



Humber and North Yorkshire
Health and Care Partnership

A plan for radically improving children's wellbeing, health and care



Our strategy on a page

Our aims	Narrowing the gap in healthy life expectancy by 2030 Increasing healthy life expectancy by five years by 2035			
Our Outcomes	Start Well	Live Well	Age Well	Die Well
Our partnership ambitions	Radically improving children’s wellbeing, health and care			
	Enabling wellbeing, health and care equity		Transforming people’s health and care experiences and outcomes	
Our person-centred approach	Think Person	Think Family	Think Community	
Our big 4 health outcome priorities	Reducing harm from cancer	Cutting cardiovascular disease	Living with frailty	Enabling mental health and resilience
Our drivers	LEADING FOR EXCELLENCE 1. delivery improvement 2. digital and data 3. empowering collaboratives	LEADING FOR PREVENTION 4. enabling population health 5. a new relationship with place	LEADING FOR SUSTAINABILITY 6. system workforce 7. sustainable estate 8. outcomes-led resourcing	
	VOICE AT THE HEART	9. transformative public engagement 10. a strong and impactful system voice (professional, political)		

Introduction

Prioritising children's health, well-being, and care is both a moral responsibility and a vital investment in the future. Today's young people are tomorrow's leaders, innovators, and caregivers. By nurturing their growth, we help build a compassionate, resilient, and just society.

Addressing children's health and care needs at the earliest opportunity lays the foundation for a healthier, more prosperous community, creating lasting, positive change.

The Humber and North Yorkshire Integrated Care Partnership* is bringing together families, schools, healthcare providers, and communities to improve experiences and outcomes for every child.



Outcomes

Children are safe: Children will be safe from harm and are supported and protected in their families and communities

Children are healthy: Children and young people will have healthier lifestyles with better physical and mental health.

Children are thriving: Children and young people will flourish in environments that support their growth and development and be encouraged to reach their full potential.

*Find out more about our Integrated Care Partnership here: [Our leaders and structure - Humber and North Yorkshire Health and Care Partnership](#)

Humber and North Yorkshire Partnership

The **golden ambition** to radically improve children's wellbeing, health and care is at the heart of the Humber and North Yorkshire Integrated Care Partnership Strategy reflecting our commitment to making a difference for our future generations.

Across our Places (Hull, East Riding, North Lincolnshire, North-East Lincolnshire, North Yorkshire, and York), there is a shared commitment to improving children's experiences and outcomes.



Local plans focus on prevention, early help, identification and need, and safeguarding to keep children safe, healthy, and ready for school and life. They also aim to reduce inequalities and support vulnerable children, ensuring they thrive in their families, schools, and communities.

The Mental Health, Learning Disability and Autism Collaborative programme is also working to improve support for children and young people.

The Children's Plan enhances these efforts by strengthening partnerships, enabling transformation, driving culture change, and directing resources where they are needed most.

Together, we are creating a more unified support system that meets children's needs.

Our outcomes



Safe

Children will be safe from harm and supported in their families and communities.

We will protect at-risk children and families, ensuring vulnerable children experience stable, loving homes to become healthy and resilient adults.

Our key priorities include enhancing multi-agency safeguarding arrangements, reducing the requirement for residential placements, and improving coordinated mental health crisis care.



Healthy

We will invest in the well-being of children and young people from pregnancy through to young adulthood, promoting healthier lifestyles and better physical and mental health.

Our key priority actions include tackling asthma, improving oral health, enhancing preconception, maternity and neonatal services, promoting healthy weight and lifestyle, strengthening the healthy child programme (0-19), enabling wellbeing and meeting mental health need early, and improving access to mental health services.



