments will be carried out, such as hormonal therapies to stimulate ovulation. It may be appropriate at this stage for the primary care clinician to consider and discuss the care pathway and potential eligibility for IVF. It may also be appropriate for healthy lifestyle interventions to be further discussed.

If secondary care interventions are not successful and the couple fulfils the eligibility criteria in section 6.0, they may then be referred through to specialist care for assessment for assisted conception techniques, such as IVF, DI, IUI, and ICSI.

5.2.2 IVF involves:

- Controlled ovarian stimulation
- Monitoring the development of the eggs in the ovary
- Ultrasound guided egg collection from the ovary
- Processing of sperm
- Production of a fertilized embryo from sperm and egg cells in the laboratory
- Culture of embryos to blastocyst (*if clinically appropriate*)
- Single embryo transfer (subject to multiple birth minimisation policy)

- Use of progesterone to make the uterus receptive to implantation
- Transfer of selected embryos and freezing of those suitable but not transferred

The panel will review annually, following the HFEA<sup>4</sup> annual review via their traffic light report, any other emerging technologies which may then need consideration for incorporation in this policy.

### 5.3 Definition of a Full Cycle

Full cycle is the term used to define a full IVF treatment; it should include one episode of ovarian stimulation and the transfer of any resultant fresh and frozen embryo(s) (NICE 2013). Or

The definition of a single full treatment cycle is the replacement of a fresh embryo and subsequent sequential replacement of all frozen embryos derived from the cycle until pregnancy is successful or harvested embryos have been exhausted.

Adherence in this way to the NICE guidelines would encourage and not disadvantage patients agreeing to single embryo transfer.

### 5.4 Frozen Embryo

Embryos that are not used during the fresh transfer should be quality graded using the UK NEQAS embryo morphology scheme and may be frozen for subsequent use within the cycle.

All stored and viable embryos should be used before a new cycle commences. This includes embryos resulting from previously self-funded cycles.

### 5.5 Abandoned Cycles

An abandoned IVF/ICSI cycle is defined as the failure of egg retrieval, usually due to lack of response (where less than three mature follicles are present) or excessive response to gonadotrophins; failure of fertilisation and failure of cleavage of embryos. Beyond this stage, a cycle will be counted as complete whether or not a transfer is attempted.

One abandoned cycle should not affect the couple's entitlement to further IVF/ICSI (up to the maximum number of cycles provided by their CCG), providing that additional cycles are clinically appropriate. Further cycles will not be offered after a second abandoned cycle, but the clinician may submit an Individual Funding Request if there are exceptional circumstances.

### 5.6 IUI and DI

IUI and DI are separate from IVF treatment; however, the couple may then access IVF treatment if appropriate.

- 5.6.1 People with physical disabilities, psychosexual problems, or other specific conditions with infertility (as defined in section 2.3 Definition of Infertility):

<sup>4</sup> <https://www.hfea.gov.uk/>

Where a medical condition exists, such as physical disability up to 6 cycles of IUI may be funded, followed by further assisted conception if required. In some circumstances, IUI may be impractical and so is not a requirement for further fertility treatment.

**5.6.2 IUI and DI in same-sex relationships:**

Up to 6 cycles of IUI will be funded as a treatment option for people in same-sex relationships, followed by further assisted conception if required.

**5.6.3 People with unexplained infertility, mild endometriosis or mild male factor infertility, who are having regular unprotected sexual intercourse:**

IUI either with or without ovarian stimulation will not be funded routinely (exceptional circumstances may include, for example, when people have social, cultural or religious objections to IVF), instead couples should try to conceive for a total of 2 years (this can include up to 1 year before their fertility investigations) before IVF will be considered, in keeping with current NICE guidance.

**5.6.4 Gonadotrophin Therapy - for women with anovulatory infertility, ovulation induction with gonadotrophin therapy should be funded for up to 6 cycles, with or without IUI depending on the circumstances of the couple.**

**5.6.5 Donor Gametes including azoospermia:**

Patients who require donor gametes will be placed on the waiting list for an initial period of 3 years, after which they will be reviewed to assess whether the fertility policy eligibility criteria is still met. If it is anticipated that there will be difficulty finding a suitable donor exceptionality would need to be considered. At this point consideration may need to be given to sourcing from alternative providers via IFR.

### **Donor Sperm**

Where clinically indicated up to six cycles of donor insemination will be offered. This is dependent on the availability of donor sperm which is currently limited in the UK.

