**Learning Disability and Autism Mortality Review (LeDeR) Programme**

**Easy Read Annual Report 1st April 2024 to 31st March 2025**

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| Sad face outline with solid fill | There is **lots** of information in this report.  And this report will talk about **sad** things |
| A person touching her face with her hand  Description automatically generated | About people with a learning disability and autistic people dying too young.  You may want to have someone to **support** you when you read this |
| Son laying flower at mums grave | **What Is LeDeR?**  Learning from the lives and deaths of people with a learning disability and autistic people |
| A book with a picture of a person's head  AI-generated content may be incorrect. | **What happens?**  When someone who had a learning disability dies, there is always a **review** of the care they were given when they died.  Since 2022 every autistic person who dies also has a review |
| A person holding a sign with a green tick and red cross  AI-generated content may be incorrect. | **Why?**  It is important to learn what we can do better so we can **improve** care for people |
| A group of people standing together  AI-generated content may be incorrect. | Health care should be accessible for everyone  To give people with a learning disability and autistic people good health care |
| A close-up of a computer  AI-generated content may be incorrect. | **How?**  A reviewer will look at a person's medical records |
| A group of people standing together  AI-generated content may be incorrect. | They will talk to the person's family and carers or anyone else important to that person |
| A group of people sitting around a table  AI-generated content may be incorrect. | A panel meeting is held every month to hear what the reviewer found out.  They agree any learning and actions |
| A group of people sitting around a table  AI-generated content may be incorrect. | An **Initial Review** is a quick look at a person's life and death.  The panel look at where people lived, who cared for them and how their health was managed |
| A group of people looking through a magnifying glass  AI-generated content may be incorrect. | A **Focused Review** looks closer at a person's life and death.  We do this where we think there is important learning and where we can improve |
| Infinity with solid fill | A **Focused Review** is **always** done for someone who was **autistic** without a learning disability |
| A group of people standing together  AI-generated content may be incorrect. | A **Focused Review** is **always** done if a person was from an ethnic background that was **not** white British |
|  | A **Focused Review** was done in our area if the person died from **cancer** |
| heart V3 | A **Focused Review** was done in our area if the person died from **heart** problems |
| Geographical Area | We do a review for anyone with a learning disability or autism who died in:  North Yorkshire  York  East Riding  Hull  North Lincolnshire  North-East Lincolnshire |
| Infinity with solid fill | **Not many** autistic people were reported to LeDeR so their reviews are not included in the results of the report |
|  | Hospitals are doing lots of work to get to know the **autistic people** who come to hospital to offer them help and support |
|  | Last year, between 1st April 2024 and 31st March 2025 we were told about **111** people with a learning disability that had died across our area |
|  | The average age of death was **60.4** years old  Some people died **much older** than this and some people died **much younger** |
|  | 65% or 6.5 out of 10 people who died were **male** |
|  | 54% or 5.4 out of 10 people died in **hospital** |
|  | 41% or 4.1 out of 10 people died in their **own home** or care home |
|  | We completed reviews for **110** people who died between 2022 and 2024 this is because some reviews take a long time to finish |
| A person with long hair and a question mark  AI-generated content may be incorrect. | **What did we find out?** |
|  | Respiratory or lung conditions was the **highest** cause of death  Lung conditions caused or partly caused the death of **48** people |
|  | One of the lung conditions was **Aspiration Pneumonia**  This is when **bacteria** gets into the lungs when we accidentally breathe in food, drink or saliva instead of swallowing  It can cause a severe infection and be a cause of death |
| heart V3 | Cardiac or heart conditions was the **second** highest cause of death  Heart conditions caused or partly caused the death of **15** people |
|  | Cancer was the **third** highest cause of death  Cancer caused or partly caused the death of **6** people |
|  | 50% or 5 out of 10 people who died had a **mild** learning disability |
|  | People with a profound or multiple learning disability died **slightly younger** |
| A person taking a blood pressure of a person  AI-generated content may be incorrect. | Most people had their **annual health check** at their GP surgery |
|  | Some people had not had an **invite** for their annual health check |
|  | Some people **did not attend** for their annual health check and they were **not followed up** |
|  | Some people did not have their **cancer screening** tests |
|  | Most people were **supported well** at the end of their life |
|  | A few people did not have follow-up appointments for scans and tests |
| A person in a wheelchair  AI-generated content may be incorrect. | **7 people** were not given enough **reasonable adjustments**  **4 people** did not have an accurate record of their learning disability |
| Support with meals | A few people could have received better support in hospital to eat and drink properly |
| A person holding a clipboard with a green check mark on it  AI-generated content may be incorrect. | But most people received good care while they were in hospital |
|  | Most people lived in the same place for **many years** with people who knew them and loved them  **50** people had good or excellent support from carers |
| Person exercising | Most people had full and active lives |
| A person holding a clipboard with a green check mark on it  AI-generated content may be incorrect. | The care people had from their **GPs** was **very good**  **8** people had **excellent** support from their GP |
| A person holding a clipboard with a green check mark on it  AI-generated content may be incorrect. | The care people had from **learning disability nurses** was **very** **good** |
| A person holding a clipboard with check marks  AI-generated content may be incorrect. | **What we will do…** |
| A group of people posing for a photo  AI-generated content may be incorrect. | Hospital staff are working to make sure that people are **contacted** when they miss appointments |
|  | We will communicate better with the Medical Examiner to make sure we know about every person who has died |
|  | Every person who dies from Aspiration Pneumonia or Aspiration will get a **focused review** |
|  | We need to make sure everyone attends their cancer screening appointments |
| Support with meals | We will look at how to make eating and drinking in hospitals better for people |
| A group of people looking at a white board  AI-generated content may be incorrect. | The LeDeR Steering Group has a **plan** so we know what we need to do to make things better |

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