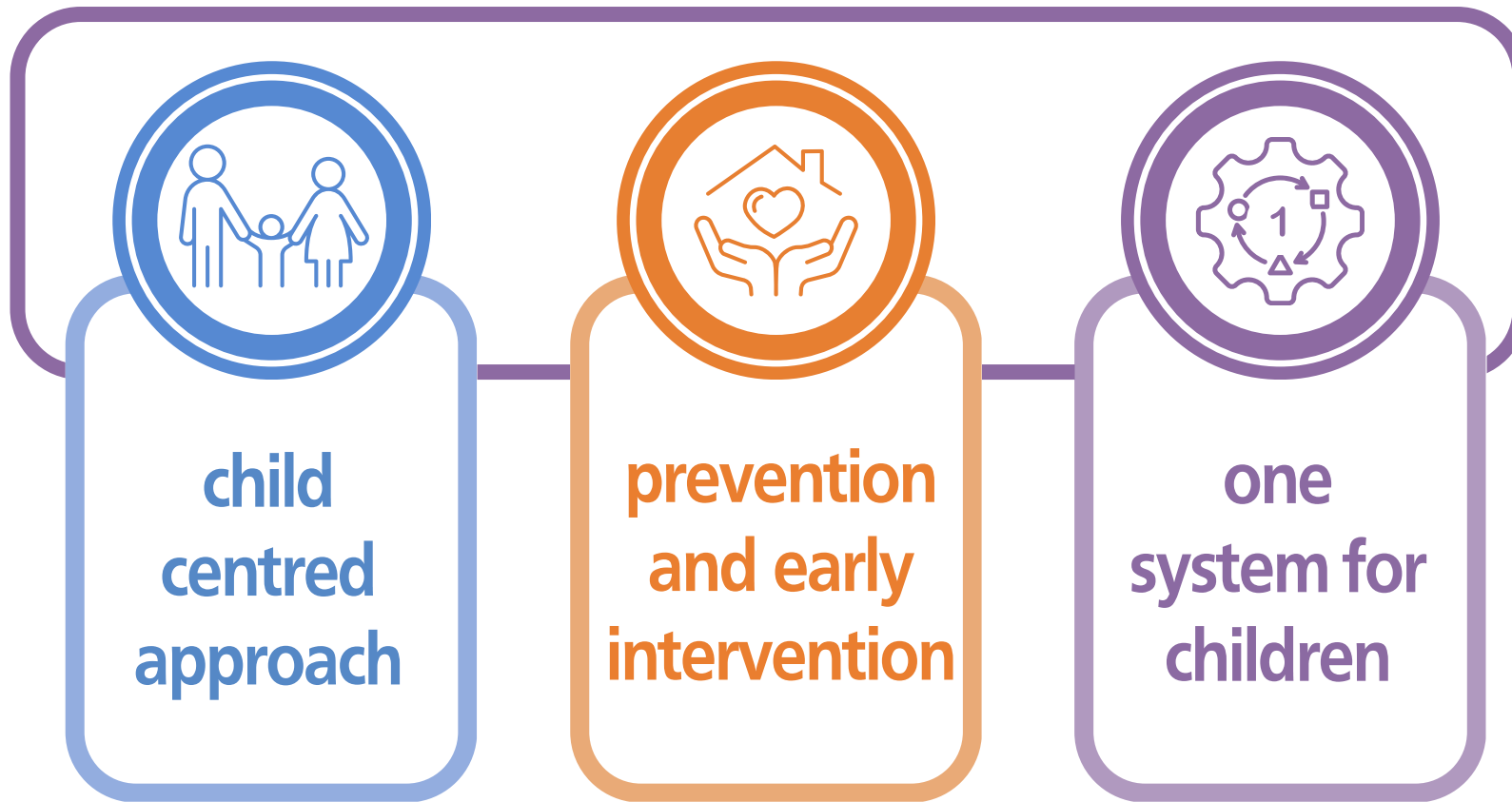
Thriving

Children and young people will flourish in supportive environments, reaching their full potential. We will improve early childhood experiences, school readiness and attendance, engagement, and achievement, and ensure care-experienced children and care leavers thrive. We will inspire young people to pursue health and care careers within HNY.

Our priority actions include improving early speech and language, ensuring access to timely therapeutic services for mental health, enabling participation for children with neurodiversity and/or SEND, enhancing our offer for care leavers, preparing young people for purposeful adulthood, and improving access to health and care careers.