The cost of donor sperm is included in the funding of treatment for which it is required, to be commissioned in accordance with this policy and the funding policy of the CCG.

### **Donor Eggs**

Patients eligible for treatment with donor eggs, in line with NICE recommendations, will be placed on the waiting list for treatment with donor eggs. Unfortunately, the availability of donor eggs remains severely limited in the UK. There is, therefore, no guarantee that eligible patients will be able to proceed with treatment.

## **5.7 Gametes and Embryo Storage**

The cost of egg and sperm storage will be included in the funding of treatment for which it is required, to be commissioned in accordance with this policy and the funding policy of the CCG. Storage will be funded by the CCG for a maximum of 3 years or until 6 months post successful live birth, whichever is the shorter. This will be explained by the provider prior to the commencement of treatment. Following this period continued storage may be self-funded.

Any embryos frozen prior to implementation of this policy will be funded by the CCG to remain frozen for a maximum period of 3 years from the date of policy adoption.  
Any embryo storage funded privately prior to the implementation of this policy will remain privately funded.

#### **5.8 HIV/HEP B/ HEP C**

People undergoing IVF treatment should be offered testing for HIV, hepatitis B and hepatitis C (NICE 2013).

People found to test positive for one or more of HIV, hepatitis B, or hepatitis C should be offered specialist advice and counselling and appropriate clinical management (NICE 2013).

#### **5.9 Surrogacy**

Any costs associated with use of a surrogacy arrangement will not be covered by funding from CCGs. We will, however, fund provision of fertility treatment (IVF treatment and storage) to identified (fertile) surrogates, where this is the most suitable treatment for a couple's infertility problem and the couple meets the eligibility criteria for specialist fertility services set out in this policy.

#### **5.10 Single Embryo Transfer**

Please refer to 5.3 for the definition of a full cycle.

Multiple births are associated with greater risk to mothers and children and the HFEA<sup>5</sup> therefore recommends that steps are taken by providers to minimize them. This is currently achieved by only transferring a single embryo for couples who are at high risk.

We support the HFEA guidance on single embryo transfer and will be performance monitoring all specialist providers to ensure that HFEA targets are met. All providers are required to have a multiple births minimisation strategy. The target for multiple births should now be an upper limit of 10% of all pregnancies.

We commission ultrasound guided embryo transfer in line with NICE Fertility Guideline.

#### **5.11 Counselling and Psychological Support**

As infertility and infertility treatment has a number of negative psychosocial effects, access to counselling and psychological support should be offered to the couple prior to and during treatment.

#### **5.12 Sperm washing and pre-implantation diagnosis**

Sperm washing and pre-implantation genetic diagnosis are not treatments for infertility and fall outside the scope of this policy. Prior approval is required.

#### **5.13 Service Providers**

Providers of fertility treatment must be HFEA registered and comply with any service specification drawn up by Yorkshire and the Humber Clinical Commissioning Groups.

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<sup>5</sup> <https://www.hfea.gov.uk/>



## **6.0 Eligibility Criteria for Treatment**

### **6.1 Application of Eligibility Criteria**

Eligibility criteria should apply at the point at which patients are referred to specialist care (with the exception of 6.10, which should be undertaken within specialist care). Couples must meet the definition of infertility as described in section 2.3.

### **6.2 Overarching Principles**

6.2.1 All clinically appropriate individuals/couples are entitled to medical advice and investigation. Couples may be referred to a secondary care clinic for further investigation.

6.2.2 Assisted conception is only funded for those couples who meet the eligibility criteria.

6.2.3. Treatment limits are per couple and per individual. Referrals should be as a couple and include demographic information for both partners in heterosexual and same-sex couples.

### **6.3 Existing Children**

Neither partner should have any living children (this includes adopted children but not fostered) from that or any previous relationship.

### **6.4 Female Age**

Age as a criterion for access to fertility treatments is applied in line with the NICE Clinical Guideline on Fertility which is based on a comprehensive review of the relationship between age and the clinical effectiveness of fertility treatment.

The woman intending to become pregnant must be between the ages of 18 – 42 years. No new cycle should start after the woman's 43<sup>rd</sup> birthday. Referrers should be mindful of the woman's age at the point of referral and the age limit for new cycles.

