



Humber and North Yorkshire
Health and Care Partnership

Stakeholder Bulletin *23 June 2025*

Latest Updates

Prescriptions for Mounjaro weight loss injections not yet available in Humber and North Yorkshire



Prescriptions for Mounjaro injections, to help people lose weight, will not be available from GP surgeries or pharmacies in Humber and North Yorkshire – yet.

Mounjaro, or tirzepatide, is a weekly injection that was initially licensed to help treat type 2 diabetes, but can now be prescribed to help those with obesity to lose weight. The medicine makes people feel fuller so they eat less. In clinical trials, people taking it lost a fifth of their body weight.

From today (23 June), Mounjaro jabs will be available on prescription in some parts of England, but only for those who meet very strict eligibility criteria. To access the weight loss drug, people must also sign-up to 'wraparound care' which addresses lifestyle factors like diet and exercise.

NHS Humber and North Yorkshire Integrated Care Board (ICB) is still finalising the details of the prescribing model and wraparound care that will be introduced in our area.

In the meantime, people should not ask their GP practice or pharmacy about getting Mounjaro on the NHS via prescription until the new community service has been brought in.

[Click here](#) to read more.

[Record drop in smoking during pregnancy across Humber and North Yorkshire](#)



The proportion of women in Humber and North Yorkshire smoking during pregnancy has fallen significantly over the last 12 months, according to [data published by NHS England](#) last week.

Smoking at Time of Delivery statistics show that 8.3% of pregnant women (1,141 women) across NHS Humber and North Yorkshire Integrated Care Board (ICB) were recorded as smoking in 2024/25.

This is 1.8% lower than the previous year, when maternal smoking rates were 10.1% across the ICB, and is equal to 224 fewer women smoking. This represents the lowest rate of smoking during pregnancy recorded in Humber and North Yorkshire since data began to be collected.

The drop in maternal smoking rates follows the introduction of a new national model of stop smoking support for pregnant women, which began to be rolled out in Humber and North Yorkshire in 2022 as part of the NHS Long Term Plan.

This initiative tasked maternity teams with responsibility for supporting pregnant smokers to quit by training midwifery staff to provide ongoing behavioural support and access to stop smoking medications.

[Click here](#) to read more.

Shared Care Record Annual Efficiencies Report



The Humber and North Yorkshire Annual Benefits Report provides a comprehensive overview of the key benefits realised through the implementation of our regional Shared Care Record – the Yorkshire and Humber Care Record (YHCR).

Capturing and showcasing system-wide benefits is essential to demonstrating the real-world impact of having the right information available at the right time. Digital solutions like the YHCR play a key role in building a health and care system that is both efficient and effective.

This summary includes:

- System efficiency savings (non-cash releasing)
- Hours saved (for redistribution back into the system)
- Reduced Ambulance conveyances
- Decrease in CO2 emissions
- Anecdotal feedback from system colleagues

By evidencing these benefits, we strengthen organisational engagement, encourage clinical buy-in, and empower teams to embed the YHCR into everyday practice. Without consistently measuring outcomes, we cannot truly understand or demonstrate the value that digital tools contribute to care delivery and the efficient system we aim to build.

[Click here](#) to access the full report.

Launch event brings together talent from across the region



Last month, NHS Humber and North Yorkshire Integrated Care Board (ICB) hosted a wide variety of health and care professionals from across the region for the launch of the **Leading from the Middle** talent programme.

As talented middle-level leaders, the programme participants had been through a rigorous selection process and were drawn from a cross-section of employers including acute trusts, the hospice sector, primary and community care providers, and the voluntary sector.

Clinical, operational, administrative and corporate backgrounds are all represented in the first cohort, and participants cited the opportunity to network with their peers as a key attribute of both the programme and event.

The day featured a guided networking, an engaging panel discussion on the future of system leadership, and two invaluable presentations from ICB colleagues. The event was also attended by a number of senior leaders drawn from the participants' organisations, who were eager to engage in a networking event and panel discussion for the benefit of the participants.

Get Involved

Share: Fitmums & Friends – The Forest Project



Last month, Fitmums & Friends proudly launched their [powerful new animation](#) at Hull Truck Theatre, created from the honest words and beautiful artwork of children who took part in Fitmums & Friends – The Forest Project.