Partnership principles

We are committed to creating meaningful, transformative change for our children and young people. To go beyond simply improving our current system, we must embrace a fundamental shift in both culture and approach. The following principles guide our behaviours and decision-making.



We will explore these principles in more details

Our child centred approach



child centred approach

Taking the concept of **'think person, think family think community'** we will adopt a child-centred approach by placing the rights, unique needs, strengths and voices of children and their caregivers at the heart of all decisions and actions.

This involves equipping teams to focus on the holistic development of children and ensuring their experiences and realities are reflected in plans, and policies.

Amplify Voices & Empower Young People

Ensuring children and young people actively participate in their care and decisions that affect them. By truly listening to their voices, especially those facing inequalities, we are creating solutions that truly meet their needs. We are equipping children and young people with knowledge and skills to make informed health choices, fostering confidence and self-advocacy.

Champion Child-Friendly, Individualised Support

Using IThrive and trauma-informed practices, we are providing sensitive, comprehensive care that supports physical, emotional, and social well-being. Our strength-based approach builds resilience, avoids labels, upholds rights, and recognises each child's unique potential.

Engage Support Networks

Families, caregivers, and communities play a key role in a child's well-being. We are fostering strong partnerships to ensure a holistic approach, addressing emotional, social, and developmental well-being.

Ensure Consistency in Care

Stable, continuous care is essential for long-term well-being. We focus on smooth transitions between different stages of care, ensuring ongoing support for healthy development.



Prevention and early intervention



prevention and early intervention

Developing a population health management focus for children and young people, we will identify and provide effective support to children and young people at risk of poor outcomes preventing problems from occurring or addressing them early before they worsen.

Health Awareness and Self-Care

By developing and implementing engaging programmes in schools and communities we are fostering healthy habits, mental well-being, and self-care.

Early Screening and Assessment

Through screening and assessment we are identifying potential health and developmental issues early for timely intervention.

Parental and Caregiver Support

By coordinating our services, we are providing families with resources about healthy lifestyle choices and opportunities, while also strengthening interventions that support positive parenting and enhance family dynamics. Additionally, we are developing approaches that enhance the resilience of children and families, helping them cope with challenges.

Vaccination and Immunisation Programmes

We are encouraging more families to participate in immunisation and vaccination programmes, ultimately protecting the health of children from preventable disease.



One system for children



one system for children

By creating a cohesive system for children, we will integrate health, education, and social care services to provide a seamless and coordinated approach to care and development.

System Leadership

As leaders, we are collaborating to drive transformative change across the entire system.

Local support

We are giving more control to local areas to make better decisions on how best to meet need. Through Family Hubs and Integrated Neighbourhood Teams, we are developing approaches that target resources for children and families at risk of the poorest outcomes, working as a network of services to make every contact count.

Holistic services

By developing services that focus on need at the lowest level, we are reducing handoffs and referrals and offering the right level of help, by the right professional, at the right time, to support families to build resilience and independence.

Supporting schools and other education settings

Working in partnership, we are enabling schools and other settings to play a pivotal role in improving all children's safety, physical and mental health, including those with special education needs and/or disabilities.

Empowered Staff

We are investing in ongoing training and development to enhance staff skills and knowledge across the system enabling them to do what's best for each child.



Our partnership enablers

We recognise that we need to act differently together to strengthen and accelerate the focus on prevention and early identification. We will strengthen our system approach to develop more collaborative approaches around:



Digital Transformation

Through Connected HNY we aim to leverage digital tools and technologies to streamline processes and improve data sharing and access to information to enhance our early intervention efforts.



Innovation and Research

Continuously seek to innovate and improve health and care implementing practices based on the latest research, evidence and behavioural insights to ensure the highest quality of care.



Communication and Engagement

Connect activity to ensure consistent messaging, improve stakeholder engagement and better understand the needs and issues of children and young people and target.



Business Intelligence and Population health management

Utilising data to identify health trends, predict outcomes, and identify interventions to meet the specific needs of children and young people.