Women aged 40–42 years who meet the eligibility criteria for infertility in Section 2.3, will receive 1 full cycle of IVF, with or without ICSI, provided the following criteria are fulfilled:

- they have never previously had IVF treatment and there is no evidence of low ovarian reserve (defined as FSH 9 IU/l or more (using Leeds assay); OR antral follicle count of 4 or less; OR AMH of 5 pmol/l or less
- there has been a discussion of the additional implications of IVF and pregnancy at this age
- where investigations show there is no chance of pregnancy with expectant management and where IVF is the only effective treatment, women aged between 40-42 should be referred directly to a specialist team for IVF treatment

## **6.5 Pre – Referral Requirement for Specialist Care**

### **6.5.1 Female BMI**

The female patient's BMI should be between 19 and 30 prior to referral to specialist services. Patients with a higher BMI should be referred for healthy lifestyle interventions including weight management advice. Patients should not be re-referred to specialist services until their BMI is within the recommended range.

### **6.5.2 Smoking Status**

GP should discuss smoking with couples prior to referral to secondary care, support their efforts in stopping smoking by referring to a smoking cessation programme.

People should be informed that maternal and paternal smoking can adversely affect the success rates of assisted reproduction procedures, including IVF treatment.

## **6.6 Reversal of Sterilisation**

We will not fund IVF treatment for patients who have been sterilised or have unsuccessfully undergone reversal of sterilisation.

## **6.7 Previous Cycles**

Previous cycles whether self-funded or NHS funded will be taken into consideration when assessing a couple's ability to benefit from treatment and will count towards the total number of cycles that may be offered by the NHS. This includes where either person has had a previous cycle with a previous partner.

## **6.8 Length of Relationship**

The stability of the relationship is very important with regards to the welfare of children; as such couples must have been in a stable relationship for a minimum of 2 years and currently co-habiting to be entitled to treatment.

## **6.9 Welfare of the child**

HFEA guidance concerning the welfare of the child should be followed.

## Appendix, A

### Abbreviations

<b>Abbreviations used</b>	
<b>BMI</b>	<b>Body Mass Index</b>
<b>DI</b>	<b>Donor Insemination</b>
<b>GP</b>	<b>General Practitioner</b>
<b>HFEA</b>	<b>Human Fertilisation and Embryology Authority</b>
<b>ICSI</b>	<b>Intracytoplasmic sperm injection</b>
<b>IUI</b>	<b>Intra-uterine insemination</b>
<b>IVF</b>	<b>In vitro fertilisation</b>
<b>NICE</b>	<b>National Institute of Clinical Excellence</b>
<b>CCG</b>	<b>Clinical Commissioning Group</b>

## Appendix, B

### Contents

Term	Definition	Further information
<b>BMI</b>	The healthy weight range is based on a measurement known as the Body Mass Index (BMI). This can be determined if you know your weight and your height. This is calculated as your weight in kilograms divided by the square of your height in metres. In England, people with a body mass index between 25 and 30 are categorised as overweight, and those with an index above 30 are categorised as obese.	BBC Healthy Living <a href="http://www.bbc.co.uk">http://www.bbc.co.uk</a> NHS <a href="http://www.nhs.uk">http://www.nhs.uk</a>
<b>ICSI</b>	<b>Intra Cytoplasmic Sperm Injection (ICSI):</b> Where a single sperm is directly injected into the egg.	Glossary, HFEA <a href="http://www.hfea.gov.uk">http://www.hfea.gov.uk</a>
<b>IUI</b>	<b>Intra Uterine Insemination (IUI):</b> Insemination of sperm into the uterus of a woman.	As above
<b>IVF</b>	<b>In Vitro Fertilisation (IVF):</b> Patient's eggs and her partner's sperm are collected and mixed together in a laboratory to achieve fertilisation outside the body. The embryos produced may then be transferred into the female patient.	As above
<b>DI</b>	<b>Donor Insemination (DI):</b> The introduction of donor sperm into the vagina, the cervix or womb itself.	As above

## Appendix C, Equality Impact Assessment

<b>Title of policy</b>	Fertility Policy	
<b>Names and roles of people completing the assessment</b>	Philippa Doyle Hempsons Solicitors	
<b>Date of Assessment from – to</b> Review date	Aug 2018 Nov 2019	Feb 2021 April 2023

### 1. Outline

<b>Give a brief summary of the policy</b>	The purpose of the commissioning policy is to enable officers of the relevant CCG to exercise their responsibilities properly and transparently in relation to commissioned treatments including individual funding requests, and to provide advice to general practitioners, clinicians, patients and members of the public about the fertility policy. Implementing the policy ensures that commissioning decisions are consistent and not taken in an ad-hoc manner without due regard to equitable access and good governance arrangements. Decisions are based on best evidence but made within the funding allocation of the CCGs. This policy relates to requests for specialist fertility treatment.
<b>What outcomes do you want to achieve</b>	We commission services equitably and only when medically necessary and in line with current evidence on cost effectiveness.

