



NHS Humber and North Yorkshire
Integrated Care Partnership

Stakeholder Bulletin *16 June 2025*

Latest Updates

ICB Chief Executive to retire after over 50 years' service



Stephen Eames, the Chief Executive of NHS Humber and North Yorkshire Integrated Care Board (ICB) has announced his intention to retire at the end of June, after over 50 years' service in the NHS.

Stephen said: "I've been honoured and privileged to have spent my entire working life in the NHS, alongside some wonderful colleagues.

"As the NHS reforms, and the renewed direction for ICBs becomes clearer as strategic commissioners, I feel that it's time to bring in new leadership to shape and drive the ambition for the future. I have therefore taken the decision to retire."

Stephen began his NHS career as a trainee at Batley and District General Hospital in 1973. Over his 52 year career, Stephen has developed a track record of successfully leading complex organisations and systems through major strategic change.

[Click here](#) to read more.

Blood pressure check training: "Without it my partner might not be here"



When Adele Stimpson completed her training to be able to carry out blood pressure checks, little did she realise it would potentially save her partner's life.

Adele is the Hub Coordinator at [Hull 4 Heroes](#) – a charity that helps Armed Forces veterans in Humberside. As an NHS Community Champion, she signed up for the training, intending to take the skills she'd learned to then be able to help the hundreds of veterans who regularly interact with Hull 4 Heroes.

After completing the two-hour training course, she asked her partner, Matthew Cowley, if she could check his blood pressure so she could practise using the machine she'd been given.

There was no reason to suspect there would be anything untoward. Matthew, a roofer by trade, felt fit and healthy. However, a medical condition dubbed the "silent killer" because it usually comes without noticeable symptoms, was about to be revealed.

[Click here](#) to read more.

Smoking costs Humber and North Yorkshire more than £62 million



Smoking is costing the NHS in Humber and North Yorkshire £62.7 million every year through hospital admissions and GP visits linked to smoking-related illness – at a time when frontline services are under intense strain.

Research has revealed that every cigarette smoked cuts life expectancy by 20 minutes, highlighting the staggering impact of tobacco not only on health, but on our health system.

The full cost of smoking to Humber and North Yorkshire, including lost productivity and social care, is now estimated at £1.39 billion a year.

[Click here](#) to read more.

How to manage hay fever and asthma during pollen season



The UK's weather service is warning of "very high" pollen counts this week (from 16 June), which could spell bad news for people with asthma and hay fever.

[The pollen forecast](#) uses the new Met Office pollen model to produce predictions for five days ahead across the whole of the UK. It predicts increasing pollen levels across Yorkshire and Humber "likely becoming generally high or very high" before the weekend.

In periods of high pollen and throughout summer, many individuals with asthma face increased challenges. The combination of asthma and hay fever can significantly impact daily life, making it essential to manage symptoms effectively.

[Click here](#) to read more.

Get Involved

System Collaborative Programme



Systems Collaborative Programme is now open for applications.

Commencing in September 2025, the programme is aimed at collaboratives – groups of 3-7 members working together to lead initiatives that improve health outcomes for your staff, population, and community. Collaboratives can be multidisciplinary, cross-organisational, or cross-agency and programme is open to anyone working within the health and care system, regardless of grade, profession and employer.

The key benefit of the programme is that it offers experiential learning while working on an improvement in real time, through a mixture of group learning sessions and ring-fenced time for collaboratives to work on their project with an experienced organisational development facilitator. This has previously resulted in tangible outcomes that improve population health and

tackle inequalities by developing collaborative leadership skills and building trust across organisational boundaries.

[Click here](#) for more information. Applications close on **Wednesday 25 July 2025**.

[Webinar: Addressing the three big killers](#)



Monday 7 July 2025, 10:00-11:00am

Each year, thousands of people in our communities are harmed by the three big killers – tobacco, alcohol and unhealthy food and drink.

Action on Smoking and Health (ASH), the Obesity Health Alliance (OHA) and the Alcohol Health Alliance (AHA) have worked with colleagues in Humber and North Yorkshire and Greater Manchester to develop a toolkit to support regional and local areas to take coherent action on harmful product industries, learning lessons from tobacco.

Speakers include:

- Jilla Burgess-Allen, Director of Public Health, Stockport Metropolitan Borough Council
- Peter Roderick, Director of Public Health, City of York Council
- Dr Robyn Burton, Senior Research Fellow International Alcohol Policy, University of Stirling

[Click here](#) to read more.

News from Across the Partnership

Local teams recognised nationally for improving end of life care



The support offered to palliative care patients and their families in North Lincolnshire has been recognised by a national awards scheme.

District nurses, Macmillan specialist palliative care nurses and the End-of-Life team at Northern Lincolnshire and Goole NHS Foundation Trust have been shortlisted alongside colleagues from Lindsey Lodge Hospice for a prestigious award celebrating innovation and excellence in palliative care.

This award celebrates their collaborative efforts to streamline and enhance the palliative and end-of-life care referral process. By consolidating all county-wide services into a single, central referral form, patients can now be easily directed to the most beneficial services, ensuring they receive comprehensive support.

[Click here](#) to read more.

Kilimanjaro climb for rare cancer survivor



A young man from South Cave, East Yorkshire, is going to great lengths to give back to Castle Hill Hospital after a rollercoaster cancer journey.

In the autumn of 2022, Freddie Cole was diagnosed with Stage 4 Burkitts lymphoma, a rare cancer of both the bone marrow and the lymph system which affects just 210 people in the UK each year.

Despite numerous rounds of aggressive chemotherapy, multiple blood and platelet transfusions and even a bout of sepsis once he finally made it home after treatment, Freddie's resolve, coupled with family support and great care from the unit, saw him through and he was given the all-clear last year.

Now, after more than two years in remission, Freddie has decided to give back to those who cared for him.

[Click here](#) to read more.

Growing Well Together: The service a year on



A specialist service supporting families to build strong, nurturing bonds with their babies is celebrating its first birthday this June.

[Growing Well Together](#), which launched in June 2024, is a Parent-Infant Relationship Service (PAIRS) – part of Navigo’s Child and Adolescent Mental Health Services (CAMHS) and North East Lincolnshire Council’s Start for Life programme.

The team celebrated their first birthday with an afternoon event at the Central Children’s Centre in Grimsby, welcoming some of the families they support.

The Growing Well Together team has looked back on a successful first 12 months working with families and professionals to help give local babies the best possible start in life.

[Click here](#) to read more.

Gold ambulance service award for Harrogate school



Rossett School in Harrogate has become the first to receive a prestigious Gold Heart of the Community Award from Yorkshire Ambulance Service (YAS).

This recognition highlights the school's exceptional commitment to improving cardiac arrest survival rates by equipping students with life-saving cardiopulmonary resuscitation (CPR) skills and ensuring the availability of defibrillators.

The Heart of the Community accreditation scheme, launched by YAS and the Yorkshire Ambulance Service Charity, celebrates schools and colleges across the region for their dedication to community safety in the event of a cardiac arrest. The initiative encourages the provision of CPR training and access to defibrillators, recognising their efforts through three levels of accreditation.

The school achieved the gold level by meeting rigorous evidence requirements, including taking part in the NHS Trust's mass CPR training event on Restart a Heart Day for since it began in 2014 and having five on-site defibrillators, including three which are available to the local community.

[Click here](#) to read more.

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