Policy Development

Work to ensure that all policy decisions are designed to mitigate poverty and identify and eliminate any policies or regulations that do not align with our new approach, while implementing complementary policies to ensure a smoother and more effective system.

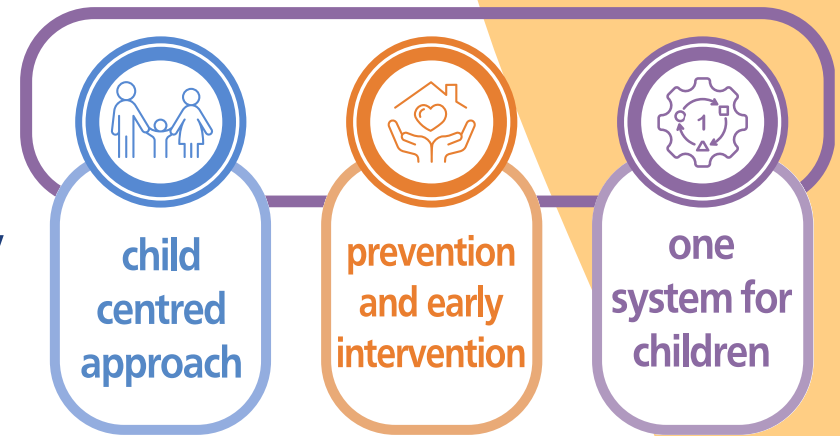


Workforce Development

Continue to prioritise the development of a diverse, inclusive, and representative workforce to enable nuanced approaches in health and care, build reflexivity, and connect with local communities, encouraging and inspiring our young people to work in health and care.

Our children's plan on a page

Radically improving children's wellbeing, health and care



Children are Safe

- Enhancing multi agency safeguarding arrangements
- Reducing the requirement for residential placements
- Improving coordinated approach to mental health crisis care



Children are healthy

- Tackling asthma
- Improving oral health
- Improving preconception, maternity and neonatal services
- Promoting healthy weight and lifestyle
- Enhancing the healthy child programme (0-19)
- Enabling wellbeing and meeting mental health need early
- Improving access to mental health services



Children are thriving

- Improving early speech and language
- Ensuring access to timely therapeutic services for mental health
- Enabling participation for children with neurodiversity and/or SEND
- Enhancing our offer for care leavers
- Preparing young people for purposeful adulthood
- Improving access to health and care careers

Start Well

We want every child to have the best start in life and enable everyone to be safe, grow and learn.