### 2. Evidence, data or research

<b>Give details of evidence, data or research used to inform the analysis of impact</b>	NICE fertility guidance <a href="https://www.nice.org.uk/guidance/cg156">https://www.nice.org.uk/guidance/cg156</a> (accessed 3/3/17)
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### 3. Consultation, engagement

<b>Give details of all consultation and engagement activities used to inform the analysis of impact</b>	Discussion with panel of experts in Yorkshire and Humber representing commissioners and providers. All changes from the previous policy are in line with NICE guidelines which have had extensive engagement and consultation. See <a href="https://www.nice.org.uk/guidance/cg156/history">https://www.nice.org.uk/guidance/cg156/history</a>
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<b>4. Analysis of impact</b>			
<p>This is the core of the assessment, using the information above detail the actual or likely impact on protected groups, with consideration of the general duty to;</p> <p>eliminate unlawful discrimination; advance equality of opportunity; foster good relations</p>			
	<p><b>Are there any likely impacts?</b></p> <p><b>Are any groups going to be affected differently?</b></p> <p><b>Please describe.</b></p>	<p><b>Are these negative or positive?</b></p>	<p><b>What action will be taken to address any negative impacts or enhance positive ones?</b></p>
<b>Age</b>	Yes. IVF is only available to women aged between 18 and 42. As a woman ages the chances of successful pregnancy fall.	Both	Action cannot be taken to prevent this it is therefore incumbent simply to ensure clear age limitations are identified
<b>Carers</b>	No		
<b>Disability</b>	Yes. The policy has been enhanced to offer funding to couples who by reason of disability cannot conceive naturally	positive	The fact of this new change and opportunity to such couples can be publicised
<b>Sex</b>	No		
<b>Race</b>	No		
<b>Religion or belief</b>	No		
<b>Sexual orientation</b>	Yes. The policy has been enhanced to offer funding to couples in a same sex relationship without having to demonstrate they have self-funded other trials	positive	The fact of this new change and opportunity to such couples can be publicised
<b>Gender reassignment</b>	Yes	positive	Gender reassignment is specifically referenced in the definition of infertility
<b>Pregnancy and maternity</b>	Yes. The policy enhances the ability to access fertility	positive	

	treatment and the potential to achieve pregnancy		
<b>Marriage and civil partnership</b>	No		
<b>Other relevant group</b>			
<b>5. Monitoring, Review and Publication</b>			
<b>How will you review/monitor the impact and effectiveness of your actions</b>	Each CCG to monitor individual funding requests for this procedure and identify if there are issues with the policy which require a policy refresh.		
<b>Lead Officer</b>	Suzanne Savage, Service Improvement Manager	<b>Review date:</b>	4 February 2021
<b>6. Sign off on behalf of the local CCG</b>			
<b>Lead Officer</b>	NY CCG QCGC		
<b>Director</b>		<b>Date approved:</b>	4 February 2021

## Appendix D, Version Control

VERSION	DATE	AUTHOR	STATUS	COMMENT
V14	March 2022	Bobbi Phillips		Clarification to section 5.5 regarding abandoned cycles and further cycles as recommended by the Yorkshire and Humber Expert Fertility Panel
V11.1	July 2021	S Savage		Adopted by North Yorkshire CCG
V11	Feb 19	H Lewis and M Thompson		Changes to page 3 – immigration health surcharge – reworked following updated advice Moved list of panel members to Appendix for easier access to contents of document
V10	November 2019	M Thompson on behalf of Panel		Changes to: <ul style="list-style-type: none"> <li>- Page 2 &amp; 3 – Immigration Health Surcharge – sentences reworded</li> <li>- 6.5.2 – Smoking Status – sentences reworded</li> <li>- 6.7 – Previous Self-funded Cycles – titles changed to Previous Cycles - sentences reworded</li> <li>- 6.8 – Previous Self-Funded Cycles - sentence removed</li> <li>- 6.10 – Welfare of the Child - sentence reworded</li> </ul>