The children shared their thoughts, feelings and experiences around grief, and how friends, family and teachers can help a bereaved child feel supported.

Together in Grief – The Forest Project supports children and young people who have experienced the death of someone special to them. They have the chance to take part in outdoor activities and also have opportunities to talk about their grief with the support of bereavement facilitators.

Sharing the animation via your networks could really help someone who doesn't know what to say or do when a child is grieving. Posts can be found on social media links below for ease of sharing:

- [Facebook](#)
- [Instagram](#)
- [LinkedIn](#)

If you would like any further information about The Forest Project, please contact vickie@fitmums.org.uk or heather@fitmums.org.uk.

[Click here](#) to make a donation to support the continued delivery of The Forest Project.

Event: Introduction to Continuing Healthcare and Section 117



Thursday 24 July and Wednesday 30 July 2025

NHS Humber and North Yorkshire Integrated Care Board (ICB) invites you to help us build a sustainable marketplace with all our partners.

This event is designed for stakeholders interested in continuing healthcare or Section 117. At this event we will share our progress to date and look ahead to what is next for our system. All stakeholders are welcome, including current and new providers, local authorities, care associations, and others.

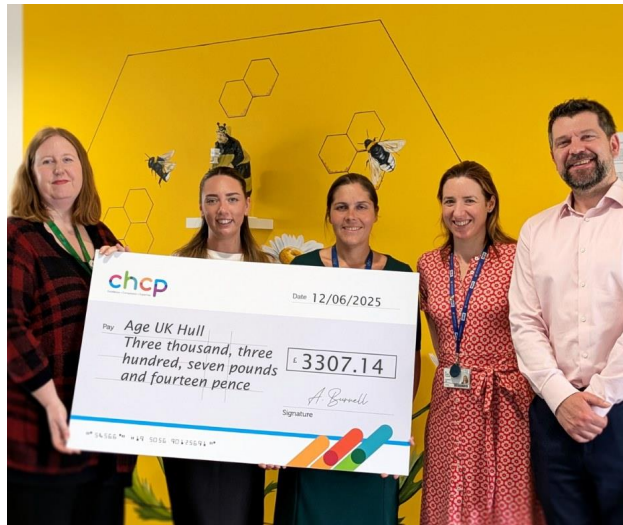
What to expect:

- An Introduction to the ICB
- Setting the scene for the ICB
- Engaging the system on the transformation plan
- Financial update
- Opportunity for feedback from stakeholders
- Opportunity for networking

[Click here](#) for more information.

News from Across the Partnership

Jean Bishop Integrated Care Centre Raises over £3,300 on Bee Lady Day



Last month, the team at City Health Care Partnership's Jean Bishop Integrated Care Centre (ICC) marked a memorable day to honour the legacy of Jean Bishop – affectionately known as the Bee Lady.

This special event was held on Jean's birthday (13 May), making it an even more meaningful occasion to commemorate her incredible efforts in raising funds for Age UK Hull. The festivities culminated in a remarkable total of £3,307.14 raised for the charity.

The afternoon was brimming with excitement and community spirit as guests enjoyed a host of activities from a delightful afternoon tea to raffles and tombolas. There was even a Great British Bake Off-style 'Bee Cake-Off' which showcased the creative talents of the team, with contenders presenting beautifully crafted cakes inspired by Jean's iconic bee motif.

[Click here](#) to read more.

App helps women in Hull, Grimsby, Goole and Scunthorpe



Women experiencing pelvic health problems during and after pregnancy are being invited to register for a free app to help improve their symptoms.

One in three women experience urinary incontinence three months after pregnancy and one in 12 report symptoms of pelvic prolapse after giving birth.

NHS Humber Health Partnership has appointed its first first Pelvic Health Midwife to help many of the 8,700 women who give birth every year in East Yorkshire and northern Lincolnshire. The Partnership is also encouraging women to register for the NHS England "Squeezy" app.

[Click here](#) to read more.

Stay Up to Date

Visit [our website](#) or follow us on social media (**@HNYPartnership**) to get the latest news and information from the Partnership.

Do you have a story, event or update you would like to be featured in a future bulletin? Please share it with hnyicb.communications@nhs.net.

If you have been forwarded this bulletin, you can [complete our online form](#) to receive it direct to your inbox every week.