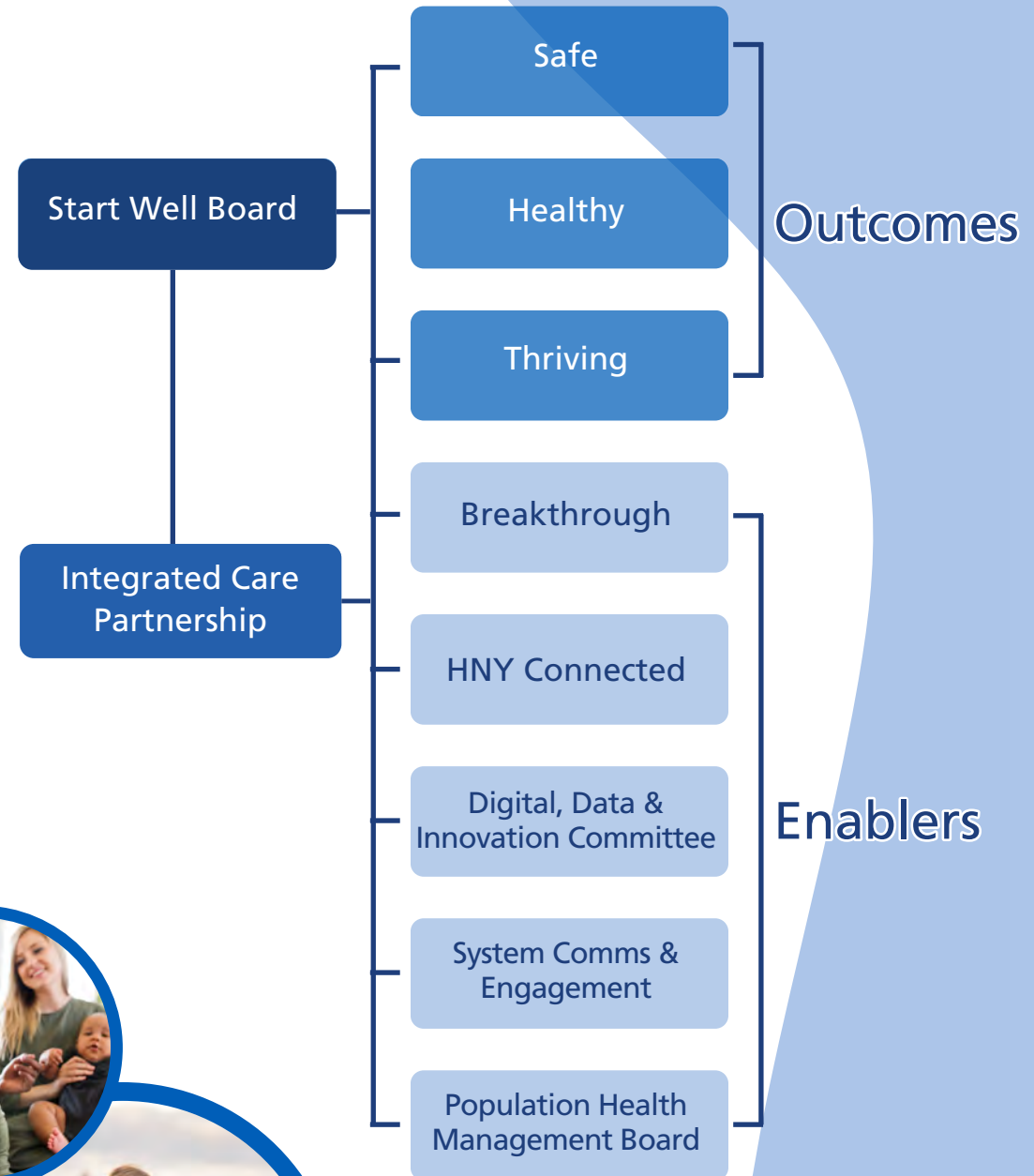
Our delivery plan

The **Start Well Board** ensures a shared system oversight.; mobilising resources, raising awareness, and fostering collaboration to drive transformative change for children and young people.

The governance framework is a flexible and live document that is regularly reviewed, with a formal annual update to stay relevant to evolving priorities.

Through the Start Well partnership, we will strengthen system leadership in health and care by:

- Encouraging mutual accountability, trust, and innovation.
- Applying systems thinking to understand healthcare interactions.
- Fostering continuous learning and adaptability.
- Integrating emotional intelligence into leadership.
- Promoting interdisciplinary collaboration.
- Using Decision Quality and Shining a Light methodologies to inform strategic choices.



Our success measures

Start Well

We want every child to have the best start in life and enable everyone to be safe, grow and learn.

"It is easy for me to get the support I need for my child."



"I am safe. My family has what they need to look after me."



"I can tell a grown-up if I am feeling sad or worried."

"I love school and I am ready to learn."

"I know what I can do to stay healthy."

"My mental health matters and I can get help when I'm struggling."

"There are exciting career opportunities for me."



"I" statements

- Child mortality rate
- Children in care
- Children accessing mental health services
- Under 18 conceptions
- Children in relative low income families
- School pupil attendance.
- Children seen by a dentist in past 12 months
- Prevalence of overweight and obesity in reception
- Attainment 8 scores
- 16 and 17 year olds NEET
- New birth visits completed within 14 days
- % coverage for all routine childhood and adolescent vaccinations
- Dental decay in 5-year-olds

Life course outcomes measures

- Infant mortality
- Emergency admissions <18
- Good level of development at the end of Reception
- MMR 2 doses at age 5
- Overweight and obesity in Year 6
- % of paired mental health outcome scores showing an improvement

HNY high level outcome measures



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