V9	January 2019	M Thompson on behalf of Panel	Draft	<p>Changes to:</p> <ul style="list-style-type: none"> <li>- Funding - Immigration health surcharge – sentence added</li> <li>- 1.2 - sentence reworded</li> <li>- 2.3 – change of order in sentence in brackets</li> <li>- 5.2 – sentence included after pathway</li> <li>- 5.2.1 – third bullet point, wording changed</li> <li>- 5.2.2 – first two bullet points replaced with Controlled Ovarian Stimulation</li> <li>- 5.4 – heading changed to Frozen Embryo</li> <li>- 5.6.1 – sentence reworded</li> <li>- 5.6.3 – link to mild male factor infertility removed</li> <li>- 5.6.3 – wording added</li> <li>- 5.6.4 – spelling corrected</li> <li>- 5.6.5 – new paragraph inserted</li> <li>- 5.6.5 - Donor Sperm - sentence reworded</li> <li>- 5.7 – sentence reworded</li> <li>- 6.2.1 and 6.2.2 - swopped around and reworded</li> <li>- 6.5.2 – title changed</li> <li>- 6.5.2 – sentence reworded</li> <li>- 6.9 – sentence reworded</li> </ul>
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v8	June 2018	M. Thompson on behalf of Panel	Draft	<p>Changes to:-</p> <ul style="list-style-type: none"> <li>- 2.3 Definition of Infertility</li> <li>- 5.2.2. – IVF involves – additional bullets added</li> <li>- 5.3 – Definition of cycles – removed sentence in brackets</li> <li>- 5.6.4 - Gonadotrophin Therapy added</li> <li>- 5.6.5 – renumbered – added “all couples” where this is a clinical requirement (to replace the reference to male azoospermia) added limited to UK</li> </ul> <p>Added additional sentence</p> <ul style="list-style-type: none"> <li>- 6.5 – title updated to – Pre-referral requirement to specialist care</li> <li>- 6.5.2 – non-smokers section added.</li> <li>- 6.9 – Updated to include the stability of the relationship</li> </ul>
v7	Jan 2018	M. Thompson on behalf of Panel	Draft	<ul style="list-style-type: none"> <li>- Changes to 5.2 pathway</li> <li>- Changes to funding – adding refugees and asylum seekers</li> <li>- Removal of summary of CCGs</li> <li>- 2.3 – clarification of definition of infertility</li> <li>- 6.7 updated to NHS Funded full cycles</li> <li>- 6.10 – added section</li> <li>- Change tertiary to specialist throughout the policy.</li> </ul>

Review 2017	22.2.17	F Day on behalf of panel	Final draft	<ul style="list-style-type: none"> <li>- changes to the definition of infertility for same sex and patients with psychosexual issues and disabilities to be more clear</li> <li>- the addition of public health requirements for providers in line with NICE guidance</li> <li>- clarification of the definition of an abandoned cycle</li> <li>- sections on intrauterine insemination and also egg donation updated in line with NICE guidance</li> <li>- Addition of People with unexplained infertility, mild endometriosis or <a href="#">mild male factor infertility</a>, who are having regular unprotected sexual intercourse in line with NICE guidance</li> <li>- wording changed in various sections based on patient feedback to be more clear, not materially changed in content</li> <li>- embryo transfer wording updated to reflect NICE guidance</li> <li>- Addition of definition of low ovarian reserve (previously undefined)</li> </ul>
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## Appendix E

### Panel Members: (March 2017)

Dr Virginia Beckett	Consultant in Obstetrics and Gynaecology - Bradford Teaching Hospital FT
Dr Fiona Day	Consultant in Public Health Leeds and Associate Medical Director Leeds CCG
Chris Edward	Accountable Officer - Rotherham CCG
Dr Steve Maguiness	Medical Director - The Hull IVF Unit, Hull Women and Children's Hospital and honorary contract with HEY
Dr John Robinson	Scientific Director - IVF Unit, Hull and East Yorkshire Hospitals FT
Prof Adam Balen	Professor of Reproductive Medicine and Surgery - Leeds Teaching Hospitals NHS Trust
Michelle Thompson	Assistant Director, Women's and Children's Services - NHS North East Lincolnshire CCG
Richard Maxted	Service Manager, Directorate of Obstetrics, Gynaecology and Neonatology - Sheffield Teaching Hospital NHS Trust
Dr Margaret Ainger	Clinical Director for Children, YP and Maternity - NHS Sheffield CCG
Dr Bruce Willoughby	Lead for Planned Care - NHS Harrogate and Rural District CCG
Dr Clare Freeman	Medical Advisor to IFR Panel - South Yorkshire and Bassetlaw CCGs

### Panel Members (amendments January 2018)

Dr Virginia Beckett	Consultant in Obstetrics and Gynaecology - Bradford Teaching Hospital FT
Dr Fiona Day	Consultant in Public Health Leeds and Associate Medical Director Leeds CCG
Michelle Thompson	Assistant Director, Women's and Children's Services - NHS North East Lincolnshire CCG
Dr Bruce Willoughby	Lead for Planned Care - NHS Harrogate and Rural District CCG
Jonathan Skull	Consultant in Reproductive Medicine & Surgery – Sheffield Teaching Hospital NHSFT
Karen Thirsk	Fertility Policy Manager – NHS England
Brigid Reid	Chief Nurse – NHS Barnsley CCG
Helen Lewis	Head of Planned Care – NHS Leeds CCG.
Clare Freeman	Lead Medical Advisor – Sheffield CCG.

## Panel Members (amendments June 2018)

Dr Virginia Beckett	Consultant in Obstetrics and Gynaecology - Bradford Teaching Hospital FT
Dr Fiona Day	Consultant in Public Health Leeds and Associate Medical Director Leeds CCG
Michelle Thompson	Assistant Director, Women's and Children's Services - NHS North East Lincolnshire CCG
Jonathan Skull	Consultant in Reproductive Medicine & Surgery – Sheffield Teaching Hospital NHSFT
Brigid Reid	Chief Nurse – NHS Barnsley CCG
Helen Lewis	Head of Planned Care – NHS Leeds CCG
Dr Bryan Power	(GP) - NHS Leeds CCG

Adam Balen (Consultant) - Leeds Fertility

Clare Freeman Lead Medical Advisor – Sheffield CCG

### Panel Members (amendments January 2019)

Dr Virginia Beckett Consultant in Obstetrics and Gynaecology - Bradford Teaching Hospital FT

Jonathan Skull Consultant in Reproductive Medicine & Surgery – Sheffield Teaching Hospital NHSFT

Michelle Thompson Assistant Director, Women's and Children's Services - NHS North East Lincolnshire CCG

Martine Tune Acting Chief Nurse – NHS Barnsley CCG

Liz Micklethwaite Business Manager IFR - NHS Leeds CCG

### Commissioner Final Proof Read Panel (Amendments November 2019)

Michelle Thompson Assistant Director, Women's and Children's Services – NHS North East Lincolnshire CCG

Helen Lewis Head of Planned Care – NHS Leeds CCG

Clare Freeman Lead Medical Advisor – Sheffield CCG

Karen Leivers Head of Strategy and Delivery, Planned Care - Doncaster CCG

Debbie Stovin Commissioning Manager – Elective Care – Sheffield CCG

## **Appendix F Relevant Conflicts of Interest Declared:**

### **Dr Steve Maguiness:**

IVF in Hull is provided by a private company (ERFS Co Ltd), of which I am a Director and employee.

### **Prof Adam Balen:**

NHS Consultant in Reproductive Medicine and Clinical lead for the Leeds Centre for Reproductive Medicine, which performs all fertility treatments funded by the NHS. Partner in Genesis LLP, the private arm of the Leeds Centre for Reproductive Medicine, which performs self-funded fertility treatments using identical protocols to the NHS. Chair, British Fertility Society. Chair, NHS England IVF Pricing Development Expert Advisory Group. Chair World Health Organisation Expert Working Group on Global Infertility Guidelines: Management of PCOS. Chair, British Fertility Society. Consultant for ad hoc advisory boards for Ferring Pharmaceuticals, Astra Zeneca, Merck Serono, Gideon Richter, Uteron Pharma. Research funding received in the past. Pharmasure / IBSA- Key note lecture at ESHRE 2016 & hospitality to attend meetings. OvaScience- Member of international ethics committee. Clear Blue National medical advisory board. IVI, UK- Chair, Clinical Board

### **Virginia Beckett FRCO:**

I have a private practice where I see fertility patients.

I have received sponsorship from Pharmasure, Ferring & Serono to attend conferences.